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MAY 6-12, 2010



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Fire Department rescue



Lakeside Fire Department Engine 1, Rescue 3 and Medic 3 team up with San Diego Copter 2 to rescue injured hiker from rocks across from El Monte Park in Lakeside - East County San Diego. Read more about the Lakeside Fire Department page 6. Photo credit: Ron Cook

City Hall a Circus?



Want to know what's going on in the city and why there is a circus in city hall? Read page 5.

'Topping Off' new facility



On a very rainy and windy Wednesday afternoon, April 21, the City of El Cajon, Leducor Construction and project manager Gafcon, held a special "Topping Off" ceremony for the downtown Public Safety Center now under construction. The Topping Off ceremony is very special tradition in placing the final beam during construction on the new facility. Before the beam was put into place, members of the City Council, the City Manager, select City staff and the Oversight Committee were given an opportunity to sign the beam and place any special messages next to their signature. Among those signing, Mayor Mark Lewis, City Manager Kathi Henry and El Cajon Police Chief Pat Sprecco. The 40-million dollar facility will house the entire operation of the El Cajon Police Department, police dispatch and the Emergency Operation Center for the police and fire. The project is still targeting a completion date of Fall 2011. Photo credit: Monica Zech

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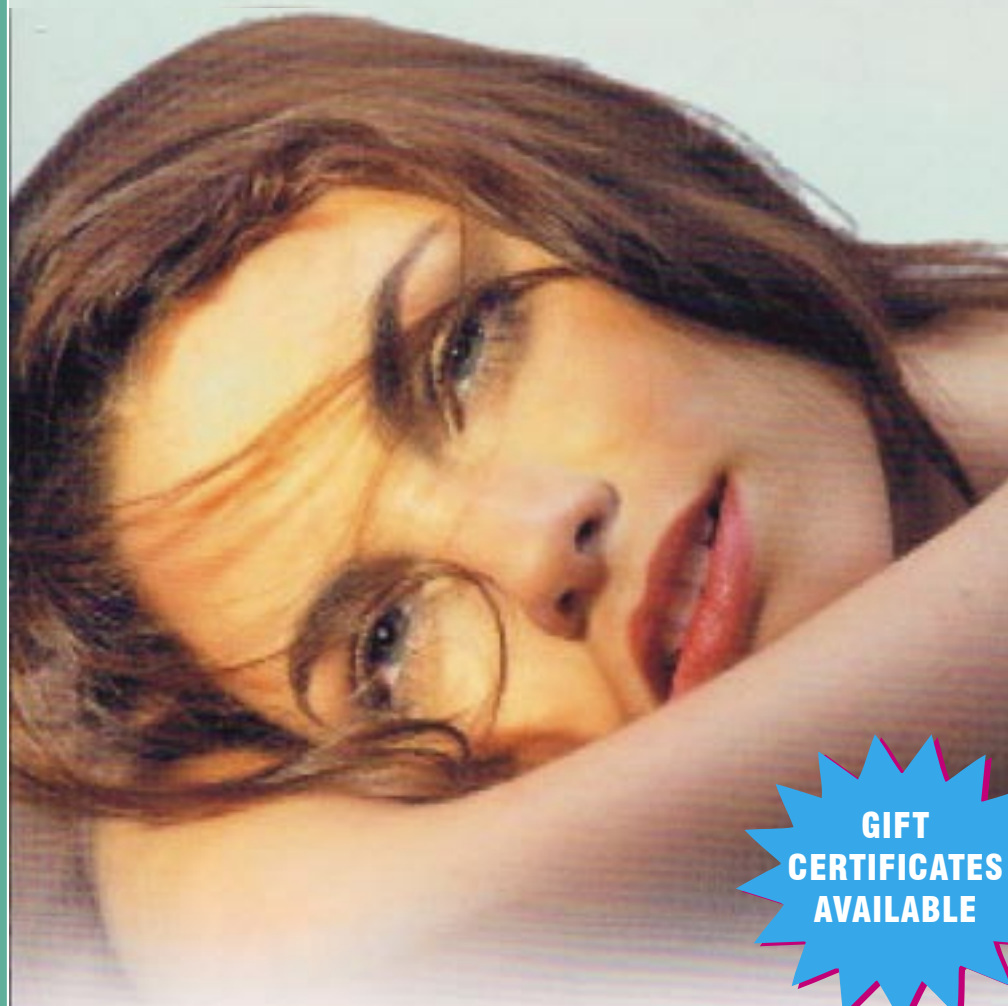
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The shelter is open to the public from 10 AM to 5:30 PM,
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The El Cajon Animal Shelter is not a part of the
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SHOP EAST COUNTY

Local News & Events

Bits and pieces around East County

Kiwanis to send three East County youngsters to Akron

Three East County youngsters are going to Akron, Ohio, this July to compete in the National All-American Soap Box Derby. They will be winners of their divisions in the 8th Annual Drew Ford-Kiwanis Club of La Mesa Soap Box Derby. Who will they be? That won't be known until race day, Saturday, May 22, on Junior High Drive adjacent to La Mesa Middle School.

Thirty-five youngsters age 8-17 are expected to enter this year's competition, according to Derby Director Dennis Wilkes.

Last year, Bryce Taylor of Santee won the local race, survived several heats in the single-elimination field in Akron, and finished in fourth place overall in his division.

"We were thrilled to see Bryce, one of our winners, go all the way to bring home a trophy," said Wilkes. "Our local race was the first soap box derby he had ever entered."

Wilkes added that a Derby Car Clinic will be held from 10 am to 2 pm on Saturday, May 15, at Sign DeSign on La Mesa Blvd and Nemo, to assist parents and drivers in assembling their race cars.

To enter the May 22 derby,

sponsor a car, or advertise at the event, contact Wilkes at 619-469-7353 or dwilkes1@cox.net.

Monday Nite Care

Monday Nite Car Club of Southern California presents "Run to the Hills #8" May 22, 2010 from 9 a.m. to 3p.m. in Pine Valley on Old Highway 80. For more information Contact George at 619-440-6168 or Dave at 619-449-3159. First 250 registrants receive a dash plaque & raffle ticket. Proceeds benefit The Mountain Empire Men's Club Scholarship Fund, various youth programs and the Monday Nite Car Club's Toy Drive for Military Families.

Visit www.mondaynitecarclub.net

Important information: Census taker scam artists

Now that the federal government has started collecting data for the 2010 census, scam artists are trying to con people into sharing personal information. Consumers are being warned against giving their personal information to solicitors, whether they call or show up at your front door. Since the end of April, official census workers have been making home visits. Households are required to provide information to the Census Bureau, but scammers may try to trick people into giving out information in phone conversations, emails, or in person. Some consumers have let down their guard because they believe they are speaking with a government worker. Since scam artists know people are willing to share personal data when taking part in the census, they may pose as government employees to obtain sensitive financial information.

Telling The Difference Between a Con Artist and a Legitimate Census Taker

- A legitimate census taker who comes to your door will have a badge, a handheld device, a Census Bureau canvas bag, and a confidentiality notice.
- Consumers should ask to see the badge before answering any questions.
- Never invite strangers into your home. At this time, census takers are only verifying your address information.
- Do not give your Social Security number, credit card or banking information to anyone, even if they claim it is needed for the U.S. Census. Legitimate census takers will not ask for this kind of information.
- Eventually, a census worker may contact you by phone, mail, or in person at your home. You may also receive an email from the Census Bureau regarding your participation in a survey; however, the Census Bureau does not request detailed personal information through email. The Census Bureau does not send emails requesting Social Security numbers or PIN codes, passwords, or similar access information for credit cards, banks or other financial accounts.
- If you receive an email

or find a Web site you suspect is falsely representing the Census Bureau, forward the email or Web site URL to the Census Bureau at itso.fraud.reporting@census.gov. After you forward the email, delete the message.

If you have questions regarding the legitimacy of a census survey questionnaire

received in the mail, a phone call, or visit by a Census Bureau worker, call the Regional Census Bureau office toll-free at 1-866-226-2864.

If you are contacted at your home, and the census taker attempts to gain entry into your home please call the El Cajon Police Department at (619) 579-3311.



El Cajon Elks Lodge selects 'Teenagers of the Month'

Juliann D. Hitt from Helix Charter High School and Matthew Plummer from Grossmont High School were chosen by the El Cajon Elks Lodge as the "Teenagers of the Month" for May. Each of them received a Certificate of Achievement and a check for \$400 at a regular meeting held at the lodge. They are now eligible for the "Student of the Year" competition. Shown in the photo (left to right) are Juliann Hitt, Exalted Ruler Nancy Kulinski and Matthew Plummer.



El Cajon Elks Ritual Competition

Members of the El Cajon Elks Lodge competed against eight other teams in the annual Ritual Competition which pertains to the Oath taken by new members and was held in Oceanside on May 1. The team took second place while individual officers were rated as follows: Exalted Ruler Nancy Kulinski placed 1st and was also rated as Most Impressive; Leading Knight Sterling Slagle placed 2nd; Loyal Knight Ron Harden placed 2nd; Lecturing Knight Tom Kilpela placed 3rd; Esquire John Digenan placed 3rd; Inner Guard Tom Buhl placed 1st; Candidate Patty Cody placed 2nd and Chaplain Willie Jarvis who would have placed 2nd based on points was ineligible since he had previously competed in that position. Shown in the photo left to right are Team Coach Bobby Charles, Patty Cody, Willie Jarvis, Tom Kilpela, Sterling Slagle, Nancy Kulinski, Ron Harden, Tom Buhl, John Digenan and Team Coach Bob Van Ryzin.

GOLDEN ACORN CASINO

This ad is just a reminder that the expanded bus service is up and operating daily 7 days a week from Chula Vista, National City, El Cajon, Spring Valley, Calexico, and El Centro. Call for reservations and schedules at 1-800-254-3423. Pay \$10 for the ride, but receive \$20 in free play or table match play. That's a good trade.

Another memory nudge is that BINGO goes on Mondays and Wednesdays at 2pm and Tuesday, Thursday, and Friday at 11am in the Showroom. Senior Days are Tuesdays and Thursdays and special promotions go on every day. Call us at 619-938-6012 and we'll give you the scoop.

We have May food specials offered from 11am to 10pm. Mother's Day, May 9th, the restaurant special features Bacon-Wrapped Filet Mignon with exciting side dishes and dessert du jour for \$19.99 YouPay - \$5.00
FreePlay = \$14.99 for Player's Gold Club members.

BUT THE REALLY GREAT NEWS IS . . . Saturday, May 29th at 2pm BULL RIDING Buckle Series. Free outdoor show. Stock provided by Bucken-U-Bulls. Rider entry 619-478-5569. This will be the first event in the Buckle Series, with more to come in June and August. Then later that night, MMA CAGE FIGHTING.

Doors open at 6:30pm and fights begin at 8:00pm.

Tickets on sale May 7th. Call 619-938-6012. After-party on the Casino Floor 10pm to 1am.

