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APRIL 1-7, 2010



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Meet Roxy page 19

Meet the new Miss El Cajon and Miss El Cajon Teen. See page 12. Photos by Kathy Foster



What's new in theatres?



Read about 'Hot Tub Time Machine' and 'Bounty Hunter' by Michael Black on pages 10 & 11



Woman's Club celebrates 100 years



The Woman's Club of Lakeside, that recently celebrated their 100th anniversary, sends a thank you to all the soldiers protecting the United States. See story page 2. Photo credit: Betty McMillian

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Local News & Events

100 years of serving the community

by Betty McMillian

The Woman's Club of Lakeside will be celebrating their 100th anniversary the whole year of 2010. At their March meeting they honored their surviving past Presidents. Their current President, Carolyn Bass, presided over the luncheon meeting, which was held at the historic Olde Community Church home to the Lakeside Historical Society.

Past Presidents in attendance were Barbara Sam, Dorothy House, Christine Herzog, Elaine Brack, Charlotte Allman and Tina Brady. The past Presidents who were not able to attend were Margaret Johnson,

Charlotte Robinson, June Bailey and Victoria Smith.

Chris Herzog told a bit of Woman's Club history to the members. The club was founded in 1910 and Mary Ann Ross was the first President. One of their first projects was to buy land for the Town Hall (later known as the Lakeside Theater on Maine Avenue). Dues were 25 cents and the working budget was \$200. Today's budget is \$10,000 for community improvement projects.

Past presidents shared fond memories. Barbara Sam remembered that all the clubs came together to honor a little known artist at the Bostonia Ballroom, Olaf Weighorst. He was

an up and coming western artist who's paintings sold for a mere \$200 at the time and many of his paintings hung at the Wagon Wheel Restaurant. Dignitaries came from Sacramento to help honor him.

Dorothy House fondly remembered the handmade quilt all her club sisters designed and sewed for her, she was the chairwoman of the club's very first quilt show in 1985. Chris Herzog told of the club buying a bell for the Commemoration of El Camino Real, the trail that brought Padres from Mexico to San Francisco. Lakeside's commemorative bell is located in Mission Valley. Elaine Brack told of her and club representatives going to a convention in

a limo, they arrived all dressed up in red outfits. Tina Brady remembered that the school Superintendent asked all Principals to join a local service club. She joined the Woman's Club and enlisted the help of the members to host a Bunko Party as a fundraiser to pay for the students transportation to visit the Lakeside Museum.

Andrea Canfield, a mem-

ber of the Centennial Committee, had notified many government agencies about the pending 100th anniversary of the Woman's Club and was pleased with their response. Proclamations were presented from the General Federation of Women's Clubs, Senator Joel Anderson, Senator Hollingsworth, Senator Barbara Boxer, Congressman Duncan Hunter, Governor Schwarzenegger,

and even the President of the United States, Barack Obama, a very impressive collection of recognitions.

The Woman's Club has just finished hosting their 25th annual Quilt Show. The next event will be their Open House on May 19, this will be a thank you for the whole community for supporting all their activities and projects.

Better Business Bureau warns about Census scam

Census Taker or Faker? BBBB warning on Census scams The San Diego Better Business Bureau (BBB) is warning consumers not to be a victim of identity theft and other scams while the federal government conducts the U.S. Census, the once-a-decade counting of every man, woman and child in the country. The Census Bureau has mailed census forms to more than 130 million addresses nationwide, but households that do not return the form in the mail may receive a personal visit from a census worker at their front door. "No matter what they ask, you really only need to tell them how many people live at your address and you

don't have to answer anything at all about your financial situation," said Sheryl Bilbrey, San Diego BBB president/CEO. "However, we recommend completing the census form because it will help each individual's voice be heard."

The BBB advises: Do not allow entry into your home to anyone you don't know; Never reveal personal financial information, such as Social Security, bank number or credit card numbers, to any census worker; Do not respond to e-mails from the U.S. Census Bureau with attachments that may contain harmful viruses or spyware since the Bureau has announced it will

not contact citizens by e-mail; Legitimate census takers will never solicit for donations or other types of payment. Consumers can verify a Census Bureau worker by their badge with their name and signature and a black canvas shoulder bag reading "U.S. Census." If asked, the census taker must provide you with the name of a supervisor or the phone number of the Census Bureau's regional office.

For more consumer protection information, visit the Better Business Bureau's website at www.bbb.org (<http://www.bbb.org/>), or phone the BBB's free 24 hour Consumer Helpline at (858) 496-2131

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— LOCAL NEWS & EVENTS —

El Cajon highlights —



A look at Captain Swaney, with his Search & Rescue Canine "Icon" as he spoke to the students. He also demonstrated how Icon searches for victims following a building collapse. Photo credit: Monica Zech

by Monica Zech
City of El Cajon Public
Information Officer

44th Annual El Cajon 20K

Join other runners and walkers this Saturday, April 3 for the 44th Annual El Cajon 20K that starts and ends at Granite Hills High School. Race time is 6:30 a.m. for walkers and race walkers, and 7 a.m. for runners. Granite Hills High School is located at the corner of Madison Avenue and 4th Street. Parking is available at the school and on surrounding streets. This is a 12.4 mile course from El Cajon, up Vista Grande, through Singing Hills, and over the challenging Dehesa Hill (8.5 mile mark) to a downhill finish. Register online at www.active.com. The deadline for entries is April 1. Day of the race registration is from 6 a.m. to 6:45 a.m. at Granite Hills High School. Early bird registration at the San Diego Track Club (SDTC) for members is \$18, non-members \$28, and under age 18 is \$8. Late registration after March 31, add \$5. For more information, call (619) 284-6065.

April Is Child Abuse Prevention Month

At a recent City Council meeting, April was proclaimed Child Abuse Prevention Month by the El Cajon City Council. The proclamation stated that preventing child abuse and neglect is a community problem that depends on involvement among people throughout the community, a community that



Kelly Follett, the parent of a 2nd grade student at Holy Trinity Academy is pictured handing a check over to Heartland Fire & Rescue for the City of El Cajon Fire Captain Steve Swaney. The check for \$60 was money raised by students in the second grade classroom during March Faith In Action Program. They chose to donate the money to the fire department's Search and Rescue Canine program. Captain Swaney spoke to the students about the training involved and the role these canines play in search and rescue.

cares deeply about child abuse. Child abuse and neglect not only directly harm children, but also increase the likelihood of long-term physical and mental health problems, alcohol and substance abuse, continued family violence and criminal behavior. Child maltreatment occurs when people find themselves in stressful situations, without community resources, and don't know how to cope. Child abuse and neglect can be reduced by making sure each family has the support they need in raising their children in a safe, nurturing environment. Effective child abuse prevention programs succeed because of partnerships created among social service agencies, schools, faith communities, civic organizations, law enforcement agencies, and the business community. El Cajon joins other cities in the County of San Diego in promoting Child

Abuse Prevention through this vital observance, not only in April, but year round. For more information, please visit the San Diego County Commission on Children, Youth and Families website at www.sandiegococyf.org.

Spring Art Festival at Grossmont College

Grossmont College will be holding their 2nd Annual Spring Art Festival on Wednesday, April 7, from 10 a.m. to 2 p.m. in the main quad area of the campus. This event is open to the public and admission is free. For more information please call (619) 644-7605.

Learn more about our local Police Department

The El Cajon Police Department is still accepting applications for their 2010 Citizen's

Police Academy. The Citizen's Police Academy is an eight-week program, which allows members of the community to learn about how the Police Department functions in our community. Topics will cover the history of law enforcement, the criminal justice system and crime scene investigation, with presentations from divisions within the Police Department. Students will participate in hands-on exercises such as conducting traffic stops, dusting for fingerprints and firearms simulation. The academy begins Wednesday, May 12, 2010, and will conclude with a graduation ceremony on Wednesday, June 30. Classes will be held weekly from 6 p.m. to 8:30 p.m. in the Community Room at Well's Park, located at 1153 E. Madison Avenue in El Cajon. Residents and businesses from El Cajon are encouraged to apply, and will be given priority in acceptance to the academy. A total of 25 students will be accepted on a first come first serve basis. For an application for the Citizen's Police Academy, go to the El Cajon Police website at www.elcajonpolice.org or contact Police Service Officer Samantha Hook at (619) 579-4227. Mail the completed application form to: PSO Samantha Scheurn-Hook, El Cajon Police Department, 100 Fletcher Parkway, El Cajon, CA 92020.

Heartland Lions Fashion Show tickets available

You still have time to purchase your tickets for the El Cajon Heartland Lions 22nd Annual Champagne Luncheon and Fashion Show called "Up, Up and Away!" Join us Saturday, April 10, at the Ronald Reagan Community Center, located at 195 E. Douglas Avenue, from 11 a.m. to 2 p.m. Proceeds benefit sight, youth, health and environmental concerns in our community. Numerous silent and live auction items will be offered. Tickets are \$30 per person; a V.I.P. table of eight is \$250. For tickets or more information call (619) 449-7478.

It's back! - "It's Five O'clock Somewhere" CDC Party Downtown

Don't miss the 2nd Annual "It's Five O'clock Somewhere" Party on Friday, April 16, from 4:47 p.m. to 8 p.m., at 237 East Main Street in Downtown El Cajon. This vacant space on East Main Street will be transformed into a tropical beach resort setting featuring



The Child Abuse Proclamation, in the photo (L to R) - Debbie Comstock, Executive Director of the Family Justice Center, and Tonya Torosian, Executive Director of the San Diego County Commission on Children, Youth & Families. Tonya received the proclamation from the City Council. Photo credit: Monica Zech

delicious food and beverages from local restaurants, accompanied by live musical entertainment. Mingle with East County leaders, business professionals, community organizers, and neighbors. Early bird ticket price is only \$25 per person (good through Tuesday, April 13) or \$30 at the door. Admission price includes unlimited food and beverages, live music, and lots of chances to win fun prizes! Tickets can be purchased by contacting the El Cajon Community Development Corporation (CDC) at (619) 401-8858. The CDC presents this fun event with participation from the San Diego East Visitors Bureau, and the San Diego East County Chamber of Commerce. All proceeds will support the ongoing revitalization efforts in Downtown El Cajon and your generous support is appreciated. If you are interested in being a sponsor, or would like to participate as a food or beverage vendor, please contact the El Cajon CDC at (619) 401-8858.

Morning Glory Jazz Brunch

Bring your family and friends to the Annual Morning Glory Jazz Brunch Saturday, April 10, from 10 a.m. to 2 p.m. at the beautiful St. Madeleine So-

phie's Organic Garden Center located at 2119 East Madison Avenue. Enjoy live jazz music, a live auction, fabulous prizes and student artwork, plus a delicious brunch. Funds raised benefit the Organic Garden Center at St. Madeleine Sophie's Center. For ticket information call (619) 442-5129, ext. 3117. You can also visit them online at www.stmsc.org.

Hawaiianaires Golf Tournament to support Police Memorial Fund

Preparations continue for the 14th Annual Hawaiianaires Golf Tournament sponsored by the El Cajon Police Officer's Association. The Tournament will be held on April 23 at the Cottonwood Golf Course in Rancho San Diego, located at 3121 Willow Glen Road in El Cajon. It's a great way to show our support for El Cajon's finest! The cost is \$100 per person, or \$120 after April 9. This includes lunch, golf, golf cart, beverages, and dinner. Proceeds benefit the El Cajon Police Officers' Memorial Fund. Major sponsors include: Tipton Honda, Toyota of El Cajon, El Cajon Ford, and Bob Baker Chevrolet. For

See HIGHLIGHTS page 6

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— LOCAL NEWS & EVENTS —

Alpine woman wins Smart Car at Viejas

An Alpine woman drove away a winner at Viejas Casino over the weekend, taking home a new Smart Car.

Barbara L. won the Smart Car when her name was drawn Sunday evening from a drum full of names that had been

entered by players at Viejas Casino during the month of March.

"I am still in shock," said Barbara, who added that she plays at Viejas Casino about four times a week. "I've won lots of times before, but never anything as great as this. Viejas

Casino is my favorite casino because I win often here and the people are so friendly. Winning this Smart Car is just incredible. I'm still on a cloud!"

Viejas even picked up the taxes, license and other fees for Barbara.

The excitement at Viejas Casino continues into the spring, with special promotions planned for April, including:

- \$200,000 in Tax Day "Re-Fun" Instant Bonuses!

- April "Hop" Seat. Just play your favorite slots April 25th - 27th from 5 p.m. to 10 p.m. and you could win your share of \$15,000.

More information on gaming, entertainment and dining specials at Viejas Casino can be found at www.viejas.com.



Barbara L. of Alpine holds the winning ticket and keys to the new Smart Car that she won in a drawing at Viejas Casino on March 28. Photo courtesy of Viejas Enterprises

Grand opening



Representatives from the Viejas Outlet Center, Rue 21 and the Alpine Chamber of Commerce celebrate a ribbon cutting ceremony for the new, expanded Rue 21 store at the Viejas Outlet Center. Photo courtesy of Viejas Outlet Center

Highlights ...

Continued from page 5
more information call (619) 921-3054.

Antique Show at The Ronald Reagan Center

The 2010 San Diego Antique & Collectible Show is April 14 at the Ronald Reagan Center in El Cajon, 195 E. Douglas Avenue. You'll find wonderful collectibles, including jewelry and art. Hours are 2 to 7 p.m. Free parking! Admission is just \$3. For more information call (619) 445-8432.

Music & Dance at The East County Performing Arts Center

On Friday, May 21, see the Tamburitans, America's Premier Folk Ensemble at the East County Performing Arts Center in El Cajon. Hear the music, songs, and dances of Eastern Europe and neighboring cultures. The performance is at 7:30 p.m. at the Center, located

at 210 E. Main Street. Reserved seats are \$24 and \$27. For tickets visit www.cytсандiego.org or call (619) 588-0206.

Report a concern

The public can report a concern online on the City's website. To report graffiti, noise, potholes, weeds, or storm water violations, you can go to www.ci.el-cajon.ca.us and click on REPORT A CONCERN. You can also call City Hall with your concern at (619) 441-1716.

Keep Monica Zech informed of El Cajon's community events by placing her on your mailing or e-mail list. If there is an event in the City of El Cajon that you would like to share, please contact Monica Zech, Public Information Officer for the City of El Cajon, via e-mail at mzech@ci.el-cajon.ca.us, or send to: Monica Zech, Public Information Officer, City of El Cajon, 200 Civic Center Way, El Cajon, CA 92020.

by Patt Bixby

Riverview International Fair held March 20 at Riverview Elementary was pronounced a huge success. The 2nd Annual event was put on by Lakeside Union school district with entertainment provided by Bay Electric.

Positive Parenting Program

Positive Parenting Program—three 90 minute workshops certificate given upon completion of all three sessions. Earn up to \$60 in gift cards for attending the workshops. The first will be from 5 to 7 p.m. on Thursday May 6 at Lindo Park Elementary, 12824 Lakeshore Dr. Second workshop is Thursday, May 13 from 5 to 7 p.m. at Lemon Crest Elementary, 12463 Lemon Crest Drive.

Third workshop is Thursday, May 20 from 5 to 7 p.m. at Lemon Crest Elementary as well. For more information visit www.ifssd.org/positive-parenting.

It's how we live

A free community festival for the entire family will be held Saturday, April 17 immediately following the Run for the Arts. The smoke free event will be held at he Lindo Lake Park (ball field) at 9841 Vine St.

The free community event will feature games, rock climbing wall, live entertainment, healthy food samples, Health and Dental Screening and prizes and giveaways. For more information call (619) 443-9176.



"The love of quilting was seen at this year's Quilt Show by the Woman's Club of Lakeside," said Chris Herzog. This was 'The Year of Whimsical Quilts.' Photo by Patt Bixby

Dates to remember

April 1, 8, 15, 22, 29- Lakeside Farmer's Market on Lakeshore Drive

April 5- Lakeside Chamber of Commerce Board meeting 6:30 Lakeside Community Center

April 7, 21- lakeside Planning Group Board meeting 7 p.m. at Lakeside Community Center

April 14- Lakeside Design review Board Meeting at 7 p.m. Lakeside Community Center

April 15- Chamber Mixer-Eastbound Bar & Grill

April 17- Run for the Arts
April 17- 5th Annual "it's How We Live" Health Fair at Lindo Park Ball field, 9841 Vine St. following the Run for the Arts

April 24- Lakeside Western Day's Parade

April 23, 24, 25- 46th Annual Lakeside Rodeo



Chargers donated \$5,000 to Lakeside Farms School. Starting Safety Eric Weddle spoke to the students encouraging them to exercise and learn all they can in school. Photo by Patt Bixby

Advertise in the Gazette's Special Edition of the Lakeside Chamber of Commerce Lakeside Western Days Parade (April 24) issue. The Gazette is the official newspaper for the Western Days Parade. The April 22 issue will feature a special pull-out section which will have the parade route and lots of advertisements. Contact your Gazette representative or the Gazette office at (619) 444-5774 for ad sizes and rates.

For Health's Sake

Test anxiety and hypnotherapy



by Judy Callihan Warfield

Whether you are a high school or college student or professional career person taking continuing education or taking an exam to enter into a new career, test anxiety affects a large portion of the population. Do your hands sweat? Do you forget the information that you know you studied? Does your heart race? Do you procrastinate scheduling the exam because of the anxiety associated with the test? Don't feel alone...this is a very common issue. Some people even carry this over to the job interview phase also.

The ability to focus and retain is a skill and habit that must be practiced and honed just like any other skill. Sometimes it can be very difficult

to focus our thoughts on the information at hand. For some people they simply feel too distracted for the information to be retained.

Hypnotherapy is a rapid, effective, drug free way to learn to focus and retain needed information. Hypnotherapy has been proven very effective in allowing people to delete the distractions and become more calm, centered, and focused and therefore retain and recall more of the needed information. Along with the ability to retain also comes the desire and ability to maintain your motivation and follow thru until completion.

Two major factors that adversely affect learning processes are low self esteem and lack of motivation. Additional elements which can contribute to the problem include poor study habits, poor memory, absence of reward, and fear.

Hypnotherapy can help stimulate the learning process, increase motivation, boost confidence, establish beneficial study habits, and reduce study and exam tension and stress. These combined with goal setting will let you emerge with purpose, direction and

organization, and a new found enthusiasm and motivation to pursue your dreams. What goals and dreams have been put on the back burner because you felt you could not move forward? Why not make this the year that you are able to reach your full potential!!

- Reduce Stress
- Improve ability to focus and retain
- Set goals and achieve them

- Increase motivation
- Increase self confidence and self esteem

Judy Callihan Warfield is President of Success Hypnotherapy, Inc. located 4730 Palm Ave. #205, La Mesa, Ca. 91941 and can be reached at her office by calling 619-303-8511 or email judy@successhypnotherapy.com. Further info on web site www.successhypnotherapy.com or call for free telephone consultation.

SHARP SENIOR APRIL PROGRAMS

Grossmont Hospital's Senior Resource Center offers free or low-cost educational programs and health screenings each month. The Senior Resource Center also provides information and assistance for health information and community resources. For more information, call (619) 740-4214. For other programs, call 1-800-827-4277 or visit our web site at www.sharp.com.

HELP!! I'M A CAREGIVER

Family caregivers learn about health and community resources, placement options, support groups and more from Andrea Holmberg, Program Coordinator of the Sharp Senior Resource Center. This free class includes discussion about emotional issues and ways to cope when caring for a loved one. Free Vials of Life, Advance Directives and more. Thursday April 15, 2 to 4 p.m. at the Grossmont Healthcare District Conference Center, 9001 Wakarusa St., La Mesa. Reservation required. Call 1-800-827-4277.

OSTEOPOROSIS

Learn about symptoms, risk factors and treatments of osteoporosis from Kristin Schulz, Physical Therapist for Sharp Grossmont Rehabilitation on Tuesday, April 20 from 2 to 3:30 p.m. at the Grossmont Healthcare District Conference Center, 9001 Wakarusa St., La Mesa. Registration required. Call 1-800-827-4277.

ADDRESSING BEHAVIOR THROUGH COMPASSIONATE COMMUNICATION

Learn to improve your communication skills with memory-impaired adults and identify techniques to cope with challenging behaviors from Diane Beach, Alzheimer's Association on Monday, April 26, 10 a.m. to 12 p.m. at the Grossmont Healthcare District Conference Center, 9001 Wakarusa St., La Mesa. Reservation required. Call 1-800-827-4277.

FREE BLOOD PRESSURE SCREENING

No appointment necessary. Open to the public. For information, call 619-740-4214.

Grossmont Senior Resource Center, 9000 Wakarusa, La Mesa, Tuesday, April 6, 9:30 to 11 a.m.

La Mesa Adult Enrichment Center, 8450 La Mesa Blvd., Friday, April 16, 9:30 to 11 a.m.

HEALTHY AGING PODCASTS

The Sharp Senior Resource Centers announce our new online Healthy Aging series. These audio and video presentations provide important information on senior resources, fall prevention, exercise, medications, maintaining brain health, and much more – to help seniors live a healthy and independent life. Visit www.sharp.com/seniors today. The Healthy Aging Series is sponsored by a generous grant from the PacificCare/UnitedHealthcare Charitable Commitment Program.

Project C.A.R.E. — Community Action to Reach the Elderly

Do you live alone? Concerned about someone living alone Project C.A.R.E. can provide a daily computerized telephone call, Vial of Life, friendly visitor and more. Call the Sharp Grossmont Hospital Senior Resource Center at (619) 740-4214 for details.



Health... Just Common Horse Sense

by Dr. Donald Adema

This article has been rewritten, fine tuned and reviewed at least fifty times. Some of the renditions were lengthy and full of lofty arguments. Definitely too wordy and original for the entitled and enlightened liberal mind. Other renditions were a verbal form of spanking and may have lost the reader if they had no concept of constructive discipline. It is just not nice. Too much logic was not recommended by fellow earnest writers. They felt that a well constructed logical argument would confuse the average recent college graduate as they are taught what to think, not how to think.

What is the topic you ask? Well, who would have thought that it might be the presidential approach to health care? Why would an integrative or blended independent physician be concerned over a health care reform that has abortion as a government funded choice? Or, why would any physician be concerned over page 435 which clearly states that the government will decide which physicians may write end of life orders? No criteria as to how a physician would qualify, just that the government will decide. That is terrifying!

As the proper approach to a commentary on "Obama care" developed a step back from the issue was recommended by a fellow concerned citizen. As my staff and I stepped back and observed patients, friends and hospice staff grapple with the concept, two distinct populations developed. The first group was comprised of those who worried about the full implications of the entire bill and American freedom. Their thoughts were about the loss of choice and how it would affect their children, grandchildren and America's ability to help others. The other group of concerned citizens approached the crisis with the comment/question, "If it passes who will take care of me?" Where do you fit?

For questions or comments for Dr. Adema, please write to Horse Sense Questions, C/O Adema Family Medicine, 10201 Mission Gorge Road, Santee, CA 92071.

Laughter is the Best Medicine

Bartender vs. Psychiatrist

Ever since I was a child, I've always had a fear of someone under my bed at night. So I went to a psychiatrist and told him "I've got problems. Every time I go to bed I think there's somebody under it. I'm scared. I think I'm going crazy."

"Just put yourself in my hands for one year," said the doctor. "Come talk to me three times a week and we should be able to get rid of those fears..."

"How much do you charge?"

"Eighty dollars per visit," replied the doctor.

"I'll sleep on it," I said.

Six months later the doctor met me on the street. "Why didn't you ever come to see me about those fears you were having?" he asked.

"Well, eighty bucks a visit three times a week for a year is an awful lot of money! A bartender cured me for \$10. I was so happy to have saved all that money that I went and bought me a new pickup!"

"Is that so!" With a bit of an attitude he said, "and how, may I ask, did a bartender cure you?"

He told me to cut the legs off the bed!

Have a funny clean joke to share? Send it to: Jokes@ecgazette.com.