We have some really fun and exciting events slated for the spring-summer

— LOCAL NEWS & EVENTS —

El Cajon highlights

by **Monica Zech**
City of El Cajon Public Information Officer

More Sector Watch meetings planned

The El Cajon Police Department is holding a total of five Community Neighborhood Forums called "Sector Watch." Well over 100 people attended the first Sector Watch Forum at Fletcher Hills Elementary School on May 4! It was a very positive exchange, including compliments for the police department in answering calls to a variety of issues, such as burglaries. There was also praise for Neighborhood Watch in Sector 6, encouraging others to join the program. If you missed the first Sector Watch meeting, there will be four more - please check the schedule below. These meetings are a great opportunity for residents to ask Police and other City representative's questions, or to voice any concerns they may have about their neighborhood. Topics addressed at previous forums have been traffic, graffiti and gangs, while several residents came to say "thank you" for a job well done. It is also a perfect opportunity for residents to sign up for a Neighborhood Watch program.

Police Community Forums are scheduled for the following sectors:

Sector 7 - May 11 - 6 p.m.
 - Bostonia Elementary School, 1390 Broadway

Sector 8 - May 18 - 6 p.m.
 - First Presbyterian Church, 500 Farragut Circle

Sector 9 - May 26 - 6 p.m.
 - Meridian Elementary School, 651 S. Third

Sector 10 - June 2 - 6 p.m.
 - Toyota of El Cajon, 965 Arnele Avenue

If you are wondering which sector you live in, please visit www.elcajonneighbors.org and click on "Where is my sector" on the left hand side of the opening page. For more information please call (619) 579-3364.

The next Crime Free Multi-Housing Class is Thursday

Are you an apartment owner or manager? Plan to attend the next Crime Free Multi-Housing

class on Thursday, May 6. This training is part of a state-of-the-art crime prevention program designed to reduce crime, drugs, and gangs in apartment properties. Property owners, managers, leasing staff, maintenance personnel, and others in the management team are strongly encouraged to attend this free 8-hour training. This program is now offered in over 2000 cities throughout the United States and in seven different countries. The class will be held from 8 a.m. to 5 p.m. at the Ronald Reagan Community Center in El Cajon, located at 195 East Douglas Avenue.

Newly certified participants are now recognized at El Cajon City Council meetings. The benefits of this program are reduced calls for service, a more stable tenant base, and it creates a sense of community for tenants living in an apartment environment. For more information or to register please call Samantha Hook at (619) 579-4227.

Community Health Fair

Saturday, May 8, the Cajon Valley Council of PTA's is hosting a Community Health & Safety Fair at Cajon Valley Middle School, located at 550 E. Park Avenue from 9 a.m. to 2 p.m. Come early and enjoy a Kiwanis breakfast! You'll see numerous health and safety displays from various organizations. For more information please call (619) 334-3729.

Holy Trinity Jamboree May 21-23

The 2010 Cajon Valley Jamboree will be taking place May 21, 22, and 23 at Holy Trinity Church, 405 Ballard Street in El Cajon. Admission is free with live entertainment, rides, food, crafters, a live auction and a silent auction. Hours: Friday, May 21 - 5 to 10 p.m., Saturday, May 22 - 9 a.m. to 10 p.m., and Sunday - May 23 - 9 a.m. to 5 p.m. For more information on the entertainment and program activity visit www.cajonvalleyjamboree.com.

Bike to Work Day is Friday, May 21

Join thousands of County residents on Friday, May 21, for National Bike to Work Day (BTWD)! Register now at www.iCommuteSD.com to be eligible for prizes, such as spa gift certificates or an electric bicycle, and print out your

receipt for a free BTWD t-shirt! Cruise by one of dozens of pit stops to refuel with beverages, free energizing snacks, and lots of encouragement! Pit stops are open from 6 to 9 a.m. Check www.icommutesd.com often to see which pit stops are on your route. The City of El Cajon will have their Pit Stop at the corner of Sulzfeld and East Main Street. Never ridden your bike to work before? Visit www.icommutesd.com to get all the resources you'll need to get started, from bike maps to how to take your bike on transit.

This year's event is sponsored by SANDAG and presented by San Diego County Credit Union. Bike to Work Day could not happen without our many sponsors - please be sure to show them your support. If you would like more information about BTWD or bicycle commuting, e-mail iCommute@biking@sandag.org, or call 511 and say, "iCommute."

Help Paint A Mural on May 29 in El Cajon

On Saturday, May 29, the El Cajon Community Development Corporation will be hosting a Lend A Hand Neighborhood Enhancement event from 8 a.m. to 2 p.m., featuring volunteer-friendly mural painting projects in the vicinity of the Cajon Valley Middle School ballpark. Vol-

unteers, participants, sponsors, and materials are still needed for all events. Volunteer your time, materials, or expertise, or support Lend A Hand with a financial donation. To participate, please register in advance by calling Christina Burke, the El Cajon CDC Community Development Coordinator, at (619) 401-8858 or email her at Christina@downtownelcajon.com.

Tickets still available for The Tamburitizens

On Friday, May 21, at 7:30 p.m. the Tamburitizens, America's Premier Folk Ensemble, will be performing at the East County Performing Arts Center (ECPAC) located at 210 E. Main Street in El Cajon. Hear the music, songs, and dances of Eastern Europe and neighboring cultures. Reserved seats are \$24 and \$27. For tickets visit www.cytsandiego.org or call (619) 588-0206.

Note: Please keep me informed of your community events by placing me on your mailing or e-mail list. If you have an event in the City of El Cajon that you would like to share, please contact Monica Zech, Public Information Officer for the City of El Cajon, via e-mail at mzech@ci.el-cajon.ca.us, or send to: Monica Zech, Public Information Officer, City of El Cajon, 200 Civic Center Way, El Cajon, CA 92020.



No, Kathie Rutledge is not in a cage, this City Clerk is sitting behind her desk adorned with circus attire for the City Clerk's Open House held last Monday in the City Hall Building in El Cajon. The 'Circus' was complete with popcorn, peanuts, lemonade and a coloring contest.



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— LOCAL NEWS & EVENTS —

Lakeside round-up of events

by **Patt Bixby**
'Lakeside First' disbands

Lakeside First, a citizen founded oversight group formed in February 2010, announced today

that it will disband, and has suspended its recall campaign against Fire Board Directors Nick Johnson and Jim Bingham. The action came after Lakeside First board members voted in a near-unanimous decision that the recall campaign was no longer supported by the majority of the board.

Former Lakeside First Chair, Milt Cyphert, stated that "While there were various reasons for the board's decision, one major factor was that a special election could cost the district over \$360,000. In the face of an \$800,000 deficit, most of our board did not think this was in the best interest of Lakeside." Cyphert also stated that most board members believed the community could achieve its goals without a costly and divisive recall campaign.

While 'Lakeside First' is no longer leading the recall campaign, Cyphert added that there is nothing precluding any Lakeside citizen from continuing the effort.

Groundbreaking ceremony

Groundbreaking Ceremonies for the Lakeside Fire Protection District River Park Fire Administration and Administrative offices complex (Lakeside Fire Station #2) took place April 27 at 5:30p.m.

The world class fire station was dedicated to the citizens

of the Lakeside Fire Protection District with a special remembrance and dedication to the memory of those who lost their lives in the Cedar Fire of October 2003. A lasting memorial monument for those victims will be a part of the site.

A special thanks was given to chairwomen County Supervisor 2nd district Dianne Jacob, San Diego County Board of Supervisors, Upper San Diego River Improvement Committee, Lakeside Community Planning Group, Lakeside Design Review Board, San Diego County Department of Planning and Land Use, Department of Public Works, Jeff Katz Architecture, Mark Baker, former Fire Chief, Lakeside Fire Protection District, Tockstein and Associates. Consulting the estimated completion date is early 2012.

Eucalyptus Hills Chipping Day

Eucalyptus Hills Fire Safe Council, Fire Safe Council of San Diego County, Eucalyptus Hills Land Owners and the Lakeside Fire Department will put on a Eucalyptus Hills Chipping Day on May 8th 8a.m. to 12p.m. at the Eucalyptus Hills School (East County Learning Academy) located at 11838 Valle Vista. The event is free to residents of Eucalyptus Hills. Onsite registration is required. Proof of residence is also required. Driver's license, State ID and utility bills are all acceptable forms of ID. No dumping of material prior to Chipping Day. There is a 10

inch maximum on limb diameter. Brush or limbs that have been mechanically removed cannot be chipped. No rocks, mud, construction wood or other debris will be allowed. No Palm materials. No brush from businesses, Contractors or professional Landscapers.

Chipped material will be available to residents on a first come first serve basis.

Lakeside Jr. high school reunion

Members of the Class of 1952 are getting a reunion

picnic together for all Lakeside students from the 50's and 60's. The event will be held at El Monte Park on May 15 beginning at noon.

Let them know if you can come. Lakesidepicnic@gmail.com

You may be eligible for a refund on your California Tax

.....Return.....

Did you have Mortgage Forgiveness Debt on your Federal return but have to pay California tax? If so, you can now file for a refund in California. On April 12, 2010 California law changed allowing mortgage forgiveness going back to 2007. Call or email for help with filing your amended California return.

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(L-R) P. Liebig, K. Coyle, Chair R. Smith, N. Johnson and J. Bingham break ground on the new Lakeside Fire Protection District. Photo credit: Patt Bixby



Construction on the new Lakeside Fire Protection District site at 12216 Lakeside Avenue in Lakeside. Photo credit: Patt Bixby



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Site Plan for the New Lakeside Fire Protection District.



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619-589-4100

The Grossmont Healthcare District (GHD), a public agency that supports various health-related community programs and services in San Diego's East County region, recently presented \$76,500 in scholarships to 34 high school students who are interested in a healthcare professions career. Checks were presented at a recent GHD board meeting.

The students from 17 different high schools in the East County were selected by school administrators for their academic excellence, outstanding citizenship and a desire to improve our world in the healthcare field, according to GHD board president Gloria Chadwick. Two students from each high school received a GHD scholarship of either \$3,000 or \$1,500. The students included (name of the high school follows the student's names):

Tiffanie Novak, Adenia Lopez, Chaparral; Savi Toma, Artemis Cushu, El Cajon Valley; Rebecca Dehnel, Kayley Unden, El Capitan; Jasmine Payne, Sarah Triglia, Granite Hills; Breanne Haeger, Regina Landaal, Grossmont; Miriam Alpert, Rebecca Luna, Grossmont Middle College; Dionisio Esteban, Bill Quach, Helix Charter; Carlos Bugarin, Andrea Ramirez, Monte Vista; Sayed Talibi, Jacquelyn Acuna-Brown, Mount Miguel; Alicia Morris, Gulafroz Ahmadi, Santana; AJ Blank, Reena Sail, Steel Canyon Charter; Fadi Hindi, Katilyn McGraw, Valhalla; Alkrizzia Vallapando, Kaylie Gilchrist, West Hills; Kayle Fields, Kaylee Jones, Christian; Sarah Daniels, Garrett Craighead, Mountain Empire; John-Patrick Martin, Maura

Anderson, River Valley Charter; Matthew Abrams, Nicole Sala, Patrick Henry.

GHD has honored local high school students with scholarship grants since 2000. Over the years, GHD has presented local high school students with 328 scholarships totaling \$621,000.