Donald Adema, DO
(Board Certified Family Practice)

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— LOCAL EVENTS —

Out and about in the County

April 17: Spring Valley-- Sweethearts Dinner. Meet the new Mr. and Mrs. Spring Valley 5:30 to 8 p.m. Contact the Spring Valley Chamber for more info and for tickets (619) 670-9902.

April 17: 100th Anniversary Scout Fair at Qualcomm. Join thousands of youth and families from San Diego and Imperial Counties as they gather for the annual Scout Fair at Qualcomm Stadium! This annual community event is hosted by the Boy Scouts of America, who are celebrating their 100th Anniversary, and showcases fun and exciting programs for the whole family! This year's Scout Fair will run from 9: a.m. to 4 p.m. in the southeastern parking lot at Qualcomm Stadium. Scout Fair offers something for everyone, Something new this year for Earth Day! The Boy Scouts will be partnering with ECS Refining to help you recycle old and unwanted electronics. Drive in, drop off, or stay and spend the day! Parking is FREE. Recycling is FREE. For more information, please visit our website at <http://sdicbsa.org/activities/ScoutFair/x215> or by e-mail at kent.lee@scouting.org.

April 23, 24 & 25: 46th Annual Lakeside Rodeo, hosted by the El Capitan Stadium Association, a nonprofit organization. The annual Lakeside Rodeo held every April is the largest fundraiser for the Association. The Lakeside Rodeo has gained national exposure over the last 44 years, from a small hometown event to being named the International Professional Rodeo

Association Rodeo (IPRA) of the year FOUR times! In January 1999, the Lakeside rodeo changed from the IPRA to the PRCA. See bareback riding, saddle bronc riding, penning, barrel racing, tie-down roping, bull riding, steer wrestling, team roping, clowns and more. For more information, call (619) 561.4331 or visit www.lakesiderodeo.com.

April 24: 45th Annual Lakeside Western Days Parade, "Tour Lakeside - Putting Lakeside on the Map, 9:35 a.m. The Lakeside Western Days Parade has been celebrating Lakeside's Western heritage since 1965. This family fun tradition is hosted by the Lakeside Chamber and helps promote this community and supports the annual Lakeside Rodeo. A festive parade filled with one of the largest equestrian participations on the West coast, Bands, Clowns, Classic Cars, Off-Roaders, Queens, Princesses and local dignitaries. We honor local businesses, schools, service organizations and sport teams. For more information call Lakeside Chamber at (619) 561-1031 or visit www.lakesideca.com

April 24: East County Garden Tour. Six spectacular gardens are featured in the Friends of East County Arts, Inc. Fifteenth Annual Garden Tour to take place from 9 a.m. to 3 p.m. These splendid gardens offer a tremendous variety of settings and each garden is lovingly planned and cared for by its owner. This garden setting is typical of the homes on Friends of East County Arts, Inc. 2010 Garden Tour. Tour Director Linda Riolo and the home owner are admiring the garden. Two of the star attractions on this year's tour are 'Ali,' a strapping 3 year old Clydesdale who was born the day prior to the 2007 garden, tour and Magnum, a retired San Diego police patrol horse, who's beat was Balboa Park. Shopping has been added to this year's tour. Ten professional crafters will be featured with items that relate to gardening. "We are even providing refreshments so that guests can purchase snacks while touring," says Tour Director, Linda Riolo. The tour is sponsored by Friends of East County Art, Inc. a philanthropic organization of 100 members volunteering time and energy to further the development and growth of the performing and fine arts in East County. To date, Friends has contributed more than \$550,000.00



Pictured above is one of the six gardens that will be on the East County Garden Tour. See info below.

site--a raptor rehabilitation facility. A ticket provides admission to all 6 sites, and a map to get you there. Self-guided tour. Stay as long as you'd like in each garden. Ticket valid Friday, Saturday and Sunday (April 30-May2). One visit, per garden. Gardens open 10 a.m. - 4 p.m. For more information call (619) 445-8352 or email info@chirp.org or visit www.chirp.org

May 1-2: Alpine's 13th Annual Sage & Songbirds Festival & Garden Tour, "The Hills are Alive with Butterflies," at Viejas Outlet Center, 10 a.m. - 4 p.m. Saturday, May 1; 10 a.m. - 3 p.m. Sunday, May 2. Free admission for everyone. Free Educational Seminars. Free Live Butterfly Exhibit. Free release of hundreds of live butterflies both days. Dozens of vendors of quality garden-related items (and just before Mother's Day!) Opportunity drawings and more. Vendors of garden-related items are invited to participate in the 2-day Sage & Songbirds Festival, May 1-2, in the high-visibility Show Court at the award-winning Viejas Outlet Center. For more information call (619) 445-8352 or email info@chirp.org or visit www.chirp.org

May 22: The First Annual "Gunsmoke," a night of gamblin and carousin at the Long branch Saloon in Dodge City will be held Saturday at 6 pm in the El Cajon Community Center. Old West with Casino style gaming , great prizes, 50-50 drawing and costume contest. Cost is \$50 per person, which includes \$100 worth of gambling chips and Heavy hors d'oeuvres provided by Downtown Cafe. All proceeds go to the Lions Free sight tests and glasses for the El Cajon Valley School Children. Table sponsorships starting at \$100 are available.

ONGOING
Julian Doves & Desperados every Sunday (weather permitting) 1 p.m., 2 p.m., 3 p.m.: Historic comedy skits located at the stage area between Cabbages & Kings and the Julian Market & Deli. For more information please contact Krisie at (760) 765-1857.

The Barona Cultural Center & Museum is now open Tuesday through Friday from noon to 5 p.m. and on Saturday from 10 a.m. to 4 p.m. The museum will be closed on Sunday and Monday to focus on creating new exhibits and providing community outreach. Dedicated to preserving the Native American history of San Diego County, the Barona Cultural Center & Museum houses more than 3,000 artifacts, photographic displays and archives. The museum showcases many Indian traditions, such as birdsongs, language, gatherings, gaming and artwork and highlights the Barona Band of Mission Indians. In addition, the Barona Museum offers classes and tours for public and private schools, civic groups, clubs and other organizations. There is no charge for tours, and admission is free. For more information, visit www.baronamuseum.org or call (619) 443-7003 ext. 2.

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to art-based programs in the community. All monies collected from this event will benefit these programs. Tickets for the Fifteenth Annual Garden Tour are \$15.00 in advance or \$18.00 at any garden site the day of the tour. You may contact Christy Klock at (619) 442-8515 for advanced tickets or for garden site information.

April 24: Craft Fair, 10 a.m. to 4 p.m. in the Multi Purpose room of Hillsdale Middle School, 1301 Brabham Street, El Cajon. This event is sponsored by the Builder's Club to fund charitable activities. For more information contact Paula Ames at (619) 669-1990.

April 30 - May 2: Alpine. Garden Tours. Five beautiful home gardens, filled with botanical treats, birds & butterflies, will be featured on this year's tour, PLUS, by popular demand, a special bonus

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— AT THE MOVIES —

'Hot Tub Time Machine' — a waste of time

Review by Michael Black

If the movie title is not enough to scare anyone from buying a ticket, then *Hot Tub Time Machine* might be worth a look. The plot is about four friends who journey to a ski lodge to remember old times and thanks to a malfunctioning hot tub, find themselves magically transported back to 1986.

Adam (John Cusack), Lou (Rob Corddry), Nick (Craig Robinson) and Jacob (Clark Duke) are excited to revisit their old 1980s hangout where they went to escape their torturous daily lives. Once there, they jump into a hot tub, get drunk and accidentally spill liquor on the control panel, shorting it out and transporting them through a worm hole. Instantly back in 1986, they determine

they should repeat exactly what happened to them when they were teenagers so as not to disrupt the timeline and hopefully return to the present.

Cusack, Robinson, and Duke all do a decent job in their roles. Corddry is a dead ringer for his role as a loud-mouth jerk and contributes most of the toilet bowl humor throughout the movie. Chevy Chase is the mysterious hot tub repair man who ends up being the most useless and unfunny character in the movie. He shows up every now and then, rambles about something, then disappears. Crispin Glover is the hotel bell hop, Phil. His role is very small but a pleasant addition to the cast.



Craig Robinson, Clark Duke, Rob Corddry and John Cusack star in *Hot Tub Time Machine*. Photo credit: Rob McEwan / Metro-Goldwyn-Mayer Studios

The film is directed by Steve Pink and written by Josh Heald. The directing was satisfactory but the dialogue was overburdened by too much profanity, especially by Lou, Corddry's character. *Hot Tub*

Time Machine is nothing more than a sci-fi comedy filled with nonstop toilet humor, nudity,

language, and drug use. Compared to other past comedies, this adds nothing new and only

appeals to those who just want to waste their time watching a movie of this genre.

REEL FACTS

Hot Tub Time Machine
Studio: MGM
Gazette Grade: C-
MPAA: "R" for strong crude and sexual content, nudity, drug use and pervasive language.
Who Should Go: John Cusack fans

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— AT THE MOVIES —

'The Bounty Hunter' — falls flat



Jennifer Aniston and Gerard Butler star in *The Bounty Hunter*. Photo credit: Barry Wetcher SMPSP / Columbia Pictures'

Review by Michael Black

Romantic comedies are nothing new, so why would *The Bounty Hunter* try to rehash

this tired old plot? Could it be Gerard Butler? Mention his name around women and most of them sigh, clutch their chest and have a dreamy look in their eyes. Then, of course, they cast

Jennifer Aniston to play the female role. Still, this movie was sunk before it even started.

Milo Boyd (Gerard Butler) is a New York bounty hunter

struggling to make it to his next paycheck. His boss (Jeff Garlin) gives him the best gift any divorced bounty hunter would dream of; a warrant for the arrest of his ex-wife Nicole (Jennifer Aniston). While hauling his ex to prison they are shot at by Mahler (Peter Greene), a tattoo parlor owner who is trying to cover up a murder that Nicole is investigating for her newspaper.

Mixing a romantic comedy with action is risky. *Mr. & Mrs. Smith* is an example of a good action-packed romantic comedy. In *The Bounty Hunter*, a majority of the movie revolves around Nicole trying to get away from Milo in multiple and increasingly boring ways. This joke gets old fast yet is played out through the entire film. The only enjoyable part about the movie is the soundtrack that complements the comedic sequences.

The Bounty Hunter was just not funny and the action sequences, if you call them that,

are dull and unoriginal. The inclusion of Butler and Aniston might have had different results had there been a

decent script to support them. But with lackluster action sequences, and clichéd dialogue, the movie just falls flat.



The Bounty Hunter

Studio: Columbia Pictures

Gazette Grade: D-

MPAA: PG-13 for sexual content including suggestive comments, language and some violence.

Who Should Go: Gerard Butler fans.

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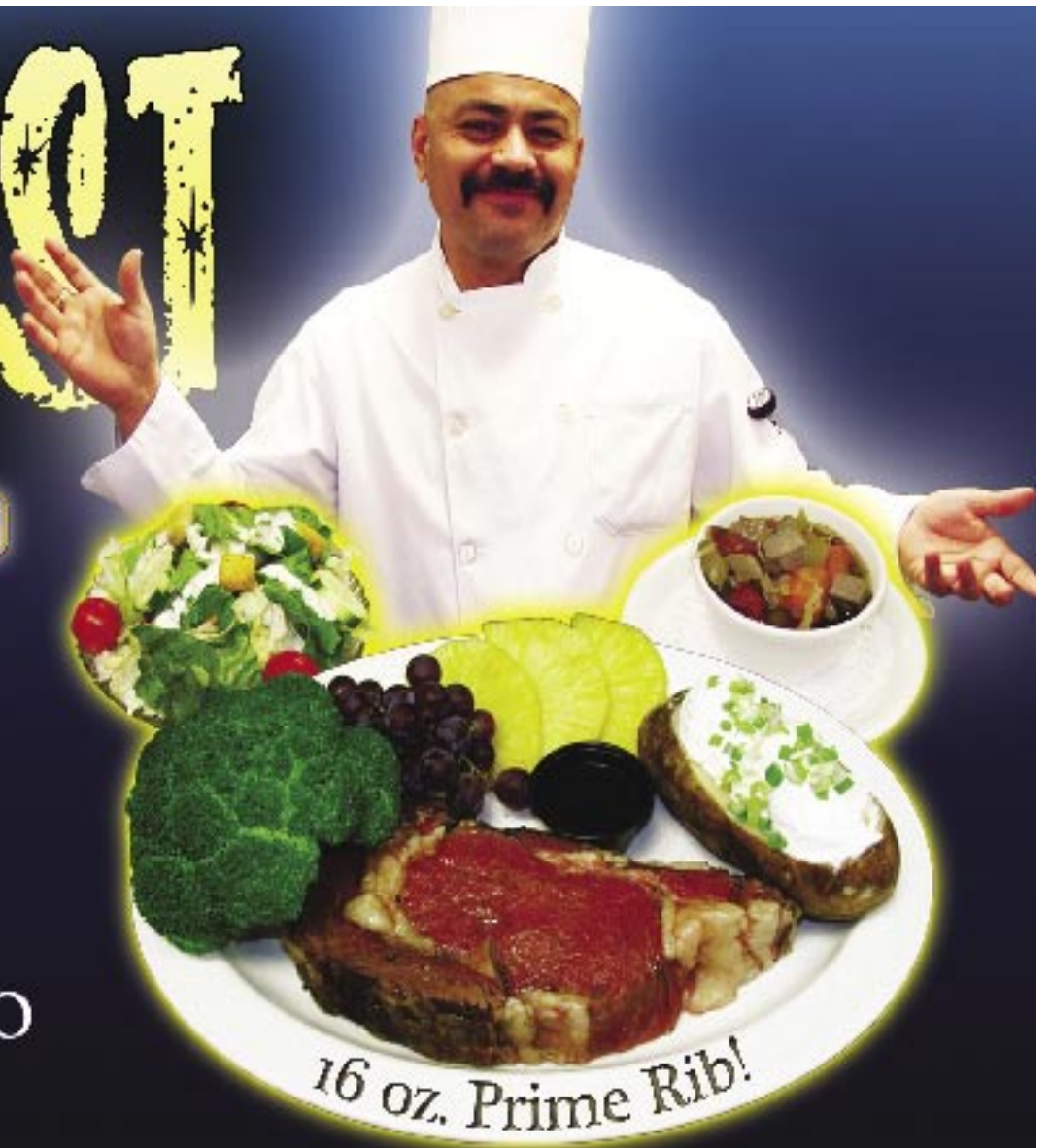
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— THE COMMUNITY AT LARGE —

Miss El Cajon and Miss Rancho San Diego chosen



On Saturday, March 27, the Miss El Cajon and Miss Teen El Cajon Scholarship Pageant was held at the East County Performing Arts Center in El Cajon. The theme of the pageant was "Miss El Cajon Goes Green!" A total of 26 young ladies, ages 14 to 26, competed for the titles of Miss and Miss Teen for El Cajon and Rancho San Diego. Pictured above are: (L-R) Miss El Cajon court Savana Kalfayan, Katrina Adams, Priscilla Fernandez, Miss Rancho San Diego Allison Boettcher, Miss El Cajon Kristen Beat, Miss Teen El Cajon Megan Araujo, Miss Teen Rancho San Diego Morgan Gallo, Miss Teen El Cajon court Mackenzie Manns, Jessica Rodriguez and Amy Endicott. Photo credit: Kathy Foster

Special award winners were: Speech Award Winners - (MISS) Natalie Aguilar and (TEEN) Mackenzie Manns; Essay Award Winners - (MISS) Megan Monaghan and (TEEN) Mackenzie Manns; Miss Photogenic Winners - (MISS) Natalie Aguilar and (TEEN) Amy Endicott; Miss Congeniality winners - (MISS) Stephanie Schauer and (TEEN) Mackenzie Manns; Spotlight Award - (MISS) Stephanie Schauer and (TEEN) Taylor Barber; Special Appreciation Award - Allison Boettcher.



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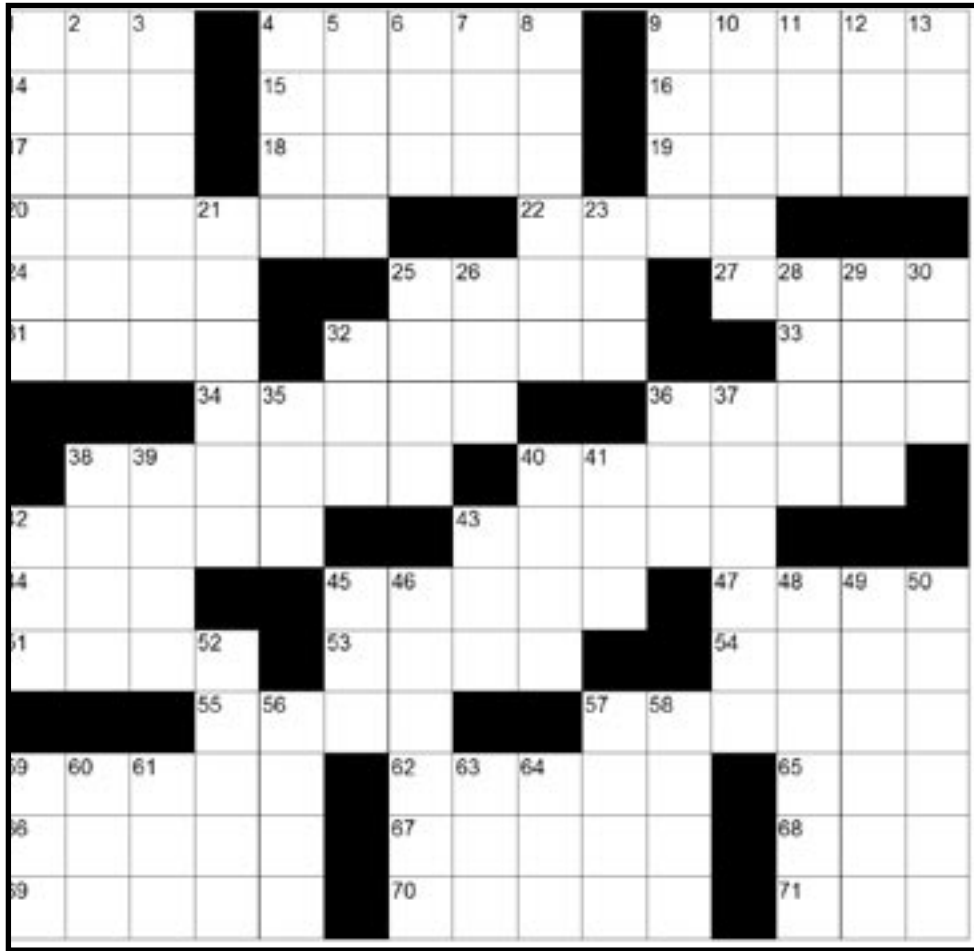
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 - 18 African nation
 - 19 Many times

- 20 Honor
- 22 Have to
- 24 That hurts!
- 25 Pokes
- 27 Christmas
- 31 Eye infection
- 32 Cabs
- 33 Rested
- 34 Sister's daughter
- 36 Doctor
- 38 Parka
- 40 Mermaid's counterpart
- 42 Stone
- 43 Elk-like animal
- 44 Goddess
- 45 Eating utensil
- 47 Shrimp
- 51 Recess
- 53 Pocket stuff
- 54 Planted
- 55 Inlets
- 57 Decrepit
- 59 Military rank
- 62 Stir vigorously
- 65 Sign language
- 66 Isolated
- 67 Went gently
- 68 November (abbr.)
- 69 African nation
- 70 Statistics
- 71 Vane direction
- 26 Wood chopper
- 28 U.S. Department of Agriculture
- 29 Set down
- 30 And so forth
- 32 Drink
- 35 Anger
- 36 Mr.'s wife
- 37 Surface
- 38 A spinning toy (2 wds.)
- 39 Loch __ monster
- 40 Deliberate
- 41 Billion years
- 42 Body of water
- 43 Day of wk.
- 45 Cagy
- 46 Sign of the zodiac
- 48 Polished
- 49 Mr. Mandella
- 50 Xii
- 52 Black
- 56 Realm
- 57 Gall
- 58 Tails
- 59 Bad (prefix)
- 60 Boxer Muhammad
- 61 Chore
- 63 Cap
- 64 United States

Down

- 1 Curly corn chips brand
- 2 National capital
- 3 Stupidness
- 4 __-a-sketch
- 5 Sailors "hey"
- 6 Can metal
- 7 Chick holder
- 8 Parallelograms
- 9 Experts
- 10 Rugged
- 11 Parody
- 12 Take to court
- 13 White-tailed sea eagle
- 21 Acid
- 23 Ship initials
- 25 Lift for car

SOLUTIONS



Recreation bits

Skate Clinics available at Kennedy Skatepark!

Bring your skateboard or roller blades and join us every Wednesday for a fun-filled two-hour skate clinic! We invite all skill levels, from beginner to advanced. Our fabulous instructors focus on providing a safe and fun environment. Two skate park times are offered: 4 to 6 p.m. or 6 to 8 p.m. The cost is only \$8 per session. A series of clinics can be purchased at a discounted price. All participants must bring a helmet, elbow pads, kneepads, and their Kennedy Skatepark I.D. Card to participate. For more information call Kennedy Center at (619) 441-1676.

Save the Date! Recital 2010

The City of El Cajon's Annual Dance and Tumbling Recital for 2010 is scheduled for March 28. This year's theme: Under the Big Top! Mark your calendars for a day of amazing performances by students in our dance and tumbling classes!

Youth Indoor Soccer at Hillside Center

For the first time ever, our very popular Indoor Soccer League is being offered this Spring at Hillside Center! This eight week league will give your young soccer star a fast-paced and fun experience, while giving them the opportunity to make new friends. The Indoor Soccer League is designed for boys and girls ages 4 to 14 years old. Participants will learn teamwork, basic rules, and fundamentals. Participants meet one day a week between the hours of 3 p.m. and 6 p.m. with exact times being determined the 2nd week of the session. League dates are April 5 to May 31. Call Hillside Center for more information at (619) 441-1674. The fee is \$38, the resident discount fee is \$28. Early Bird Registration going on now by logging onto www.elcajonrec.org, or register by mail or fax.

For more information about El Cajon Recreation Department parks, facilities, programs, classes and events call (619) 441-1754 or go online to www.elcajonrec.org

OUTZKIRTS By: David & Doreen Dotson



Moose Lake

By Steve Krueger



When picking snacks, choose wisely.

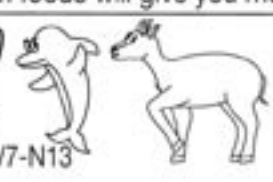
Which foods will give you more nutrition?



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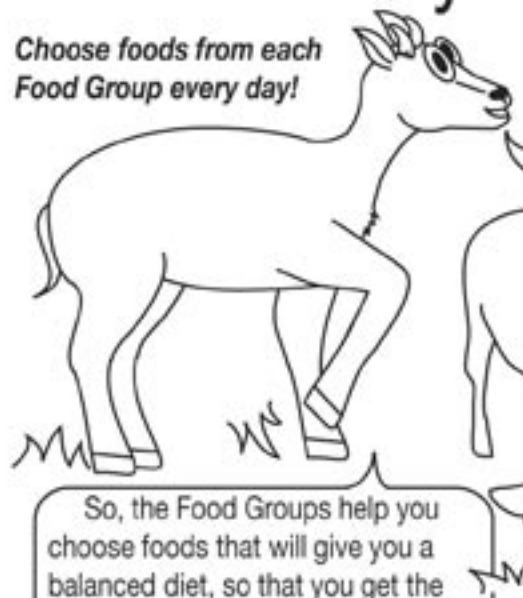
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So, the Food Groups help you choose foods that will give you a balanced diet, so that you get the right amount of each nutrient.

I like the tin can and grass groups!

Grain Group



All of the foods in the **grain group** supply you with **carbohydrates**. Carbohydrates are what give you **energy**.

Study the pictures and fill in the blanks with the name of each food.

_____ c k _____ =

_____ p c _____ =

_____ a r _____ =

_____ e a _____ =

_____ =

_____ =

_____ =

_____ =

★ Bake whole wheat doughnuts at home.