The Grossmont Healthcare District, formed in 1952 to build and operate Grossmont Hospital, serves as landlord of Sharp Grossmont Hospital, including ownership of the property and buildings on behalf of East County taxpayers. The District is governed by a five-member board of directors, each elected to four-year terms, who represent more than 500,000 people residing within the District's 750 square miles in San Diego's East County. For more information about GHD, visit www.grossmonthealthcare.org.

Summer Healthcare Saturday

Exhibit booth space is available to any health-related for-profit business or non-profit organization at Summer Healthcare Saturday, the largest annual free health fair in San Diego's East County region, which will be held from 10 a.m. to 2 p.m. on Saturday, June 19, at Grossmont Center in La Mesa.

More than 75 exhibit booths, featuring health screenings and the latest information on health-related techniques and products, are planned to be located near the movie theaters. Cost for exhibit space starts at \$75. For more information and an exhibitor application, contact Kathleen Kieferdorf at the East County Chamber at (619) 440-6161.



Health... Just Common Horse Sense

by Dr. Donald Adema

It happened again. A young athlete's career was severely altered by aggressive exercise protocols before his body could receive them. Recall, that negative process is also the foundational premise in autism. When the body is not ready to absorb, process or assimilate, there is a price to pay in the developing baby, child or teenager.

The athlete in question has a damaged disc at 19. The type of damage is often seen in an adult after years of construction work. When a history was taken, dietary patterns have been inconsistent and protein supplementation aggressive. Weight lifting as a younger athlete was not well guided and the goal was to be bigger than genetically predetermined. He recalls the moment of damage as sudden pain when bending over to pick up the ball. Nothing dramatic, the body just could not handle quick normal movements without trauma. The goal of the patient and family was a quick fix to allow for an effortless performance as the scouts observed. Not repair but medications and interventions that will increase the chance of damage.

When concerns were lodged about the implications of further damage as an adult with a young family, I was promptly informed to proceed. It was all about now. The coach never responded to my requested phone communication. The young athlete is no longer our patient.

If we do not build our children well we can not expect competitive performance without the chance of more injuries. If we try to make the child something he or she is not genetically predetermined to be, physical and psychological scarring is often permanent. Coaches must partner with physicians to insure the best possible and safe performance. Seeking the physician who will fit the plan of winning at all costs compromises ethics on both sides. But, fret not, the Obama health care plan will fix it all. Stay tuned.

Laughter is the Best Medicine

High school aging

I was sitting in the waiting room for my first appointment with a new dentist when I noticed his diploma, which bore his full name.

Suddenly I remembered a tall, handsome, dark-haired boy with the same name had been in my high school class some 30-odd years ago.

Could he be the same guy that I had a secret crush on way back then? Upon seeing him, however, I quickly discarded any such thought.

This balding, grey-haired man with the deeply lined face was way too old to have been my classmate.

After he examined my teeth, I asked him if he had attended Morgan Park High School.

"Yes, yes, I did. I'm a Mustang," he gleamed with pride. "When did you graduate?" I asked.

He answered, "In 1975, why do you ask?"

"You were in my class!" I exclaimed.

He looked at me closely. Then, that ugly, old, bald, wrinkled, fat, grey-haired, decrepit old man asked: "What did you teach?"

Submitted by S. Dows of El Cajon.

Have a funny "clean" joke you'd like to share? Send to: jokes@ecgazette.com.

— THE COMMUNITY AT LARGE —

'Gobble with the Goose'



The Mother Goose Parade Association held their first monthly 'Gobble with the Goose' fund raising dinner at Mangia Bene Italian Restaurant in downtown El Cajon.

The event was a huge success and the Mother Goose Parade Association would like to thank Mangia Bene for their generous donation and help with the dinner and to the door prize sponsors Kayou Clinic and Home and Soul.

Keep an eye on the Gazette for the location and time of June's 'Gobble with the Goose!'

El Cajon Mayor Mark Lewis introduces Mother Goose to the camera. The Goose says, "No introduction necessary!"

Photos by Ron Cook



Mother Goose Parade Queen and her court. Left to right; Princess America Newell, Maid of Honor Miranda Cazares, Queen Brittany Garcia, Mother Goose, Princess Alana Butler, Princess Josie Bolton, Princess Katie Hudgins, Princess Erica Cordes.



Mother Goose takes a break to share some fine Italian Cuisine with the guests... or so she thought!



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'Vintage Alpine' celebrates 20 years



Above: (L-R) Art Armagost, Al Haven, Joe Brunold and Richard Higgins. Photo credit: Kathy Foster

The Alpine Kiwanis Club celebrated its 20th anniversary of the annual fundraiser Vintage Alpine at Summer's Past Farms. More than 700 guests attended and with 30 wine and food vendors sharing their products. The Kiwanis Club is expected to have surpassed last years fundraising total of \$20,000.

This year a special tribute was given to Al Haven, one of the founding members of the annual event, which started in the parking lot of one a local Alpine bank.

All funds raised go to youth projects throughout San Diego.

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Photo credit: Ron Cook

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— AT THE MOVIES —

'A Nightmare on Elm Street' — Again?

Review by Michael Black

In 1984 Robert Englund portrayed the original Freddy Krueger – a mass murderer who was burned alive by angry vengeful parents and returns from the dead to kill their offspring in their dreams. Englund starred in all eight films as Freddy, but sadly did not choose to reprise his role. Jackie Earle Haley now stars as the new Freddy Krueger.

Wes Craven created the original character to kill people in their sleep. The premise was unique, and the film was a box office success. Throughout the years the franchise has had its success and failures, but fan support has never died. Producers Michael Bay, Andrew Form and Brad Fuller are hoping to reboot this success train with yet another version of *A Nightmare on Elm Street*.

The entire storyline is a complete rip-off from the original with a few slight differences. Instead of Freddy killing the children, he sexually molests them, a topic that would have caused a controversy back then. The complete lack of imagination to separate this from the original is the critical downfall of this film. It's just plain boring. I had absolutely no remorse for any of the teens who died. There was no build up of suspense or noticeable creepy music to offset the action.

Haley as Freddy does give this tired old character a new perspective and look, but to anyone who has seen the originals, it just doesn't hold up to Englund. The teen stars, Rooney Mara, Kyle Gallner, Thomas Dekker, Katie Cassidy, and Kellan Lutz all sleepwalk through the film and are there only to be more victims for Freddy.

The movie industry is playing it safe in these tough economic times. New ideas are too risky and expensive. Stick with what works and hope it doesn't get boring anytime soon for the new generation. But for the seasoned moviegoer, it's increasingly harder to find something worth watching in the theaters.

Jackie Earle Haley stars as Freddy Krueger in *A Nightmare on Elm Street*. Photo Credit: New Line Cinema



REEL FACTS

A Nightmare on Elm Street
Studio: Warner Brothers Pictures
Gazette Rating: D+
MPAA: "R" for strong bloody horror violence, disturbing images, terror and language.
Who Should Go: Freddy Krueger fans

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MOTOR AND SPORTS

Auto repair businessman believes in total care

by Diana Saenger

Had anyone asked the question back in 1963 what does AAMCO repair – the answer would have been transmissions. Fabian Vereda, owner of the AAMCO dealership in El Cajon said that changed in early 2000. That's because cars were better built and AAMCO had few repeat customers since transmissions had a life time guarantee

"Owners figured out there needed to be changes to be competitive and survive," Vereda said. "So now many of the AAMCO dealerships have Total Car Care and do many auto repairs."

AAMCO, founded by Robert Morgan, states during in the last three years it has expanded its services into a \$200 billion general automotive repair aftermarket. Nearly 900 locations nationwide have

skilled technicians ready to offer repairs on brakes, tune-ups, air conditioning, electrical, transmissions and other aftermarket services such as check engine light service, factory recommended maintenance, oil, lube & filter changes, exhaust and shock/struts. They also have batteries, oil and fuel filters, wiper blades, coolants, oil and other products for purchase.

Vereda worked for a major auto dealership for five years before deciding to break out on his own. He spent another five years in the business before acquiring the AAMCO franchise. He admits it's a tough business at times, especially dealing with all of the laws, permits, and certifications required of his business.

"I liked everything about the company," Vereda said. "AAMCO has been around a long time; they really support the customers and the dealers

and they offer great warranties on our work."

Vereda went through a three-week training period and had to pass a test before acquiring his franchise and the site on North Johnson in El Cajon. His technicians must also go through training classes and are all certified by the National Institute Automotive Service Excellence (ASE).

"We do almost all auto repairs at our facility and with our great warranties, we might get someone coming into the area that was serviced at another AAMCO location that has a problem," Vereda said "We're obligated to be able to complete that repair."

Customers can choose from different warranties offered on repairs. For example customers can decide on a 12-month, 36-month or lifetime transmission guarantee. Drive by



AAMCO crew L to R: Ernesto, Fabian, Todd (Center manager), Marin, Sal. Photo credit: Diana Saenger

almost any day and Vereda's shop is full of customers. He attributes this to his and his wife, Silvana's attitudes.

"We care about our customers," he said. "I love this business and the challenge it presents to take care of a customer, fix their car and have them back on the road. I was a hard-working wine-

maker in Argentina before getting into this business, so I'm not afraid of hard work. It makes my heart feel good when we make customers happy."

Silvana Vereda helps with bookkeeping and ordering and their son Marin, 19, also works at the business. Vereda said his pricing for repair

work is very competitive and they offer several options for financing.

AAMCO is located at 335 North Johnson. The shop is open Monday – Friday 8 a.m. – 5 p.m. and Sat. 8 a.m. – noon. For more info call (619) 592-8406 or visit <http://www.aamcoelcajon.com/> for special offers.



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— MOTORandSPORTS —

Are the 2010 Padres contenders?

by Chuck Husky

Sensational pitching, sound defense, timely hitting, smart/fast base running, employing sound fundamentals, versatility, playing well in all ballparks, (especially at Petco), a good bench and attitude. These are

Duncan L. Hunter Wounded Marines Golf Classic

Monday, May 10th is the 5th Annual Duncan L. Hunter Wounded Marines Golf Classic

Money raised will support discretionary needs of the wounded military personnel at Naval Medical Center, San Diego. Cottonwood Golf Club is generously donating their course, personnel and equipment free of charge so that every dollar will go to support the service members.

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7a.m. sign in,
8a.m. shotgun start
1p.m. lunch and awards

From Rodeos to Runs

Lakeside - Hundreds of runners and walkers will gather this Saturday in Lakeside to celebrate the 3rd Annual Run for the San Diego River 5K Trail Run and Walk. The event starts at 8 a.m. with registration at 6:30 a.m. and celebrates local efforts to preserve and restore the biological integrity and beauty of the San Diego River in Lakeside.

“Competitive runners will find a great trail run,” says Lakeside River Park Conservancy’s Executive Director Robin Rierdan. “Families and walkers will find the shade and beauty of the San Diego River and its ponds.”

The 5K course is all off-road, has gentle rolling hills, beautiful views of El Capitan and winds along the San Diego River. Dogs on leashes are welcome and the event is family friendly. The entry fee is \$30 for Adults and \$15 for Kids 12 & Under with all proceeds supporting Lakeside’s River Park Conservancy.