★ Try a "lighter" muffin or cake made with apple sauce instead of oil.

Vegetable Group



1. Broccoli and cabbage are two vegetables that help your body heal. They have vitamin _____.

2. Two vegetables with vitamin A are and .

3. Vitamin A is good for your _____.

Meat and Beans Group

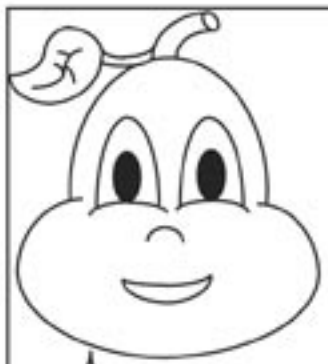
This group of foods has a lot of **protein, iron** and **B vitamins**. These help to **build muscle, blood** and every **cell** in your body. **Unscramble the letters and fill in the blanks with the names of these foods.**

Some peas, like black-eyed peas, are part of this group!



ebans = _____ epas = _____
 ebmrahugr = _____ ggse = _____
 nhikcce = _____ stun = _____
 rphsim = _____ sifh = _____

Fruit Group



Fruits and vegetables are loaded with vitamins **A** and **C**. Vitamin **A** keeps your **skin healthy** and helps you to **see** in dim light. Vitamin **C** **heals** and keeps your **body healthy**.

Study the clues and fill in the puzzle with the names of the fruits.

Pears are a good source of vitamin C and of dietary fiber. You can buy them fresh, in cans, in jars and squeezed into juice too.

2 1 2

3

1 3

4

Milk Group



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LEGAL NOTICES

The East County Gazette is authorized to print official legal notices of all types including: Liens, Fictitious Business Names, Change of Name, Abandonment, Estate Sales, Auctions, Public Offerings, Court ordered publishing, etc. Call the East County Gazette at (619) 444-5774 for rates. The East County Gazette is a legally adjudicated newspaper of General Circulation in the City of El Cajon, State of California, County of San Diego. Legal No. GIE030790

CASE NUMBER GC043915 SUMMONS (CITACION JUDICIAL) NOTICE TO DEFENDANT: (AVISO AL DEMANDADO): DARREN CLANCY, an individual; and DOES 1 through 50, inclusive YOU ARE BEING SUED BY PLAINTIFF: (LO ESTA DEMANDANDO EL DEMANDANTE): CATERPILLAR FINANCIAR SERVICES CORPORATION, a Delaware corporation NOTICE! You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below. You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court. There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. ! AVISO! Lo han demandado. Si no responde dentro de 30 dias, la corte puede decidir en su contra sin escuchar su version. Lea la informacion a continuacion. Tiene 30 DIAS DE CALENDARIO despues de que le entreguen esta citacion y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefonica no le protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. Puede encontrar estos formularios de la corte y mas informacion en el Centro de Ayuda de las Cortes de California (www.courtinfo.ca.gov/selfhelp/espanol/), en la biblioteca de leyes de su condado o en la corte que le concede mas cerca. Si no puede pagar la cuota de presentacion, pida al secretario de la corte que le de un formulario de exencion de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podra quitar su sueldo, dinero y bienes sin mas advertencia. Hay otros requisitos legales. Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remision a abogados. Si no puede pagar a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gra-tuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos grupos sin fines de lucro en el sitio web de California Legal Services, (www.lawhelpcalifornia.org), en el Centro de Ayuda de las Cortes de California, (www.courtinfo.ca.gov/selfhelp/espanol/) o poniendose en contacto con la corte o el colegio de abogados locales. AVISO: Por ley, la corte tiene derecho a reclamar las cuotas y los costos exentos por imponer un gravamen sobre cualquier recuperacion de \$10,000 o mas de valor recibida mediante un acuerdo o una concesion de arbitraje en un caso de derecho civil. Tiene que pagar el gravamen de la corte antes de que la corte pueda desechar el caso. The name and address of the court is: (El nombre y direccion de la corte es): SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES, NORTHEAST DISTRICT (PASADENA COURTHOUSE) 300 East Walnut Street, Pasadena, CA 91101-

1566.The name, address and telephone number of plaintiff's attorney, or plaintiff without an attorney is: (El nombre, la direccion y el numero de telefono del abogado del demandante, o del demandante que no tiene abogado, es): Mark D. Poniatowski, Esq. (#123405) Kimberly F. Leding, Esq. (#233618) LAW OFFIES OF MARK D. PONTIATOWSKI, PROFESSIONAL CORPORATION 2811 Castro Valley Blvd., Suite 208; Castro Valley, CA 94546 Date: (Fecha) October 27, 2009 Clerk (Secretario, John A. Clark Deputy (Adjunto)
East County Gazette GIE030790
April 1, 8, 15, 22, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-007781
FICTITIOUS BUSINESS NAME(S): Still N Motion Memories
Located at: 9750 Domer Rd., Santee, CA 92071
This business is conducted by: An Individual The business has not yet started.
This business is hereby registered by the following: 1. Richard Terry Thomas 9750 Domer Rd., Santee, CA 92071
This statement was filed with Recorder/ County Clerk of San Diego County on March 19, 2010.
East County Gazette- GIE030790
4/01, 4/08, 4/15, 4/22, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-006239
FICTITIOUS BUSINESS NAME(S): Surf and City
Located at: 7084 Friars Rd. #529, San Diego, CA 92108
This business is conducted by: Joint Venture
The business has not yet started.
This business is hereby registered by the following: 1. Chai A. Collins 7084 Friars Rd. #529, San Diego, CA 92108; 2. Sandra Collins 7084 Friars Rd. #529, San Diego, CA 92108
This statement was filed with Recorder/ County Clerk of San Diego County on March 04, 2010.
East County Gazette- GIE030790
4/01, 4/08, 4/15, 4/22, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-007563
FICTITIOUS BUSINESS NAME(S): PG Floors
Located at: 995 Avocado Ave., El Cajon, CA 92020
This business is conducted by: An Individual The business has not yet started.
This business is hereby registered by the following: 1. Peter Gargula 995 Avocado Ave., El Cajon, CA 92020
This statement was filed with Recorder/ County Clerk of San Diego County on March 17, 2010.
East County Gazette- GIE030790
3/25, 4/01, 4/08, 4/15, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-006010
FICTITIOUS BUSINESS NAME(S): Six Degrees Tax Planning
Located at: 2535 Camino Del Rio South #155, San Diego
This business is conducted by: An Individual The first day of business was: January 1, 2010
This business is hereby registered by the following: 1. Jacob R. Lincoln 12387 Springwater Point, San Diego, CA 92128
This statement was filed with Recorder/ County Clerk of San Diego County on March 03, 2010.
East County Gazette- GIE030790
3/25, 4/01, 4/08, 4/15, 2010

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FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-007430
FICTITIOUS BUSINESS NAME(S): Alternative Energy Systems
Located at: 2838 Sage View Dr., Alpine, CA 91901
This business is conducted by: Joint Venture The business has not yet started.
This business is hereby registered by the following: 1. Dennis Pettey 2838 Sage View Dr., Alpine, CA 91901; 2. Douglas Dyar 40335 Winchester Rd., Ste. E557, Temecula, CA 92591; 3. Daniel O'Byrne 13843 Camino Canada #1, El Cajon, CA 92021
This statement was filed with Recorder/ County Clerk of San Diego County on March 16, 2010.
East County Gazette- GIE030790
3/25, 4/01, 4/08, 4/15, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-005721
FICTITIOUS BUSINESS NAME(S): Jock McDuff
Located at: 2556 Azure Coast Drive, La Jolla, CA 92037
This business is conducted by: Husband and Wife
The first day of business was: December 29, 2005
This business is hereby registered by the following: 1. Hugh Constant 2556 Azure Coast Drive, La Jolla, CA 92037; 2. Delia Constant 2556 Azure Coast Drive, La Jolla, CA 92037
This statement was filed with Recorder/ County Clerk of San Diego County on March 01, 2010.
East County Gazette- GIE030790
3/11, 3/18, 3/25, 4/01, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-005473
FICTITIOUS BUSINESS NAME(S): Bridge of Hope
Located at: 3142 Idlewild Way, San Diego, CA 92117
This business is conducted by: An Individual The first day of business was: May 23, 2005
This business is hereby registered by the following: Sheri Briggs 3142 Idlewild Way, San Diego, CA 92117
This statement was filed with Recorder/ County Clerk of San Diego County on February 25, 2010.
East County Gazette- GIE030790
3/11, 3/18, 3/25, 4/01,, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-005923
FICTITIOUS BUSINESS NAME(S): a.) HMA b.) Hughes Marketing and Advertising
Located at: 6960 Hyde Park Dr. #4, San Diego, CA 92119
This business is conducted by: Husband and Wife
The first day of business was: January 30, 2010
This business is hereby registered by the following: 1. Christopher Hughes 6960 Hyde Park Dr. #4, San Diego, CA 92119; 2. Stacy Hughes 6960 Hyde Park Dr. #4, San Diego, CA 92119
This statement was filed with Recorder/ County Clerk of San Diego County on March 02, 2010.
East County Gazette- GIE030790
3/25, 4/01, 4/08, 4/15, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-007469
FICTITIOUS BUSINESS NAME(S): Bankers Hill Bar & Restaurant
Located at: 2202 4th Avenue, San Diego, CA 92101
This business is conducted by: A Limited Liability Company
The business has not yet started.
This business is hereby registered by the following: Market Café & Bar LLC 222 Island Ave., San Diego, CA 92101 California
This statement was filed with Recorder/ County Clerk of San Diego County on March 16, 2010.
East County Gazette- GIE030790
3/25, 4/01, 4/08, 4/15, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-002380
FICTITIOUS BUSINESS NAME(S): KORU Art and Design
Located at: 501 Kristen Crt., Encinitas, CA 92024
This business is conducted by: An Individual The first day of business was: January 18, 2010
This business is hereby registered by the following: Suellen McFerran 501 Kristen Crt., Encinitas, CA 92024
This statement was filed with Recorder/ County Clerk of San Diego County on January 27, 2010.
East County Gazette- GIE030790
3/11, 3/18, 3/25, 4/01, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-003192
FICTITIOUS BUSINESS NAME(S): Pathman Photography
Located at: 9718 Channel Rd., #5, Lakeside, CA 92040
This business is conducted by: Co-Partners
The first day of business was: February 1, 2010
This business is hereby registered by the following: 1. Michael Pathman 9718 Channel Rd., #5, Lakeside, CA 92040; 2. Joseph Godin 299 Wisconsin Ave., Apt. L, El Cajon, CA 92020
This statement was filed with Recorder/ County Clerk of San Diego County on February 03, 2010.
East County Gazette- GIE030790
3/11, 3/18, 3/25, 4/01,, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-007181
FICTITIOUS BUSINESS NAME(S): Native Nations General Contractor
Located at: 36611-04 Hwy 95, Campo, CA 91906
This business is conducted by: A Corporation
The business has not yet started.
This business is hereby registered by the following: J and S General Inc. 36611-04 Hwy 95, Campo, CA 91906
This statement was filed with Recorder/ County Clerk of San Diego County on March 12, 2010.
East County Gazette- GIE030790
3/25, 4/01, 4/08, 4/15, 2010

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
CASE NO.37-2010-00066273-CU-PT-EC
IN THE MATTER OF THE APPLICATION OF: TARREN SHIVE ON BEHALF OF MINOR TAYDEN JANE SHIVE FOR CHANGE OF NAME PETITIONER: TARREN SHIVE ON BEHALF OF MINOR TAYDEN JANE SHIVE HAS FILED FOR AN ORDER TO CHANGE NAME FROM:
TAYDEN JANE SHIVE
TO:
TAYDEN JANE SHIVE DEVERMANN
THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 250 E. MAIN ST., EL CAJON, CA 92020. Department 15, on MAY 03, 2010 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing.
THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON March 12, 2010.
East County Gazette – GIE030790
3/18, 3/25, 4/01, 4/08, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-007563
FICTITIOUS BUSINESS NAME(S): PG Floors
Located at: 995 Avocado Ave., El Cajon, CA 92020
This business is conducted by: An Individual The business has not yet started.
This business is hereby registered by the following: 1. Peter Gargula 995 Avocado Ave., El Cajon, CA 92020
This statement was filed with Recorder/ County Clerk of San Diego County on March 17, 2010.
East County Gazette- GIE030790
3/25, 4/01, 4/08, 4/15, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-007982
FICTITIOUS BUSINESS NAME(S): Fiesta Kreationz
Located at: 1284 Naranca Ave., El Cajon, CA 92021
This business is conducted by: Husband and Wife
The business has not yet started.
This business is hereby registered by the following: 1. Jose A. Bravo 1284 Naranca Ave., El Cajon, CA 92021; 2. Maria I. Mora 1284 Naranca Ave., El Cajon, CA 92021
This statement was filed with Recorder/ County Clerk of San Diego County on March 22, 2010.
East County Gazette- GIE030790
3/25, 4/01, 4/08, 4/15, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-008380
FICTITIOUS BUSINESS NAME(S): Vector Web
Located at: 9640-B Mission Gorge Rd. #323, Santee, CA 92071
This business is conducted by: An Individual
The first day of business was: January 1, 2010
This business is hereby registered by the following: 1. Zachary Quintana 9760 Marilla Dr. #34, Lakeside, CA 92040
This statement was filed with Recorder/County Clerk of San Diego County on March 25, 2010.
East County Gazette- GIE030790
4/01, 4/08, 4/15, 4/22, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-006982
FICTITIOUS BUSINESS NAME(S): Chuck Milligan- Hypnotist
Located at: 9334 Van Andel Way, Santee, CA 92071
This business is conducted by: An Individual
The first day of business was: September 1, 1990
This business is hereby registered by the following: 1. William C. Milligan 9334 Van Andel Way, Santee, CA 92071
This statement was filed with Recorder/ County Clerk of San Diego County on March 11, 2010.
East County Gazette- GIE030790
3/18, 3/25, 4/01, 4/8, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-007785
FICTITIOUS BUSINESS NAME(S): Professional Garage Cleaning
Located at: 3235 Pleasant View Ln., Jamul, CA 91935
This business is conducted by: An Individual
The first day of business was: October 1, 2009
This business is hereby registered by the following: 1. Daniel Rinear 3235 Pleasant View Ln., Jamul, CA 91935
This statement was filed with Recorder/ County Clerk of San Diego County on March 19, 2010.
East County Gazette- GIE030790
3/25, 4/01, 4/08, 4/15, 2010

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LEGAL NOTICES

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME ORIGINAL FILE NO. 2008-037681 FILE NO. 2010-008114

The following person(s) has/have abandoned the use of the fictitious business name: A Hardwood Floor Co. The Fictitious Business Name Statement was filed on December 08, 2008, in the County of San Diego. A Hardwood Floor Co. 12025 Lemon crest Dr., Lakeside, CA 92040 This business was conducted by: 1. Gary L. Hartwig 12025 Lemon crest Dr., Lakeside, CA 92040 THIS STATEMENT WAS FILED WITH THE COUNTY CLERK-RECORDER OF SAN DIEGO COUNTY ON March 23, 2010 East County Gazette GIE 030790 4/01, 4/08, 4/15, 4/22, 2010

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME ORIGINAL FILE NO. 2008-019014 FILE NO. 2010-008848

The following person(s) has/have abandoned the use of the fictitious business name: JEFFCO PERFORMANCE The Fictitious Business Name Statement was filed on June 10, 2008, in the County of San Diego. 1250 Pioneer Way, El Cajon, CA 92020 This business was conducted by: 1. Lisa Mekenas 4605 Pomona Ave., La Mesa, CA 91942 THIS STATEMENT WAS FILED WITH THE COUNTY CLERK-RECORDER OF SAN DIEGO COUNTY ON March 30, 2010 East County Gazette GIE 030790 4/1, 4/08, 4/15, 4/22, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-008449

FICTITIOUS BUSINESS NAME(S): San Diego Mobile Screen Service Located at: 3814 El Canto Dr., Spring Valley, CA 91977 This business is conducted by: An Individual The business has not yet started. This business is hereby registered by the following: 1. Dan Freund 3814 El Canto Dr., Spring Valley, CA 91977 This statement was filed with Recorder/ County Clerk of San Diego County on March 25, 2010. East County Gazette- GIE030790 4/1, 4/08, 4/15, 4/22, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-007852

FICTITIOUS BUSINESS NAME(S): a.) Avenue Cab b.) Avenue Transportation Company c.) Avenue Limousine d.) Avenue Shuttle e.) Avenue Bus f.) Avenue Trucking g.) Avenue Frieght Line h.) Avenue Trolley i.) Avenue Towing j.) Avenue Taxi Located at: 10763 Keith St., Santee, CA 92071 This business is conducted by: An Individual The first day of business was: March 21, 2005 This business is hereby registered by the following: 1. Raymond DiRossi 10763 Keith St., Santee, CA 92071 This statement was filed with Recorder/ County Clerk of San Diego County on March 19, 2010. East County Gazette- GIE030790 4/1, 4/08, 4/15, 4/22, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-008278

FICTITIOUS BUSINESS NAME(S): KTM Construction Located at: 8614 Argent St. #F, Santee, CA 92071 This business is conducted by: A Corporation The first day of business was: January 1, 2004 This business is hereby registered by the following: 1. KTM Coating Technologies Inc. 8614 Argent St. #F, Santee, CA 92071 This statement was filed with Recorder/ County Clerk of San Diego County on March 24, 2010. East County Gazette- GIE030790 4/1, 4/8, 4/15, 4/22, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-008210

FICTITIOUS BUSINESS NAME(S): Paladim Property Investments Located at: 10274 Michala Pl., Santee, CA 92071 This business is conducted by: Husband and Wife The business has not yet started. This business is hereby registered by the following: 1. Kimberly Wenzel 10274 Michala Pl., Santee, CA 92071; 2. Matthew Wenzel 10274 Michala Pl., Santee, CA 92071 This statement was filed with Recorder/ County Clerk of San Diego County on March 24, 2010. East County Gazette- GIE030790 4/1, 4/08, 4/15, 4/22, 2010



NOTICE INVITING SEALED BIDS

TRAFFIC SIGNAL AND STREET LIGHTING SYSTEM MAINTENANCE, EMERGENCY REPAIRS, AND RELATED CONSTRUCTION SERVICES for the Cities of El Cajon, La Mesa, Lemon Grove, Poway, and Santee To Commence July 1, 2010

Engineering Job No. 3326 Bid No. 027-10

BIDS MUST BE RECEIVED BEFORE: 2:00 p.m. on April 29, 2010

BIDS TO BE OPENED AT: 2:00 p.m. on April 29, 2010

PLACE OF RECEIPT OF BIDS: City Hall 1st Floor, Lobby Counter 200 Civic Center Way El Cajon, CA 92020

NOTICE IS HEREBY GIVEN that the City of El Cajon, California will receive sealed bids before the time and date set forth above, for the above project. All bids shall be made on the forms furnished by the City and shall be opened and publicly read aloud at the above stated time and place of bid receipt identified above.

Reference is made to the specifications and detailed drawings for said work, on file in the office of the City Engineer, in accordance with which said work shall be done. A copy of said specifications and the bid forms may be ordered from the City website www.ci-el-cajon.ca.us or obtained at the office of the Purchasing Agent for a fee of \$18.00 (plus \$4.95 postage if mailing is requested). This amount is not refundable.

The plans and specifications show general information only. It shall be the bidder's responsibility to examine the project site(s) in order to determine the exact existing conditions, and the character and extent of the work to be performed. The bidder's omission, or failure to visit the project site(s) and acquaint itself with existing conditions shall in no way relieve the successful bidder from obligations with respect to the Contract. Submission of a bid shall be prima facie evidence of the bidder's compliance with this requirement.

Mandatory Pre-bid Conference. There will be a mandatory pre-bid conference at **2:00 P.M. on Thursday April 15th, 2010**. The pre-bid conference will be held on the 5th floor conference room at El Cajon City Hall, 200 Civic Center Way, El Cajon, CA 92020.

The general prevailing wage rate of per diem wages, as determined by the Director of Industrial Relations, are available from the DIR website at www.dir.ca.gov/DLSR/PWD/index.htm. Any successful bidder who intends to use a craft of classifications not shown on the general prevailing wage determinations may be required to pay the wage rate of the craft or classification most closely related to it as shown in the general determinations effective at the time of the call for bids.

All bids submitted shall be accompanied by a check made payable to the City of El Cajon, and certified by a responsible bank, in an amount which shall not be less than 10% of the amount of the bid, or by a surety bond for said amount and so payable, executed by a surety company authorized to do business in the State of California, and satisfactory to said City.

A Performance Bond and Labor and Material Bond, each in an amount equal to 100% of the contract price, shall be executed by the successful bidder within ten days after the Notice of Award of Contract has been mailed. Securities or bank or savings and loan certificates of deposit may be substituted for any moneys withheld to ensure performance of the contract, pursuant to Section 22300 of the California Public Contract Code.

The Contractor shall, upon award of a bid, provide the City with an executed non-collusion affidavit, and with such an affidavit executed by

any subcontractor of subcontractors.

Bids shall be delivered to the Purchasing Agent at the 1st floor, Lobby Counter of City Hall, 200 Civic Center Way, El Cajon, California 92020. At the time fixed for receiving bids, all bids will be publicly opened, examined and declared. The results of the bidding and the calculations of the bids will be reported to the City Council at a meeting subsequent to the date above set for the opening of bids.

The City Council reserves the right to reject any and all bids if it considers it necessary to do so for the public good, and it may reject the bid of any bidder who has been delinquent or unfaithful in any former contract with the City.

NOTE: No bid will be accepted from a Contractor who has not been licensed in accordance with the provisions of Division 3, Chapter 9, Section 7000 et. seq., of the Business and Professions Code.

/s/ Dede Porter
Purchasing Agent
East County Gazette- GIE030790 03/25, 4/01/10

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-006818

FICTITIOUS BUSINESS NAME(S): Rosario's Family Child Care Located at: 432 Millar Ave., El Cajon, CA 92020 This business is conducted by: An Individual The first day of business was: June 1, 2004 This business is hereby registered by the following: Rosario Montano 432 Millar Ave., El Cajon, CA 92020 This statement was filed with Recorder/ County Clerk of San Diego County on March 10, 2010. East County Gazette- GIE030790 3/18, 3/25, 4/01, 4/8, 2010

NOTICE OF PETITION TO ADMINISTER ESTATE OF JOSEPH ANTHONY MORTON CASE NUMBER: 37-2010-00150901-PR-LA-CTL To all heirs, beneficiaries, creditors, contingent creditors, and persons who may be otherwise interested in the will or estate, or both of JOSEPH ANTHONY MORTON. A PETITION FOR PROBATE has been filed by DANIELLE A. MUDGE in the Superior Court of California, County of San Diego. THE PETITION FOR PROBATE requests that DANIELLE A. MUDGE be appointed as personal representative to administer the estate of the decedent. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A HEARING ON THE PETITION WILL BE HELD IN THIS COURT AS FOLLOWS: APRIL 22, 2010 AT 9:00 A.M. IN DEPT. PC-1 LOCATED AT 1409 FOURTH AVE., SAN DIEGO, CA 92101 MADGE BRADLEY. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in Probate Code section 9100. The time for filing claims will not expire before four months from the hearing date noticed above. YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. Attorney for Petitioner: SCOTT C. SOADY, ESQ. 16466 BERNARDO CENTER DRIVE, STE. 260, SAN DIEGO, CA 92128 (858) 618-5510 EAST COUNTY GAZETTE -GIE030790 March 25, April 1, 8, 2010



NOTICE OF PUBLIC HEARINGS

NOTICE IS HEREBY GIVEN that at 7:00 p.m., Tuesday, April 13, 2010 the El Cajon City Council will hold public hearings in the City Council Chambers, 200 Civic Center Way, El Cajon, CA, to consider the following:

AMENDMENT OF SPECIFIC PLAN NO. 106, as submitted by Eddie Hamana, requesting to convert existing retail/office space into 10 age-restricted (senior) apartments. The subject property is located on the west side of North Mollison Avenue between Interstate 8 and East Madison Avenue.