The event starts and ends near the corner of Maplevue Ave and Channel Rd in Lakeside. Register online at www.lakesideriverpark.org or in-person on event morning.

the main reasons why the 2010 San Diego Padres are fun to watch, worthy of fan support.

Picking up where they left off at the end of last season, when the young Padres team won six straight series (8/25 to 9/13), the 2010 Friars won their fifth straight series last week defeating the Milwaukee Brewers (3 wins, 1 loss) in team record-breaking fashion, limiting the high-scoring National League leading Milwaukee offense to just 2 runs in the four-game set, shutting them out in 3-of-4, while scoring 21 runs.

The Padres pitching staff has played ‘lights-out’ while recording their major league leading sixth shutout of the year. Led by starters Jon Garland, Kevin Correia, Clayton

Richard, Matt Latos, Wade LeBlanc (none under 6’3”), a terrific bullpen in Mike Adams, Tim Stauffer, Luke Gregerson, Edward Mujica, Joe Thatcher, and closer Heath Bell, the Friars collectively have posted a 2.08 ERA over the last 16 games prior to this week.

Mix in cagy, experienced David Eckstein (2B), Adrian Gonzalez (1B), Jerry Hairston Jr. (utility) and brother Scott (OF), Matt Stairs (OF), and catcher Yorvit Torrealba, these veterans mentor a bunch of sophomores, Chase Headley (3B), catcher Nick Hundley, Tony Gwynn Jr.(OF) Kyle Blanks (OF, 1B), and Will Venable (OF).

While shortstop Everth Cabrera is rehabbing a hamstring

injury (eligible to return May 12), the Padres called up from Portland Lance Zawadzki to take the open infield spot on the roster. The rookie second baseman promptly got a base hit in his first at bat in the major league’s last Sunday.

‘Speed is a need’ drilled into these players by Bud Black at spring training. Utilizing the knowledge of special assistant to baseball operations Dave Roberts, the Friars lead the league in stolen bases, with seven different players swiping bags.

Monday it was reported Dave Roberts was diagnosed with Hodgkin’s Disease. He found out in spring training but continued working with the young players. He is un-

dergoing chemo-therapy and the prognosis is positive. A native in the San Diego area, we wish him and his family the best and a full and speedy recovery.

This Padres team has reached new heights both mentally and statistically on and off the field through the month of April, early into May. They truly believe in themselves and their ability to ‘beat anybody’, while having fun playing the game they love. This is why they are looking down at the rest of the National League West while standing alone at the top in first place.

One question remains.

Can the Padres beat ace pitching? Padres skipper Bud Black thinks so. He said, “We know we can play.

We have a lot of confidence. We’re growing as a team doing some things in the clubhouse, in the video room. We see development on a regular basis amongst our players. That’s a good sign for the future.”

This week the Rockies are in for a three game series at Petco Park.

Traveling to Houston on Thursday, the Padres will play the Astros this coming weekend.



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Thursday, 5/6/10	Early Bird Registration	Bostonia Recreation Center	6:00p — 8:00p
Saturday, 5/15/10	Early Bird Registration	Kennedy Recreation Center	10:00a — 2:00p
Saturday, 6/5/10	Early Bird Registration	Kennedy Recreation Center	10:00a — 3:00p
	1st Child	2nd Child	3rd Child
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			Each Add'l Child
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Regular Registration Dates, Location and Fees

Thursday, 6/9/10	Regular Registration	Renette Recreation Center	6:00p — 8:00p
	1st Child	2nd Child	3rd Child
	\$90	\$80	\$70
			Each Add'l Child
			\$70

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4. Emergency contact name and phone number
5. Physician's name and phone number
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Adopting a pet ... what you should know

Ready To Get a Dog? Expert reveals why adopting from an Animal Shelter is better than the pet shop

Diane Pomerance knows what people say about adopting pets from animal shelters and rescue organizations, and since National Pet Week is coming up in the first week of May, she'd like to dispel the myths.

"They think, 'I don't want to inherit someone else's problem,' or they simply think all the dogs there are abused or hard to train, or that they won't be able to find the breed that they want," said Pomerance, author of seven books about pets, including Our Rescue Dog Family Album (www.animalcompanionsandtheirpeople.com). Her family has saved and adopted more than

40 rescued dogs over the years and currently have 21 in their home. In addition, she has helped place hundreds more with good homes. "All of those notions couldn't be further from the truth, and in fact, buying from the pet shop can be more hazardous than adopting one from a shelter."

Pomerance does not work for an animal shelter or animal welfare organization. She is simply an individual who has devoted much of her personal life to rescuing these dogs because she feels strongly about the value of these animals and the many gifts they can offer people. She also believes that people view animal shelters in a poor light because of their adherence to many popular -- but erroneous -- myths about shelter dogs:

- Most shelter dogs are sick or aggressive from abuse

- Rescued dogs receive better care and feeding than pet shop dogs, and they are treated by veterinarians before they are offered for adoption. In addition, they are far more affordable to adopt and care for, since many shelters and rescue groups offer free adoptions, and excellent veterinary services at significantly reduced rates. Also, most shelters don't allow dangerous animals to be adopted.

- Pet Shop dogs are better quality animals — Pet shops typically get their dogs from puppy mills that breed them in unsanitary and inhumane conditions, which means many new owners bring home pets with illnesses not immediately obvious or disclosed at the time of sale, and they are offered no compensation for it. So, buying at a pet shop means paying top dollar, sometimes over \$1,000 for a dog, and then paying top

dollar for private veterinary care to treat any initial illnesses many pet shop dogs contract.

- Most of the dogs who are euthanized wouldn't make good pets, anyway — Rescuing a dog helps deplete the high population of animals in these shelters and reduces the number of good, faithful, loving animals that are euthanized every year. It's not just the sick or dangerous dogs who are euthanized at shelters. In most cases, many dogs who would make good pets are euthanized because of overcrowding in the shelter

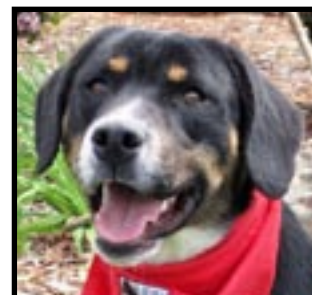
"Animals are deserving of our respect and appreciation, which is why we should try to be responsive individually to the crisis facing animal

shelters today," Pomerance added. "They perform many important tasks for us — in the military, as bomb and weapons detectors, as service animals, as healing companions and friends of the lonely and bereaved and even as search and rescue assistants in natural as well as man-made disasters. They heal and even save human lives. It is scientifically substantiated that animal companions increase our longevity and improve the quality of our lives. We should also realize that getting a family pet should not be a decision or choice that is taken lightly. You're not buying a car or getting a new electronic toy to play with -- these are living, breathing, loving creatures with whom we share our world. If we choose to share our family with one,

we should take care to ensure we choose carefully and prudently so we can enhance not only our family's life, but the dog's, as well."

Diane Pomerance has a Ph.D. in Communications from the University of Michigan, Ann Arbor, and is widely regarded as a pet expert. She has written seven books about animals including the Animal Companions Series and her new book Our Rescue Dog Family Album (www.animal-companionsandtheirpeople.com). She created, established and currently directs the pioneering and flagship Pet Grief Counseling Program for the SPCA of Texas in Dallas. She is a lecturer and featured speaker at many animal welfare related events.

ADOPT-A-PET



Marty is ready for love! The 1-yr old hound mix weighs 51 pounds and is a total sweetheart. He loves to lean into you and has his ears scratched. Playful and easy-going, Marty adores belly rubs, loves taking walks, and he takes treats gently. He's ready for further obedience training, and already knows "sit." Marty is available for adoption through FOCAS (Friends of County Animal Shelters www.focas-sandiego.org). His \$150 adoption fee includes license, vaccinations, microchip, and spay. For more info call 858-205-9974.

Shady is a 9-year-old Brown Lab mix. She is a mature girl with a vibrant spirit looking for a loving active home! Friendly, affectionate, and social are great words to describe Shady. She will enjoy long walks with her human and doggie companions. Her playfulness and youthfulness do not match her age. Shady will do well in a stable environment with a variety of homes with older children. Shady's adoption fee is \$50 and includes her spay, current vaccinations, permanent microchip identification, certificate for a free veterinary exam, and license for Oceanside and Vista residents! Jerry is available for adoption at the North Campus of the San Diego Humane Society: Humane Society: 2905 San Luis Rey Rd., Oceanside, CA 92058 (760) 757-4357 www.sdhumane.org. Adoption Hours: Open daily 10 a.m. - 5 p.m.



Looking for a playful & athletic dog to spend time with? Consider Lila - a 2 year old Shepherd/Pit blend who weighs 47 pounds. Lila has a true "wobble body" when she's excited - come see for yourself! Lila is at the County Animal Shelter at 5821 Sweetwater Rd. in Bonita. To learn more, call Kathy at 858.205.9974 or visit the FOCAS (Friends of County Animal Shelters) website www.focas-sandiego.org her \$69 adoption fee includes spay, microchip, license and vaccinations.

Jerry, a 3-year-old Boxer/American Bull Dog Mix, is a true Boxer at heart with a great wiggle and walk! Sit, stay, fetch, and come are just some of the commands Jerry has learned in his past training classes. His large size doesn't get in the way of his gentle nature. You bring the ball, Frisbee, or the rope and Jerry will bring the energy. He will do well in a structured environment, including a home with children and other dogs when he can be the boss. His adoption fee is \$100 and includes his neuter, current vaccinations, free vet exam, microchipping and license for Oceanside and Vista residents! Jerry is available for adoption at the North Campus of the San Diego Humane Society: Humane Society: 2905 San Luis Rey Rd., Oceanside, CA 92058 (760) 757-4357 www.sdhumane.org. Adoption Hours: Open daily 10 a.m. - 5 p.m.