On March 8, 2010, the Planning Commission adopted Resolution No. 10606, recommending City Council approval of Amendment of Specific Plan No. 106. If you have any questions or wish any additional information about the project, please contact **NOAH ALVEY** at (619) 441-1773 or via email at nalvey@ci-el-cajon.ca.us and reference "AM SP 106" in the Subject line.

SPECIFIC PLAN NO. 519, as submitted by Gabriel F. Marrujo, for interconnecting access between structures on adjacent properties in lieu of a lot consolidation. The subject properties are located on the north side of East Main Street between North Magnolia Avenue and Sulzfeld Way and are addressed 176 and 182 East Main Street.

On March 8, 2010, the Planning Commission adopted Resolution No. 10607, recommending City Council approval of Specific Plan No. 519. If you have any questions or wish any additional information about the project, please contact **BARBARA RAMIREZ** at (619) 441-1771 or via email at barbarar@ci-el-cajon.ca.us and reference "SP 519" in the Subject line.

PROPOSED STREET NAME CHANGE - JIMMIE JOHNSON AVENUE, as initiated by the City, proposing to change the street name of that portion of North Johnson Avenue between Arnel Avenue and Fletcher Parkway to Jimmie Johnson Avenue.

On March 22, 2010, the Planning Commission adopted Resolution No. 10604, recommending to the City Council that the street name not be changed to Jimmie Johnson Avenue. If you have any questions or wish any additional information about the project, please contact **BARBARA RAMIREZ** at (619) 441-1771 or via email at barbarar@ci-el-cajon.ca.us and reference "Street Name Change" in the Subject line.

The public is invited to attend and participate in these public hearings. If you challenge these matters in court, you may be limited to raising only those issues you or someone else raised at the public hearings described in this notice or in written correspondence delivered to the City Clerk at, or prior to, the public hearing.

The City of El Cajon encourages the participation of disabled individuals in the services, activities, and programs provided by the City. Individuals with disabilities who require reasonable accommodation in order to participate in the City Council meetings should contact the City Clerk's Office at (619) 441-1763.

East County Gazette- GIE030790 04/01/10

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-004578

FICTITIOUS BUSINESS NAME(S): T K Investments Located at: 14514 Kennebunk St., Poway, CA 92064 This business is conducted by: A General Partnership The business has not yet started. This business is hereby registered by the following: 1. Timothy A. Goolsby 14514 Kennebunk St., Poway, CA 92064; 2. Kathleen M. Goolsby 993 Neighborly Lane, Ramona, CA 92065 This statement was filed with Recorder/ County Clerk of San Diego County on February 18, 2010. East County Gazette- GIE030790 3/18, 3/25, 4/01, 4/08, 2010

CASE NUMBER 37-2009-00071357-CL-OR-EC SUMMONS (CITACION JUDICIAL) NOTICE TO DEFENDANT: (AVISO AL DEMANDADO): TIMOTHY JAMES AND LOUISE JAMES; AND DOES 1 THROUGH 10, INCLUSIVE YOU ARE BEING SUED BY PLAINTIFF: (LO ESTA DEMANDANDO EL DEMANDANTE): TALON'S REACH COMMUNITY ASSOCIATION. NOTICE! You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below. You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court. There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. ! AVISO! Lo han demandado. Si no responde dentro de 30 días, la corte puede decidir en su contra sin escuchar su version. Lea la informacion a continuacion. Tiene 30 DIAS DE CALENDARIO despues de que le entreguen esta citacion y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefonica no le protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. Puede encontrar estos formularios de la corte y mas informacion en el Centro de Ayuda de las Cortes de California (www.courtinfo.ca.gov/selfhelp/espanol/), en la biblioteca de leyes de su condado o en la corte que le quede mas cerca. Si no puede pagar la cuota de presentacion, pida al secretario de la corte que le de un formulario de exencion de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podra quitar su sueldo, dinero y bienes sin mas advertencia. Hay otros requisitos legales. Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remision a abogados. Si no puede pagar a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gra-tuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos grupos sin fines de lucro en el sitio web de California Legal Services, (www.lawhelpcalifornia.org), en el Centro de Ayuda de las Cortes de California, (www.courtinfo.ca.gov/selfhelp/espanol/) o poniendose en contacto con la corte o el colegio de abogados locales. AVISO: Por ley, la corte tiene derecho a reclamar las cuotas y los costos exentos por imponer un gravamen sobre cualquier recuperacion de \$10,000 o mas de valor recibida mediante un acuerdo o una concesion de arbitraje en un caso de derecho civil. Tiene que pagar el gravamen de la corte antes de que la corte pueda desear el caso. The name and address of the court is: (El nombre y direccion de la corte es): SUPERIOR COURT OF CALIFORNIA, COUNTY OF SAN DIEGO, East County Regional center 250 Main street, El Cajon, CA 92020. The name, address and telephone number of plaintiff's attorney, or plaintiff without an attorney is: (El nombre, la direccion y el numero de telefono del abogado del demandante, o del demandante que no tiene abogado, es): Craig L. Combs (Bar # 229438) Wasserman Kornheiser, LLP, 7955 Raytheon Rd., San Diego, CA 92111. (858) 505-9500 Date: (Fecha) Dec. 15, 2009 Clerk (Secretario, H. An Deputy (Adjunto) East County Gazette GIE030790 March 25, April 1, 8, 15, 2010

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LEGAL NOTICES

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

CASE NO.37-2010-00066329-CU-PT-EC IN THE MATTER OF THE APPLICATION OF: MARIA CONTRERAS AND JUAN D. FALCON ON BEHALF OF MINOR JUAN DAVID RAMIREZ FOR CHANGE OF NAME PETITIONER: MARIA CONTRERAS AND JUAN D. FALCON ON BEHALF OF MINOR JUAN DAVID RAMIREZ HAVE FILED FOR AN ORDER TO CHANGE NAME FROM:

JUAN DAVID RAMIREZ TO: JUAN DAVID FALCON THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 250 E. MAIN ST., EL CAJON, CA 92020. Department 14, on MAY 05, 2010 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing. THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON MARCH 15, 2010.

East County Gazette - GIE030790 3/25, 4/01, 4/08, 4/15, 2010

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

CASE NO.37-2010-00066318-CU-PT-EC IN THE MATTER OF THE APPLICATION OF: MARIA REFUGIO FLORES AND MARCO ANTONIO REAL ON BEHALF OF MINOR CAROLINA RENEE REAL FOR CHANGE OF NAME PETITIONER: MARIA REFUGIO FLORES AND MARCO ANTONIO REAL ON BEHALF OF MINOR CAROLINA RENEE REAL HAS FILED FOR AN ORDER TO CHANGE NAME FROM:

CAROLINA RENEE REAL TO: CAROLINA LETICIA REAL THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 250 EAST MAIN ST., EL CAJON, CA 92020. Department 14, on MAY 26, 2010 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing. THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON MARCH 30, 2010.

East County Gazette - GIE030790 4/1, 4/08, 4/15, 4/22, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-008849

FICTITIOUS BUSINESS NAME(S): JEFFCO Performance Located at: 11973 Woodside Ave., Lakeside, CA 92040 This business is conducted by: An Individual The first day of business was: March 30, 2010

This business is hereby registered by the following: 1. Shawn D. Wall 8938 Creekrford Dr., Lakeside, CA 92040 This statement was filed with Recorder/ County Clerk of San Diego County on March 30, 2010.

East County Gazette- GIE030790 4/01, 4/08, 4/15, 4/22, 2010

TO PLACE YOUR LEGAL AD CALL (619) 444-5774

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

CASE NO.37-2010-00066487-CU-PT-EC IN THE MATTER OF THE APPLICATION OF: DENNIS ROBINSON ON BEHALF OF NICHOLAS ADAM MARQUEZ, a minor FOR CHANGE OF NAME PETITIONER: DENNIS ROBINSON ON BEHALF OF NICHOLAS ADAM MARQUEZ, a minor HAS FILED FOR AN ORDER TO CHANGE NAME FROM:

NICHOLAS ADAM MARQUEZ TO: NICHOLAS ADAM ROBINSON THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 250 E. MAIN ST., EL CAJON, CA 92020. Department 14, on MAY 12, 2010 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing. THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON MARCH 19, 2010.

East County Gazette - GIE030790 3/25, 4/01, 4/08, 4/15, 2009

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

CASE NO.37-2010-00065847-CU-PT-EC IN THE MATTER OF THE APPLICATION OF: SONIA MARIE SAWYER FOR CHANGE OF NAME PETITIONER: SONIAMARIE SAWYER HAS FILED FOR AN ORDER TO CHANGE NAME FROM:

SONIA MARIE SAWYER TO: SONIA MARIE SWAN THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, EAST COUNTY DIVISION 250 E. MAIN ST., EL CAJON, CA 92020. Department 15, on MAY 17, 2010 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing. THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON MARCH 24, 2010.

East County Gazette - GIE030790 4/1, 4/08, 4/15, 4/22, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-006659

FICTITIOUS BUSINESS NAME(S): Discount Signs & Banners Located at: 11155 Oak Creek Dr., Lakeside, CA 92040 This business is conducted by: An Individual The first day of business was: April 1, 2000 This business is hereby registered by the following: Melissa Anders 11155 Oak Creek Dr., Lakeside, CA 92040 This statement was filed with Recorder/ County Clerk of San Diego County on March 09, 2010.

East County Gazette- GIE030790 3/18, 3/25, 4/01, 4/08, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-005811

FICTITIOUS BUSINESS NAME(S): Super 99 Plus Located at: 1235-1237 E. Main St., El Cajon, CA 92021 This business is conducted by: A General Partnership The business has not yet started. This business is hereby registered by the following: 1. Waseel Y. Chenavo 435 E. Renette Ave., El Cajon, CA 92020; 2. Luma Gorges 441 E. Renette Ave., El Cajon, CA 92020 This statement was filed with Recorder/ County Clerk of San Diego County on March 2, 2010.

East County Gazette- GIE030790 3/11, 3/18, 3/25, 4/01, 2010

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

CASE NO.37-2010-00075365-CU-PT-SC IN THE MATTER OF THE APPLICATION OF: WILLIAM M. YATES JR. AND LISA R. YATES ON BEHALF OF WILLIAM KOLBY NISBET FOR CHANGE OF NAME PETITIONER: WILLIAM M. YATES JR. AND LISA R. YATES ON BEHALF OF WILLIAM KOLBY NISBET HAVE FILED FOR AN ORDER TO CHANGE NAME FROM:

WILLIAM KOLBY NISBET TO: WILLIAM KOLBY YATES THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 500 3RD Ave., Chula Vista, CA 91910. Department 4, on APRIL 08, 2010 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks prior to the day of the hearing. THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON FEBRUARY 22, 2010.

East County Gazette - GIE030790 3/11, 3/18, 3/25, 4/1, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-006315

FICTITIOUS BUSINESS NAME(S): Elaine's Thoroughbred Art Located at: 9706 Prospect Ave., Lakeside, CA 92040 This business is conducted by: An Individual The first day of business was: January 1, 2010 This business is hereby registered by the following: 1. Elaine Tillery 9706 Prospect Ave., Lakeside, CA 92040 This statement was filed with Recorder/ County Clerk of San Diego County on March 05, 2010.

East County Gazette- GIE030790 3/11, 3/18, 3/25, 4/01, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-006223

FICTITIOUS BUSINESS NAME(S): Custom Road Located at: 9424 Jamacha Blvd., Spring Valley, CA 91977 This business is conducted by: An Individual The first day of business was: December 1, 1982 This business is hereby registered by the following: 1. Isaac Brambila 2111 Delltop Lane, Spring Valley, CA 91977 This statement was filed with Recorder/ County Clerk of San Diego County on March 04, 2010.

East County Gazette- GIE030790 3/18, 3/25, 4/01, 4/8, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-005809

FICTITIOUS BUSINESS NAME(S): Total Thermal Imaging Located at: 8341 La Mesa Blvd., La Mesa, CA 91942 This business is conducted by: An Individual The business has not yet started. This business is hereby registered by the following: 1. Theresa Williams 61 Via Sovana, SanTEE, CA 92071 This statement was filed with Recorder/ County Clerk of San Diego County on March 2, 2010.

East County Gazette- GIE030790 3/11, 3/18, 3/25, 4/01, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-007944

FICTITIOUS BUSINESS NAME(S): AL-Kawthar Located at: 1174 Broadway, El Cajon, CA 92021 This business is conducted by: An Individual The business has not yet started. This business is hereby registered by the following: 1. Hakima AL-Krabat 12351 Wade Way, El Cajon, CA 92021 This statement was filed with Recorder/ County Clerk of San Diego County on March 22, 2010.

East County Gazette- GIE030790 4/01, 4/08, 4/15, 4/22, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-007082

FICTITIOUS BUSINESS NAME(S): Gamroobe Studios Located at: 8942 Creekrford Dr., Lakeside, CA 92040 This business is conducted by: An Individual The business has not yet started. This business is hereby registered by the following: 1. Jacob Bordieri 8942 Creekrford Dr., Lakeside, CA 92040 This statement was filed with Recorder/ County Clerk of San Diego County on March 12, 2010.

East County Gazette- GIE030790 3/18, 3/25, 4/01, 4/8, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-006749

FICTITIOUS BUSINESS NAME(S): Tow For Less #1 Located at: 10194 Oak Grove Dr., Descanso, CA 91916 This business is conducted by: An Individual The business has not yet started. This business is hereby registered by the following: Mark Stojanowski 10194 Oak Grove Dr., Descanso, CA 91916 This statement was filed with Recorder/ County Clerk of San Diego County on March 09, 2010.

East County Gazette- GIE030790 3/18, 3/25, 4/01, 4/8, 2010

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME ORIGINAL FILE NO. 2009-033937-01 FILE NO. 2010-005807

The following person(s) has/have abandoned the use of the fictitious business name: Spectrum Thermal Imaging The Fictitious Business Name Statement was filed on December 4, 2009, in the County of San Diego. Spectrum Thermal Imaging 8341 La Mesa Blvd., La Mesa, CA 91941 This business was conducted by: 1. King-Theresa 5909 Ventana Dr., Las Vegas, NV 89130 THIS STATEMENT WAS FILED WITH THE COUNTY CLERK-RECORDER OF SAN DIEGO COUNTY ON March 2, 2010

East County Gazette GIE 030790 3/11, 3/18, 3/25, 4/01, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-008505

FICTITIOUS BUSINESS NAME(S): a.) FURRever Friends b.) Kids Care Anywhere c.) Get Moving! Located at: 1960 Siesta Calle, El Cajon, CA 92019 This business is conducted by: A Corporation The business has not yet started. This business is hereby registered by the following: 1. Cove Family Services Inc. 1960 Siesta Calle, El Cajon, CA 92019 This statement was filed with Recorder/ County Clerk of San Diego County on March 25, 2010.

East County Gazette- GIE030790 4/01, 4/08, 4/15, 4/22, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-008085

FICTITIOUS BUSINESS NAME(S): Inner Healing Force Located at: 4356 Resmar Rd., La Mesa, CA 91941 This business is conducted by: An Individual The business has not yet started. This business is hereby registered by the following: 1. Dragan Gjuric 4356 Resmar Rd., La Mesa, CA 91941 This statement was filed with Recorder/ County Clerk of San Diego County on March 23, 2010.

East County Gazette- GIE030790 4/1, 4/08, 4/15, 4/22, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-005767

FICTITIOUS BUSINESS NAME(S): CRCSL Located at: 565 W. Chase Ave. #7, El Cajon, CA 92020 This business is conducted by: An Individual The first day of business was: March 1, 2010 This business is hereby registered by the following: 1. Charles Franklin Long 565 W. Chase Ave. #7, El Cajon, CA 92020 This statement was filed with Recorder/ County Clerk of San Diego County on March 01, 2010.

East County Gazette- GIE030790 3/11, 3/18, 3/25, 4/01, 2010

Dear Dr. Luauna



Easter is here and every year it's the same routine, we go out and buy new clothes for church. I have to be honest, we usually go to church only for the holidays. We color eggs and buy baskets filled with candy. After church everyone comes over for a barbeque and by the evening, they leave drunk. This does not seem right, is this what Easter is all about?

Signed, Searching for Meaning

Dear Searching for Meaning,

Thank you for your honesty! Many people follow your tradition, new clothes, egg hunts, Easter Bunny, etc. to celebrate Easter. Easter means so much more, it is a celebration of the death and resurrection of Jesus Christ. Jesus came as the Lamb of God to take away the sins of the world. God the Father, sent His only Son to suffer and die on the cross, then three days later, He rose from the dead. The shedding of His blood is for our forgiveness (Isaiah 1:18), the stripes upon His back are for our healing (Isaiah 53:5) and His resurrection from the dead is for us to have eternal life with Him in Heaven (1 Corinthians 15:54-55).

The Easter bunny and all the meaningless human traditions are a trick of the enemy, the Devil to take attention away from the true meaning of Easter. Yet, these traditions are only a counterfeit and they have the same effect, leaving only a feeling of emptiness and regret.

If you will receive Jesus as your Lord and Savior, this Easter will mean so much more to you, repeat this prayer with all your heart: "Dear Jesus, I believe you died on the cross for my sins, I believe you rose again on the third day. Please forgive me of my wrongs, I surrender my life to you and receive you as my Lord and Savior. Help me to live for you with all my heart, mind and soul. In Jesus Name, Amen." Now come to church every Sunday morning and the power of God will change your life forever!

Have you visited our website?

Do you have questions about Christianity? Are you struggling? Need answers for your life? Email me: Drluauna@atouchfromabove.org Follow me on facebook: DrLuauna Stines

Send: questions@drluauna.com www.atouchfromabove.org

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A Touch From Above -Prayer Mountain

16145 Hwy 67, Ramona, CA 92065 Tuesdays 7:00 p.m. Men Only -Peter H. Zindler Wednesdays 7:00 p.m. Fridays 7:00 p.m.

Dr. Luauna's Television Program

San Diego County, Cox Cable Channel 18 & 23 Tuesdays at 9 p.m. Channel 19 Time Warner, Wednesday at 5 p.m.

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Dog is ball crazy ... ask a trainer

by Nan Arthur,
CDBC, CPDT, KPACTP

Dear Trainer,
My 2-year-old lab is driving me crazy with his ball. I know he is supposed to retrieve, but we can't sit anywhere without him dropping the ball in our laps. This includes the bathroom. I don't mind playing ball with my dog, but not day and night. He also brings the ball to our guests and it's downright embarrassing when he drops a slimy, muddy ball in the lap of someone in nice clothes. People have told us that we need to give our dog something else to do, but we haven't found anything that will keep his interest. Can you help us teach our dog to channel his ball craziness to something else?

Signed,
Crazed by Ball Dog

Dear Crazed,

Ball crazy dogs are fun, to a point, but when the love of the ball interferes with life and becomes obsessive it's time to change the way you interact with your dog and his ball.

The first thing to do is to look at your dog's diet. If your dog is eating a dog food with lots of rice and grains, you may be adding to the problem by "ramping" him up with all the carbohydrates. Dogs don't actually need carbs, so look for a diet that is void of grains, soy, corn and wheat to try and slow him down from the inside.

Next, take a different approach to the ball playing. Pushy dogs that demand to be played with all the time are living in a much stressed state of mind; often because they don't ever relax and recuperate their bodies. When your dog only cares about playing ball and little else, your dog's brain is in overload and this keeps your dog in a heightened chemical state, so it would be wise to begin an intervention program to get your dog off all those chemicals and learn to relax more.

Simple beginnings

Pick up all the balls so your dog doesn't have access to them all the time. For any behavior modification program to work, you must first prevent the undesired behavior from happening. You will be using ball playing as a reward for desired behaviors, and you will be teaching your dog that you have control of the things he wants most so it's in his benefit to cooperate with you.

Make sure your dog is up to speed with a few simple behaviors such as sit and down (more if you have time). If your dog is unable to do these things, it's time to train them. Either attend a positive reinforcement class, or teach them on your own. Attending a class can have many side benefits such as socialization to other people and dogs, it is great mental exercise and your dog gets to do something fun that is not related to the ball.

Once you have a couple of good manners behavior you will then begin using the ball as the reward. Go to the yard with the ball (try not to get him all excited about the ball as you want a dog that can think, not over the top with excitement) and ask your dog to sit. As soon as he does, mark the behavior with a clicker or a marker word such as, "Yes," and throw the ball for him. Do this for 4-5 tosses of the ball.

Raise the bar

Once your dog understands that sitting will make you throw the ball, ask for more. The next time, ask for a sit and then a down. If you find that is difficult for your dog, say all done, turn your back to him for a moment and then come back and try it again. As soon as he does the combination behaviors, mark it and toss the ball. Continue down this path until you do about 10 or so at this level.

Now get even more. Have your dog do a down and then a sit and then a down before you throw the ball, working up to 10-20 seconds of training between ball throwing. Throw in other behaviors if he knows them. I recommend lots of tricks with ball-crazy dogs as this gets them thinking about what you are asking them to do with their body rather than fixating on the ball. You should also, at this point use some food rewards for some of the behaviors so the reward is different all the time and

your dog is not so anxious about wanting for the ball. Be sure to use really high value rewards like cooked chicken or small pieces of hot dogs since the ball already has such an importance to him.

Plan on doing this exercise about 5 minutes, and twice a day. The reason for the short sessions is that you want to stop before your dog gets too exhausted, which can lead to physical stress, and more stress leads many to dogs wanting to play ball more as a means of relieving that stress.

Other considerations

Plan on taking your dog for a couple of quiet walks a day to make up for some of his physical needs. Dogs don't need to run for hours to get the benefits of exercise. Like us, they can do well with 15-30 minute walks a couple of times per day. This also has another


component, which is the senses (smell, sight, sound, touch) are all stimulated by getting out and about, and your dog won't have to rely on the ball for all of the stimulation young Labradors need.

Reward calmness to encourage more calmness. If you see your dog kicking back, walk over and drop a treat at his feet. Don't hand him the treat however, as that says to the dog that you want to do something with him, and you are trying to promote calm-

ness. Also, address your dog's mental needs in other ways with training, chewing on raw bones, bully sticks or stuffed Kongs.™ Giving your dog other things to put his energy into will help him live without the ball.

If you keep this up, it won't take long for your dog to become entrenched in more acceptable activities.

Good luck,
Nan Arthur
CDBC, CPDT, KPACTP



El Cajon Animal Shelter
1275 N. Marshall Ave.,
El Cajon, CA 92020
Phone: (619)441-1580

The shelter is open to the public from 10 AM to 5:30 PM, Tuesday through Saturday and from 1pm-2pm for lunch. The shelter is closed Sunday and Monday. The El Cajon Animal Shelter is not a part of the San Diego County Animal Services.

ADOPT-A-PET



Sweet Roxy is a 4-yr old Pointer mix who weighs 70 pounds. She has good leash manners, loves walks, and enjoys making new friends. Give her a good backrub and she'll give you unconditional love. Roxy is available for adoption through FOCAS (Friends of County Animal Shelters www.focas-sandiego.org). Her \$69 adoption fee includes license, vaccinations, microchip, and spay. For more information call (858) 205-9974.

Raisin is a brown and white 1-year-old Rex female. She has an adventurous spirit is looking for a home that will let her explore, exercise, and time to appreciate the love of a family. Her beauty is undeniable and Raisin would love a place that will enjoy her beauty, as well as her independent nature. Her new family can look forward to teaching her bunny tricks, companionship, and love. She has been spoiled by the volunteers and will do anything for a bunny cookie. Her adoption fee is \$50 and includes her spay, current vaccinations, free vet exam, and microchipping! Raisin is available for adoption at the North Campus of the San Diego Humane Society: SAN DIEGO HUMANE SOCIETY AND SPCA NORTH CAMPUS, 2905 San Luis Rey Rd., Oceanside, CA 92058 (760) 757-4357 www.sdhumane.org. Adoption Hours: Open daily 10 a.m. - 5 p.m.



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