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LEGAL NOTICES

The East County Gazette is authorized to print official legal notices of all types including: Liens, Fictitious Business Names, Change of Name, Abandonment, Estate Sales, Auctions, Public Offerings, Court ordered publishing, etc. Call the East County Gazette at (619) 444-5774 for rates. The East County Gazette is a legally adjudicated newspaper of General Circulation in the City of El Cajon, State of California, County of San Diego. Legal No. GIE030790

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME ORIGINAL FILE NO. 2010-005669 FILE NO. 2010-010516

The following person(s) has/have abandoned the use of the fictitious business name: Panda Rice
The Fictitious Business Name Statement was filed on February 26, 2010, in the County of San Diego.
Panda Rice 907 Broadway, El Cajon, CA 92021
This business was conducted by:
1. Matt Nguyen 907 Broadway, El Cajon, CA 92021
THIS STATEMENT WAS FILED WITH THE COUNTY CLERK-RECORDER OF SAN DIEGO COUNTY ON April 15, 2010
East County Gazette GIE 030790 4/22, 4/29, 5/06, 5/13, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-010082
FICTITIOUS BUSINESS NAME(S): White Mountain Construction
Located at: 202 South Ivory Ave., El Cajon, CA 92019
This business is conducted by: An Individual
The first day of business was: May 20, 1994
This business is hereby registered by the following:
William R. Piper 202 South Ivory Ave., El Cajon, CA 92019
This statement was filed with Recorder/ County Clerk of San Diego County on April 12, 2010.
East County Gazette- GIE030790 5/06, 5/13, 5/20, 5/27, 2010

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FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-010706
FICTITIOUS BUSINESS NAME(S): Freetel
Located at: 415 Parkway Plaza 9001, EL Cajon, CA 92020
This business is conducted by: An Individual
The first day of business was: April 1, 2010
This business is hereby registered by the following: 1. Paul Woo 10434 Scripps Poway Parkway 113, San Diego, CA 92131
This statement was filed with Recorder/ County Clerk of San Diego County on April 16, 2010.
East County Gazette- GIE030790 5/06, 5/13, 5/20, 5/27, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-011857
FICTITIOUS BUSINESS NAME(S): TriStar Property Management
Located at: 1651 E. Main St. #200, El Cajon, CA 92021
This business is conducted by: A Corporation
The business has not yet started.
This business is hereby registered by the following:
San Diego Realty & Appraisal Inc. 1238 Pepper Drive, El Cajon, CA 92021
This statement was filed with Recorder/ County Clerk of San Diego County on April 27, 2010.
East County Gazette- GIE030790 5/06, 5/13, 5/20, 5/27, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-011452
FICTITIOUS BUSINESS NAME(S): LJK Realty 1
Located at: 1603 Hacienda Dr., El Cajon, CA 92020
This business is conducted by: A Limited Partnership
The first day of business was: November 10, 2004
This business is hereby registered by the following: LJK Realty 1 A California Limited Partnership 1603 Hacienda Dr., El Cajon, CA 92020
This statement was filed with Recorder/ County Clerk of San Diego County on April 23, 2010.
East County Gazette- GIE030790 5/06, 5/13, 5/20, 5/27, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-012134
FICTITIOUS BUSINESS NAME(S): H&P Auto Repair
Located at: 415 National City Blvd., National City, CA 91950
This business is conducted by: A Corporation
The first day of business was: June 1, 2008
This business is hereby registered by the following: H&P Auto Inc. 415 National City Blvd., National City, CA 91950
This statement was filed with Recorder/ County Clerk of San Diego County on April 29, 2010.
East County Gazette- GIE030790 5/06, 5/13, 5/20, 5/27, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-011813
FICTITIOUS BUSINESS NAME(S): Koa Photography
Located at: 8227 Limon Lane, El Cajon, CA 92021
This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the following:
Kelly Elizabeth Smith 8227 Limon Lane, El Cajon, CA 92021
This statement was filed with Recorder/ County Clerk of San Diego County on April 27, 2010.
East County Gazette- GIE030790 5/06, 5/13, 5/20, 5/27, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-012458
FICTITIOUS BUSINESS NAME(S): Mantrop Real Estate Services
Located at: 4155 West Point Loma Blvd. #206, San Diego, CA 92110
This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the following:
Marielouise Mantrop 4155 West Point Loma Blvd. #206, San Diego, CA 92110
This statement was filed with Recorder/ County Clerk of San Diego County on May 03, 2010.
East County Gazette- GIE030790 5/06, 5/13, 5/20, 5/27, 2010

VACANCY

The Crest-Dehesa-Granite Hills-Harbison Canyon Subregional Planning Group currently has a vacant seat. The vacancy is for seat number one to represent the community of Crest, and will expire on January 1, 2012. The applicant must be a resident of Crest, and be a registered voter.

Information and applications may be obtained by contacting the chairman, Wally Riggs, at 619-442-4612, or by e-mail at wrplanning@aol.com.

The applicants must appear at the meeting to be held on Monday May 10 2010, at the Dehesa Volunteer Fire Station, 5425 Dehesa Road, El Cajon. The term of this seat expires on January 1,2013.

CREST/DEHESA/GRANITE HILLS/HARBISON CANYON SUBREGIONAL PLANNING GROUP

P. O. Box 21489, El Cajon, CA 92021-1489
www.crestplanning.org

PLANNING GROUP MEETING PRELIMINARY AGENDA/PUBLIC NOTICE

DATE: 7 pm, May 10, 2010

PLACE: Dehesa Volunteer Fire Station, 5425 Dehesa Road, El Cajon

1. Call to order/Pledge of Allegiance/Roll call/Approval of April 12,2010 meetings minutes, Expense Reimbursement requests.
2. Announcements.
3. Open forum followed by Group Forum: An opportunity for members of the public/Planning Group to speak on items within the jurisdiction of the Planning Group but not on the agenda. Time limit 3 minutes; no discussion, no vote.
4. Committee Reports:
 - (a) None
5. Private project proposal:
 - (a) TPM 21080 RPL2 – Bongiovanai/Montana Serena Project – a proposed four lot split at 1530 Montana Serena and Gibson Highland in Crest.
 - (b) SD0654 Harbison Canyon – AT&T Mobility application for a Major Use Permit for a cell site at 987 Crows Nest Lane in Harbison Canyon.
6. Public Project Proposal:
 - (a) PLDO List.
 - (b) General Plan Update Zoning Consistency Review.
7. Unfinished Business
 - (a) Consideration of applications for seat no 1 in Crest.
8. New Business:
 - (a) None
- 9.. Adjournment

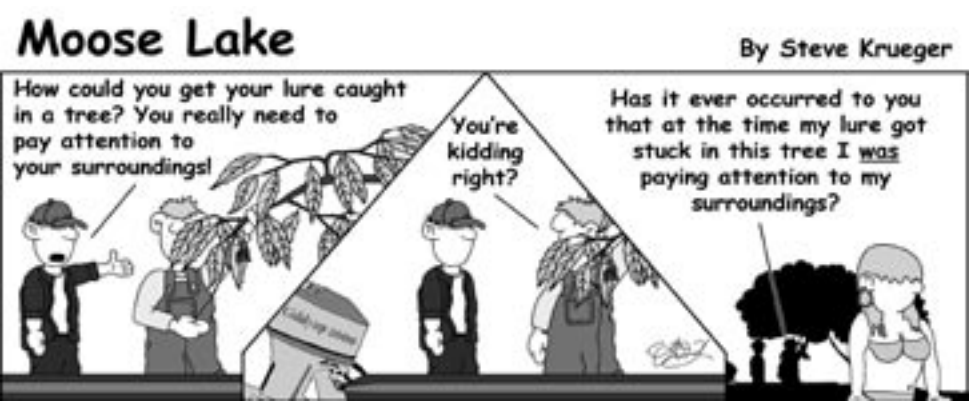
- Planning Group Members:
- | | | | | |
|-----------------|-------------------|-------------------|------------------|-----------------|
| Crest: | 1. Vacant | 2. Pat Ulm | 3. Ralph Slagill | 4. Judy Bowen |
| Dehesa: | 5. Lorraine Walls | 6. Herb Krickhahn | 7. Wally Riggs | 8. Bill Bretz |
| Harbison Canyon | 9. Mary Manning | 10. Jack Vandover | 11. Jason Harris | 12. Jeff Myrick |
| Granite Hills | 13. Phil Hertel | 14. Vacant | 15. Mark Gabler | |

Final agenda will be posted at the Crest Community Center 72 hours prior to meeting.

Chairman
Wally Riggs
(619) 442-4612
wrplanning@aol.com

Vice-chairman
Jason Harris
(619) 659-9675
harris@nautilus.com

Cartoon Corner



LEGAL NOTICES



**CITY OF EL CAJON
NOTICE INVITING SEALED BIDS**

PUBLIC PROJECT:
Installation of Protected-Permissive
Left Turn Signals at Magnolia Ave.
Intersections with Wells Ave., Douglas
Ave., and Lexington Ave.
Engineering Job No. 3134
Drawing No. 13612
Bid No. 035-10

BIDS MUST BE RECEIVED BEFORE:
2:00 p.m. on June 3, 2010

BIDS TO BE OPENED AT:
2:00 p.m. on June 3, 2010

PLACE OF RECEIPT OF BIDS:
City Hall
1st Floor, Lobby Counter
200 Civic Center Way
El Cajon, CA 92020

NOTICE IS HEREBY GIVEN that the City of El Cajon, California will receive sealed bids before the time and date set forth above, for the above project. All bids shall be made on the forms furnished by the City and shall be opened and publicly read aloud at the above stated time and place of bid receipt identified above.

Reference is made to the specifications and detailed drawings for said work, on file in the office of the City Engineer, in accordance with which said work shall be done. A copy of said specifications and the bid forms may be ordered from the City website www.ci.el-cajon.ca.us or obtained at the office of the Purchasing Agent for a fee of \$12.00 (plus \$4.95 postage if mailing is requested). This amount is not refundable.

The general prevailing wage rate of per diem wages, as determined by the Director of Industrial Relations, are available from the DIR website at www.dir.ca.gov/DLSR/PWD/index.htm. Any successful bidder who intends to use a craft of classifications not shown on the general prevailing wage determinations may be required to pay the wage rate of the craft or classification most closely related to it as shown in the general determinations effective at the time of the call for bids.

All bids submitted shall be accompanied by a check made payable to the City of El Cajon, and certified by a responsible bank, in an amount which shall not be less than 10% of the amount of the bid, or by a surety bond for said amount and so payable, executed by a surety company authorized to do business in the State of California, and satisfactory to said City.

A performance Bond and Labor and Material Bond, each in an amount equal to 100% of the contract price, shall be executed by the successful bidder within ten days after the Notice of Award of Contract has been mailed. Securities or bank or savings and loan certificates of deposit may be substituted for any moneys withheld to ensure performance of the contract, pursuant to Section 22300 of the California Public Contract Code.

The Contractor shall, upon award of a bid, provide the City with an executed non-collusion affidavit, and with such an affidavit executed by any subcontractor of subcontractors.

Bids shall be delivered to the Purchasing Agent at the 1st floor, Lobby Counter of City Hall, 200 Civic Center Way, El Cajon, California 92020. At the time fixed for receiving bids, all bids will be publicly opened, examined and declared. The results of the bidding and the calculations of the bids will be reported to the City Council at a meeting subsequent to the date above set for the opening of bids.

The City Council reserves the right to reject any and all bids if it considers it necessary to do so for the public good, and it may reject the bid of any bidder who has been delinquent or unfaithful in any former contract with the City.

NOTE: No bid will be accepted from a Contractor who has not been licensed in accordance with the provisions of Division 3, Chapter 9, Section 7000 et. seq., of the Business and Professions Code.

/s/ Dede Porter
Purchasing Agent
April 29, 2010

East County Gazette- GIE030790
04/29, 05/06/10



**CITY OF EL CAJON
NOTICE INVITING SEALED BIDS**

PUBLIC PROJECT:
Intersection Safety and Street Light
Retro-fit Installations (ARRA) Grant
Engineering Job No. 3287
Bid No. 034-10

BIDS MUST BE RECEIVED BEFORE:
2:00 p.m. on MAY 27, 2010

BIDS TO BE OPENED AT:
2:00 p.m. on MAY 27, 2010

PLACE OF RECEIPT OF BIDS:
City Hall
1st Floor, Lobby Counter
200 Civic Center Way
El Cajon, CA 92020

NOTICE IS HEREBY GIVEN that the City of El Cajon, California will receive sealed bids before the time and date set forth above, for the above project. All bids shall be made on the forms furnished by the City and shall be opened and publicly read aloud at the above stated time and place of bid receipt identified above.

Reference is made to the specifications and detailed drawings for said work, on file in the office of the City Engineer, in accordance with which said work shall be done. A copy of said specifications and the bid forms may be ordered from the City website www.ci.el-cajon.ca.us or obtained at the office of the Purchasing Agent for a fee of \$7.00 (plus \$4.95 postage if mailing is requested). This amount is not refundable.

Copies of the general prevailing wage rate of per diem wages, as determined by the California Director of Industrial Relations and by the US Department of Labor Statistics, are available from the websites of the respective agencies. Any successful bidder who intends to use a craft of classifications not shown on the general prevailing wage determinations may be required to pay the wage rate of the craft or classification most closely related to it as shown in the general determinations effective at the time of the call for bids.

The Contractor and its subcontractors shall pay minimum labor wage rates as follows:

a) California General Prevailing Wage Rates

In accordance with the provisions of Section 1773 of the California Labor Code, the City Council of the City of El Cajon has ascertained the general prevailing rate of wages as determined by the Director of the Department of Industrial Relations applicable to the work to be done as listed in the California Department of Transportation publication entitled general Prevailing Wage Rates, dated March 1, 1994 which is on file in the office of the City Clerk.

Future effective wage rates which have been predetermined and are on file with the Department of Industrial Relations are referenced but not printed in said publication. Current determinations are available online at www.dir.ca.gov/DLSR/PWD/index.htm

Any contractor who is awarded the contract and intends to use a craft or classification not shown on the general prevailing wage determinations, may be required to pay the wage rate of that craft or classification most closely related to it as shown in the general determinations effective at the time of the call for bids.

or

b) Federal Minimum Wages

Federal minimum wage rates for this project as predetermined by the U.S. Secretary of Labor are set forth in the Special Provisions. Current determinations are available online at <http://www.gpo.gov/davisbacon/ca.html>

If there is a difference between the Federal minimum wage rates predetermined by the U.S. Secretary of Labor and the prevailing wage rates determined by the City of El Cajon for a similar classification of labor, the Contractor and its subcontractors shall pay not less than the higher wage rate.

All bids submitted shall be accompanied by a

check made payable to the City of El Cajon, and certified by a responsible bank, in an amount which shall not be less than 10% of the amount of the bid, or by a surety bond for said amount and so payable, executed by a surety company authorized to do business in the State of California, and satisfactory to said City.

A performance Bond and Labor and Material Bond, each in an amount equal to 100% of the contract price, shall be executed by the successful bidder within ten days after the Notice of Award of Contract has been mailed. Securities or bank or savings and loan certificates of deposit may be substituted for any moneys withheld to ensure performance of the contract, pursuant to Section 22300 of the California Public Contract Code.

The Contractor shall, upon award of a bid, provide the City with an executed non-collusion affidavit, and with such an affidavit executed by any subcontractor of subcontractors.

Bids shall be delivered to the Purchasing Agent at the 1st floor, Lobby Counter of City Hall, 200 Civic Center Way, El Cajon, California 92020. At the time fixed for receiving bids, all bids will be publicly opened, examined and declared. The results of the bidding and the calculations of the bids will be reported to the City Council at a meeting subsequent to the date above set for the opening of bids.

The City Council reserves the right to reject any and all bids if it considers it necessary to do so for the public good, and it may reject the bid of any bidder who has been delinquent or unfaithful in any former contract with the City.

NOTE: No bid will be accepted from a Contractor who has not been licensed in accordance with the provisions of Division 3, Chapter 9, Section 7000 et. seq., of the Business and Professions Code.

/s/ Dede Porter
Purchasing Agent
April 29, 2010

East County Gazette- GIE030790
04/29, 05/06/10



**CITY OF EL CAJON
NOTICE OF AVAILABILITY
FOR PUBLIC REVIEW
Draft Analysis of Impediments to
Fair Housing Choice**

The draft FY2010-2015 Analysis of Impediments to Fair Housing Choice (AI) is available for a 30-day public review and comment period from April 29, 2010 through May 28, 2010. The draft AI was prepared as a regional analysis with all San Diego County jurisdictions participating. The AI will be for a five-year period from July 1, 2010 through June 30, 2015.

The AI presents a demographic profile of San Diego County, assesses the extent of housing needs among specific income groups, and evaluates the availability of a range of housing choices for residents. The AI also analyzes the conditions in the private market and public sector that may limit the range of housing choices or impede a person's access to housing. While the AI assesses the nature and extent of housing discrimination, the focus is on identifying impediments that prevent equal housing access and developing solutions to mitigate or remove such impediments.

The draft FY2010-15 AI is available for review at the Downtown El Cajon Library, the City's Redevelopment and Housing Department located at City Hall during regular business hours and on the City's website at

www.ci.el-cajon.ca.us. On the City's website home page, the draft AI can be found under "Housing Information", then "Draft FY2010-15 Analysis of Impediments to Fair Housing Choice".

If you have comments on the draft FY2010-15 AI, please submit them to Xavier Velasco, Senior Management Analyst, by e-mail at xvelasco@ci.el-cajon.ca.us; or by mail to City of El Cajon, Redevelopment and Housing, 200 Civic Center Way, El Cajon, CA 92020. If you should have any questions or wish additional information, please call (619) 441-1786.

East County Gazette- GIE030790
04/29, 5/13/10



**CITY OF EL CAJON
NOTICE INVITING SEALED BIDS**

PUBLIC PROJECT:
MANHOLE HIGH LEVEL ALARMS
Engineering Job No. 3302
Bid No. 032-10

BIDS MUST BE RECEIVED BEFORE:
2:00 p.m. on MAY 25, 2010

BIDS TO BE OPENED AT:
2:00 p.m. on MAY 25, 2010

PLACE OF RECEIPT OF BIDS:
City Hall
1st Floor, Lobby Counter
200 Civic Center Way
El Cajon, CA 92020

NOTICE IS HEREBY GIVEN that the City of El Cajon, California will receive sealed bids before the time and date set forth above, for the above project. All bids shall be made on the forms furnished by the City and shall be opened and publicly read aloud at the above stated time and place of bid receipt identified above.

Reference is made to the specifications and detailed drawings for said work, on file in the office of the City Engineer, in accordance with which said work shall be done. A copy of said specifications and the bid forms may be ordered from the City website www.ci.el-cajon.ca.us or obtained at the office of the Purchasing Agent for a fee of \$5.55 (plus \$4.95 postage if mailing is requested). This amount is not refundable.

A pre-bid conference be held on May 11, 2010 at 10:00 a.m. at City Hall, 200 Civic Center Way, El Cajon, in the 5th floor conference room. Particulars relative to work requirements will be discussed. City of El Cajon Personnel involved in this project will be present to answer pertinent inquiries. The pre-bid conference is optional for all contractors.

The general prevailing wage rate of per diem wages, as determined by the Director of Industrial Relations, are available from the DIR website at www.dir.ca.gov/DLSR/PWD/index.htm. Any successful bidder who intends to use a craft of classifications not shown on the general prevailing wage determinations may be required to pay the wage rate of the craft or classification most closely related to it as shown in the general determinations effective at the time of the call for bids.

All bids submitted shall be accompanied by a check made payable to the City of El Cajon, and certified by a responsible bank, in an amount which shall not be less than 10% of the amount of the bid, or by a surety bond for said amount and so payable, executed by a surety company authorized to do business in the State of California, and satisfactory to said City.

A performance Bond and Labor and Material Bond, each in an amount equal to 100% of the contract price, shall be executed by the successful bidder within ten days after the Notice of Award of Contract has been mailed. Securities or bank or savings and loan certificates of deposit may be substituted for any moneys withheld to ensure performance of the contract, pursuant to Section 22300 of the California Public Contract Code. The Contractor shall, upon award of a bid, provide the City with an executed non-collusion affidavit, and with such an affidavit executed by any subcontractor of subcontractors.

Bids shall be delivered to the Purchasing Agent at the 1st floor, Lobby Counter of City Hall, 200 Civic Center Way, El Cajon, California 92020. At the time fixed for receiving bids, all bids will be publicly opened, examined and declared. The results of the bidding and the calculations of the bids will be reported to the City Council at a meeting subsequent to the date above set for the opening of bids.

The City Council reserves the right to reject any and all bids if it considers it necessary to do so for the public good, and it may reject the bid of any bidder who has been delinquent or unfaithful in any former contract with the City.

NOTE: No bid will be accepted from a Contractor who has not been licensed in accordance with the provisions of Division 3, Chapter 9, Section 7000 et. seq., of the Business and Professions Code.

/s/ Dede Porter
Purchasing Agent
April 29, 2010

East County Gazette- GIE030790
04/29, 05/06/10

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2010-010793**

FICTITIOUS BUSINESS NAME(S): Campus Dental Group
Located at: 6244 El Cajon Blvd. #14, San Diego, CA 92115
This business is conducted by: Joint Venture
The first day of business was: August 1, 1997

This business is hereby registered by the following: 1. Dan Dobbs, DMD 3999 Crown Point Dr. #31, San Diego, CA 92109; 2. Tom Waddell, DDS 8382 Morning Mist Ct., San Diego, CA 92119; 3. Mordecai Lightman, DDS 5256 College Gardens Court, San Diego, CA 92115
This statement was filed with Recorder/ County Clerk of San Diego County on April 19, 2010.

East County Gazette- GIE030790
4/29, 5/06, 5/13, 5/20, 2010

**STATEMENT OF ABANDONMENT
OF USE OF FICTITIOUS BUSINESS NAME
ORIGINAL FILE NO. 2008-011377
FILE NO. 2010-007883**

The following person(s) has/have abandoned the use of the fictitious business name: Direct Auto Transport Services
The Fictitious Business Name Statement was filed on April 07, 2008, in the County of San Diego.

4055 Chanute, San Diego, CA 92154
This business was conducted by:
1. Renee Mincey 4055 Chanute, San Diego, CA 92154

THIS STATEMENT WAS FILED WITH THE COUNTY CLERK-RECORDER OF SAN DIEGO COUNTY ON March 19, 2010
East County Gazette GIE 030790
4/15, 4/22, 4/29, 5/06, 2010

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2010-007500**

FICTITIOUS BUSINESS NAME(S): Complete Home Solutions
Located at: 5422 Via Alcazar, San Diego, CA 92111

This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the following: 1. Nicholas J. Dubiel 5422 Via Alcazar, San Diego, CA 92111
This statement was filed with Recorder/ County Clerk of San Diego County on March 16, 2010.

East County Gazette- GIE030790
4/15, 4/22, 4/29, 5/06, 2010

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2010-009616**

FICTITIOUS BUSINESS NAME(S): 12 Gate Designs
Located at: 1691 Shasta Trail, Boulevard, CA 91905

This business is conducted by: Husband and Wife
The business has not yet started.
This business is hereby registered by the following: 1. Phillip Schardt 1691 Shasta Trail, Boulevard, CA 91905; 2. Melanie Schardt 1691 Shasta Trail, Boulevard, CA 91905

This statement was filed with Recorder/ County Clerk of San Diego County on April 06, 2010.

East County Gazette- GIE030790
4/15, 4/22, 4/29, 5/06, 2010

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2010-008604**

FICTITIOUS BUSINESS NAME(S): RJ CD Investments
Located at: 8411 Calleja Risa, El Cajon, CA 92021

This business is conducted by: An Individual
The first day of business was: March 8, 2010
This business is hereby registered by the following: 1. Rene James 8411 Calleja Risa, El Cajon, CA 92021
This statement was filed with Recorder/ County Clerk of San Diego County on March 26, 2010.

East County Gazette- GIE030790
4/15, 4/22, 4/29, 5/06, 2010

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2010-009037**

FICTITIOUS BUSINESS NAME(S): AAA Handyman
Located at: 1451 Granite Hills Dr., El Cajon, CA 92019

This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the following: 1. Gabriel Contreras 1451 Granite Hills Dr., El Cajon, CA 92019
This statement was filed with Recorder/ County Clerk of San Diego County on April 1, 2010.

East County Gazette- GIE030790
4/15, 4/22, 4/29, 5/06, 2010

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2010-007877**

FICTITIOUS BUSINESS NAME(S): a.) Dazzle Chic Boutique b.) Dazzle Fit Chic
Located at: 5694 Mission Center Dr., San Diego, CA 92108

This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the following: 1. Renee Mincey 5694 Mission Center Dr., San Diego, CA 92108
This statement was filed with Recorder/ County Clerk of San Diego County on March 19, 2010.

East County Gazette- GIE030790
4/15, 4/22, 4/29, 5/06, 2010

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2010-009347**

FICTITIOUS BUSINESS NAME(S): a.) Ho'onani Creations b.) Party Dog Productions
Located at: 5620 Lake Murray Blvd. #B, La Mesa, CA 91942

This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the following: 1. Susan K. N. Kealoha 1398 Villa View Lane #A, El Cajon, CA 92021
This statement was filed with Recorder/ County Clerk of San Diego County on April 05, 2010.

East County Gazette- GIE030790
4/22, 4/29, 5/06, 5/13, 2010

**ORDER TO SHOW CAUSE FOR
CHANGE OF NAME**

CASE NO.37-2010-00066632-CU-PT-EC
IN THE MATTER OF THE APPLICATION OF:
RAAD IBRAHIM FOR CHANGE OF NAME
PETITIONER: RAAD IBRAHIM HAS FILED FOR AN ORDER TO CHANGE NAME FROM:

RAAD IBRAHIM
TO: RAY IBRAHIM
THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 250 E. MAIN ST., EL CAJON, CA 92020. Department 14, on MAY 26, 2010 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.
THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON MARCH 25, 2010.

East County Gazette - GIE030790
4/22, 4/29, 5/06, 5/13, 2010

**FICTITIOUS BUSINESS NAME
STATEMENT NO. 2010-010471**

FICTITIOUS BUSINESS NAME(S): a.) Creative Property Management b.) CPM c.) Creative Real Estate d.) CRC Realty e.) Creative Realty
Located at: 8250 La Mesa Blvd. #300, La Mesa, CA 91942

This business is conducted by: A Corporation
The first day of business was: February 20, 2001
This business is hereby registered by the following: 1. Creative Real Estate Consultants, Inc. 8250 La Mesa Blvd. #300, La Mesa, CA 91942
This statement was filed with Recorder/ County Clerk of San Diego County on April 14, 2010.

East County Gazette- GIE030790
4/22, 4/29, 5/06, 5/13, 2010

— LEGAL NOTICES —

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-011071

FICTITIOUS BUSINESS NAME(S): a.) All Star Demolition b.) All Star Demolition Inc. c.) Allstar Demolition Inc. d.) Allstar Demo Located at: 15585 Skyline Truck Trail #3, Jamul, CA 91935

This business is conducted by: A Corporation
The first day of business was: March 23, 2006

This business is hereby registered by the following: 1. AllStar Demolition Inc. 15585 Skyline Truck Trail #3, Jamul, CA 91935
This statement was filed with Recorder/ County Clerk of San Diego County on April 21, 2010.

East County Gazette- GIE030790
4/29, 5/06, 5/13, 5/20, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-008293

FICTITIOUS BUSINESS NAME(S): Cedars Auto Repair
Located at: 935 West Main St., El Cajon, A 92020

This business is conducted by: Husband and Wife

The business has not yet started.
This business is hereby registered by the following: 1. Rania Ghosn 765 N. Pierce St., El Cajon, CA 92020; 2. Wassim Ghosn 765 N. Pierce St., El Cajon, CA 92020
This statement was filed with Recorder/ County Clerk of San Diego County on March 24, 2010.

East County Gazette- GIE030790
4/15, 4/22, 4/29, 5/06, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-010868

FICTITIOUS BUSINESS NAME(S): East County Magazine
Located at: 1235 Shafter St., San Diego, CA 92106

This business is conducted by: A Corporation
The first day of business was: October 18, 1998

This business is hereby registered by the following: 1. Heartland Coalition 1235 Shafter St., San Diego, CA 92106
This statement was filed with Recorder/ County Clerk of San Diego County on April 19, 2010.

East County Gazette- GIE030790
4/29, 5/06, 5/13, 5/20, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-010544

FICTITIOUS BUSINESS NAME(S): Clean & Clear Pools
Located at: 5060 Corte Playa Catalina, San Diego, CA 92124

This business is conducted by: An Individual
The first day of business was: April 15, 2010
This business is hereby registered by the following: 1. Christopher Norwood 5060 Corte Playa Catalina, San Diego, CA 92124
This statement was filed with Recorder/ County Clerk of San Diego County on April 15, 2010.

East County Gazette- GIE030790
4/22, 4/29, 5/06, 5/13, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-009704

FICTITIOUS BUSINESS NAME(S): a.) DMV Solutions b.) Le Plume
Located at: 10763 Woodside Ave. Suite B, Santee, CA 92071

This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the following: 1. Marion Kim Thornley Galvin 8328 Mono Lake Drive, San Diego, CA 92119
This statement was filed with Recorder/ County Clerk of San Diego County on April 07, 2010.

East County Gazette- GIE030790
4/22, 4/29, 5/06, 5/13, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-010438

FICTITIOUS BUSINESS NAME(S): CFP Enterprises
Located at: 455-B Whispering Willow Dr., Santee, CA 92071

This business is conducted by: An Individual
The first day of business was: March 22, 2010

This business is hereby registered by the following: 1. Alexander B. Stewart 455-B Whispering Willow Dr., Santee, CA 92071
This statement was filed with Recorder/ County Clerk of San Diego County on April 14, 2010.

East County Gazette- GIE030790
4/15, 4/22, 4/29, 5/06, 2010

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

CASE NO.37-2010-00067176-CU-PT-EC
IN THE MATTER OF THE APPLICATION OF: DARLA GIANGREGORIO ON BEHALF OF MINOR GIANNA MARIE GIANGREGORIO FOR CHANGE OF NAME PETITIONER: DARLA GIANGREGORIO ON BEHALF OF MINOR GIANNA MARIE GIANGREGORIO HAS FILED FOR AN ORDER TO CHANGE NAME FROM:

GIANNA MARIE GIANGREGORIO TO: GIANNA MARIE PARE

THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 250 E. MAIN ST., EL CAJON, CA 92020. Department 15, on JUNE 21, 2010 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.
THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON APRIL 26, 2010.

East County Gazette – GIE030790
4/29, 5/06, 5/13, 5/20, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-010129

FICTITIOUS BUSINESS NAME(S): The Gamers Tavern
Located at: 5255 Linda Vista Rd., San Diego, CA 92110

This business is conducted by: A General Partnership

The business has not yet started.
This business is hereby registered by the following: 1. Alfredo B. Ailleje 173 Gary Circle, Vallejo, CA 94591; 2. Danny Ailleje 552 Richfield Ave., El Cajon, CA 92020; 3. Jenelyn Ceiso 209 South Siena Street, San Diego, CA 92114
This statement was filed with Recorder/ County Clerk of San Diego County on April 12, 2010.

East County Gazette- GIE030790
4/29, 5/06, 5/13, 5/20, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-010276

FICTITIOUS BUSINESS NAME(S): a.) Lion's Share Marketing b.) Lion's Share Records
Located at: 8649 Lake Murray #9, San Diego, CA 92119

This business is conducted by: An Individual
The first day of business was: January 4, 2010

This business is hereby registered by the following: 1. Leo P. Robinson 8649 Lake Murray #9, San Diego, CA 92119
This statement was filed with Recorder/ County Clerk of San Diego County on April 13, 2010.

East County Gazette- GIE030790
4/22, 4/29, 5/06, 5/13, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-009777

FICTITIOUS BUSINESS NAME(S): Motivated Enterprises
Located at: 3853 Ingraham St. #C311, San Diego, CA 92109

This business is conducted by: An Individual
The first day of business was: April 7, 2010
This business is hereby registered by the following: 1. Tom Nakane 3853 Ingraham St. #C311, San Diego, CA 92109

This statement was filed with Recorder/ County Clerk of San Diego County on April 07, 2010.

East County Gazette- GIE030790
4/15, 4/22, 4/29, 5/06, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-012143

FICTITIOUS BUSINESS NAME(S): Always in Bloom
Located at: 1713 Pepper Drive, El Cajon, CA 92021

This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the following: Ashley Weitzel 1713 Pepper Drive, El Cajon, CA 92021

This statement was filed with Recorder/ County Clerk of San Diego County on April 29, 2010.

East County Gazette- GIE030790
5/06, 5/13, 5/20, 5/27, 2010

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

CASE NO.37-2010-00089883-CU-PT-CTL
IN THE MATTER OF THE APPLICATION OF: BENITA BHARAT MEHTA FOR CHANGE OF NAME PETITIONER: BENITA BHARAT MEHTA HAS FILED FOR AN ORDER TO CHANGE NAME FROM:

BENITA BHARAT MEHTA TO: BENITA JAYMIN PATEL

THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 220 WEST BROADWAY, SAN DIEGO, CA 92101. Department D-25, on MAY 25, 2010 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.
THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON APRIL 13, 2010.

East County Gazette – GIE030790
4/22, 4/29, 5/06, 5/13, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-010764

FICTITIOUS BUSINESS NAME(S): Essence of Therapeutic Massage
Located at: 1237 Manor Dr., El Cajon, CA 92021

This business is conducted by: An Individual
The first day of business was: August 13, 2002

This business is hereby registered by the following: 1. Carol C. Foster 1237 Manor Dr., El Cajon, CA 92021
This statement was filed with Recorder/ County Clerk of San Diego County on April 19, 2010.

East County Gazette- GIE030790
4/29, 5/06, 5/13, 5/20, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-010855

FICTITIOUS BUSINESS NAME(S): San Diego Ride Concepts
Located at: 8426 Pueblo Road, Lakeside, CA 92040

This business is conducted by: Husband and Wife

The business has not yet started.
This business is hereby registered by the following: 1. Ronald Horstman 8426 Pueblo Road, Lakeside, CA 92040; 2. Lori Horstman 7233 Stanford Ave., La Mesa, CA 91942
This statement was filed with Recorder/ County Clerk of San Diego County on April 19, 2010.

East County Gazette- GIE030790
4/29, 5/06, 5/13, 5/20, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-006805

FICTITIOUS BUSINESS NAME(S): Antique Row Café of Lemon Grove
Located at: 3521 Lemon Grove Ave., Lemon Grove, CA 91945

This business is conducted by: A Limited Liability Company
The first day of business was: March 15, 2004

This business is hereby registered by the following: 1. Family Venture LLC, Noemi Flores, 3521 Lemon Grove Ave., Lemon Grove, CA 91945
This statement was filed with Recorder/ County Clerk of San Diego County on March 10, 2010.

East County Gazette- GIE030790
4/15, 4/22, 4/29, 5/06, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-009006

FICTITIOUS BUSINESS NAME(S): Chicago Pizza Company
Located at: 8528 N. Magnolia, Suite 101, Santee, CA 92071

This business is conducted by: An Individual
The first day of business was: October 15, 2008

This business is hereby registered by the following: 1 Timothy S. Nakashian 8528 N. Magnolia, Suite 101, Santee, CA 92071
This statement was filed with Recorder/ County Clerk of San Diego County on April 01, 2010.

East County Gazette- GIE030790
4/15, 4/22, 4/29, 5/06, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-010517

FICTITIOUS BUSINESS NAME(S): Panda Rice
Located at: 907 Broadway, El Cajon, CA 92021

This business is conducted by: A Corporation
The business has not yet started.

This business is hereby registered by the following: 1. GSST, INC. 907 Broadway, El Cajon, CA 92021
This statement was filed with Recorder/ County Clerk of San Diego County on April 15, 2010.

East County Gazette- GIE030790
4/22, 4/29, 5/06, 5/13, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-011332

FICTITIOUS BUSINESS NAME(S): a.) OJN Productions b.) CB Training c.) Event Fire Safety Consulting
Located at: 16205 Wikiup Rd., Ramona, CA 92065

This business is conducted by: An Individual
The first day of business was: February 1, 2010

This business is hereby registered by the following: 1. Conley M. Broome 16205 Wikiup Rd., Ramona, CA 92065
This statement was filed with Recorder/ County Clerk of San Diego County on April 22, 2010.

East County Gazette- GIE030790
4/29, 5/06, 5/13, 5/20, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-011530

FICTITIOUS BUSINESS NAME(S): Twelve Signs
Located at: 1730 Alta Vista Way, San Diego, CA 92109

This business is conducted by: A Limited Liability Company
The business has not yet started.

This business is hereby registered by the following: 1. Marie Fox LLC 1730 Alta Vista Way, San Diego, CA 92109
This statement was filed with Recorder/ County Clerk of San Diego County on April 23, 2010.

East County Gazette- GIE030790
4/29, 5/06, 5/13, 5/20, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-011890

FICTITIOUS BUSINESS NAME(S): a.) VIVA Mobile/Manufactured Homes b.) VIVA
Located at: 1143 E. Main St., El Cajon, CA 92021

This business is conducted by: A Corporation
The first day of business was: August 2, 2002

This business is hereby registered by the following: 1. VIVA Mobile Manufactured Homes Inc. 1143 E. Main St., El Cajon, CA 92021
This statement was filed with Recorder/ County Clerk of San Diego County on April 27, 2010.

East County Gazette- GIE030790
4/29, 5/06, 5/13, 5/20, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-007998

FICTITIOUS BUSINESS NAME(S): The ParLOUR Hair & Skin Salon
Located at: 525 South Escondido Blvd. Suite 103, Escondido, CA 92025

This business is conducted by: An Individual
The business has not yet started.
This business is hereby registered by the following: 1. Kamren Quinones 525 South Escondido Blvd. Suite 103, Escondido, CA 92025

This statement was filed with Recorder/ County Clerk of San Diego County on March 22, 2010.

East County Gazette- GIE030790
4/15, 4/22, 4/29, 5/06, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-009551

FICTITIOUS BUSINESS NAME(S): 4 Directions Roadside Service
Located at: 5476 Kiowa Dr. #17, La Mesa, CA 91942

This business is conducted by: An Individual
The business has not yet started.

This business is hereby registered by the following: Franklin Pease 5476 Kiowa Dr. #17, La Mesa, CA 91942
This statement was filed with Recorder/ County Clerk of San Diego County on April 06, 2010.

East County Gazette- GIE030790
5/06, 5/13, 5/20, 5/27, 2010

Dear Dr. Luauna

*I am a new Christian and I am learning about prayer. Do I pray for things I need? I mean there are people much worse off than me. Isn't God too busy to worry about my problems?
Signed, New Christian*

Dear New Christian,

The most helpful thing you can learn as a new believer in Christ is prayer, this will help tremendously with your

Christian growth. Another important thing you need to know is how much God loves you and how important you are to Him. Jesus cares deeply about you and about the things which concern you. Psalm 139:17-18, "How precious also are Your thoughts to me, O God! How great is the sum of them! If I should count them, they would be more in number than the sand; When I awake, I am still with You.

The Lord longs to develop your personal relationship with Him and prayer is your means of communication. You will communicate with Him your love, your needs, and your requests. He will communicate with your inner man; He is faithful and hears your prayers and answers you.

Jeremiah 33:3, "Call to Me, and I will answer you, and show you great and mighty things, which you do not know." 2 Chronicles 7:15, "Now My eyes will be open and My ears attentive to prayer made in this place."

Many more scriptures in the Bible confirm the importance of prayer for you, and promises that God will answer, here are just a few to look up: Psalm 20:1, Matthew 21:22, and Matthew 6:33. Philippians 4:6, "Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus."

Keep your communication and heart open to the Lord and watch Him move in your situation!Email: Drluauna@atouchfromabove.org Follow me on facebook: DrLuaunaStines

Send: questions@drluauna.com
www.atouchfromabove.org

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Wednesdays 7:00 p.m.
Fridays 7:00 p.m.

Dr. Luauna's Television Program

San Diego County, Cox Cable
Channel 18 & 23 Tuesdays at 9 p.m.
Channel 19 Time Warner, Wednesday at 5 p.m.

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-007913

FICTITIOUS BUSINESS NAME(S): The Garment Closet
Located at: 9632 Pine Blossom Rd., El Cajon, CA 92021

This business is conducted by: A General Partnership
The business has not yet started.

This business is hereby registered by the following: 1. Terra Ortega-Chiaromont 9632 Pine Blossom Rd., El Cajon, CA 92021; 2. Renee Ortega-Creed 6914 Alpine Blvd., Alpine, CA 91901

This statement was filed with Recorder/ County Clerk of San Diego County on March 22, 2010.

East County Gazette- GIE030790
4/15, 4/22, 4/29, 5/06, 2010

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME ORIGINAL FILE NO. 2008-011377

FILE NO. 2010-007883

The following person(s) has/have abandoned the use of the fictitious business name: Direct Auto Transport Services
The Fictitious Business Name Statement was filed on April 07, 2008, in the County of San Diego.

4055 Chanute, San Diego, CA 92154
This business was conducted by: 1. Renee Mincey 4055 Chanute, San Diego, CA 92154

THIS STATEMENT WAS FILED WITH THE COUNTY CLERK-RECORDER OF SAN DIEGO COUNTY ON March 19, 2010

East County Gazette GIE 030790
4/15, 4/22, 4/29, 5/06, 2010

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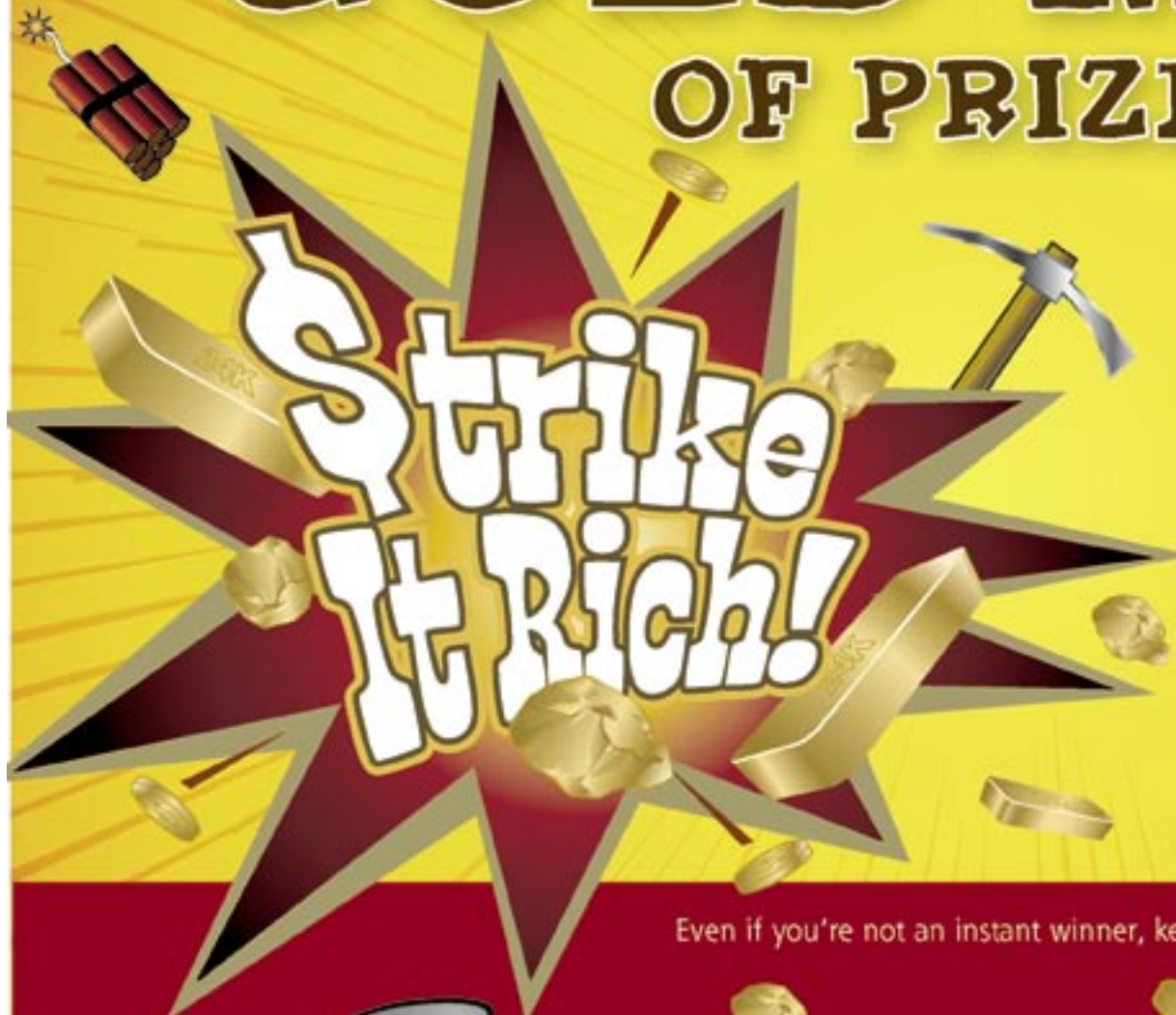
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