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MARCH 11-17, 2010



#### Change the clocks on Sunday

Sunday, March 14 starts Daylight Saving Time. Moving clocks ahead one hour before going to sleep Saturday night. Also a good time to remember to change the batteries in the smoke alarms!

## What's new in theatres?

Read about 'Alice in Wonderland,' by Diana Saenger on page 12



## First LEED certified building in El Cajon

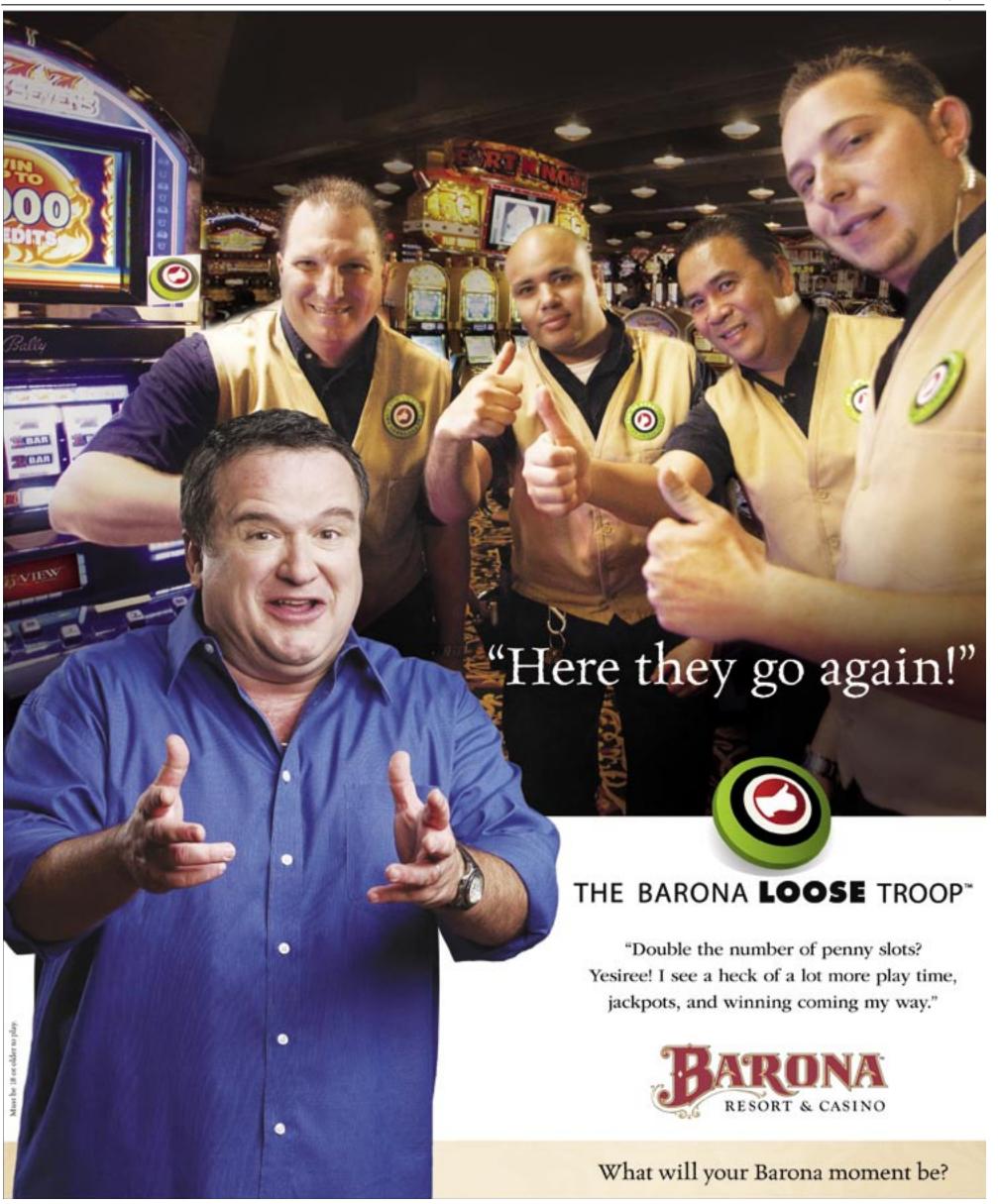


Toyota of El Cajon became the first Leadership in Energy and Environmental Design (LEED) certified building in El Cajon! The LEED Green Building Rating System provides standards to measure environmentally friendly building practices during construction. Pictured above is the Toyota of El Cajon showroon during their grand opening ceremonies. See story page 4. Photo by Monica Zech









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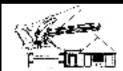
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### SHOP EAST COUNTY

## Local News & Events

## Toyota of El Cajon celebrates 20 years with a new 'Green' facility

by Monica Zech City of El Cajon Public Information Officer

n February 24, Toyota of El Cajon held their official Grand Opening of their new facility located at Arnele and Marshall Avenues in the City of El Cajon. Highlights of this spectacular new facility include: a beautiful showroom, comfortable seating areas, a fun children's play center, an Internet café, a food café, an indoor service entrance, and an increased number of service bays – all built using

the energy-saving methods in "going green".

Greg Kaminsky gave special praise to El Cajon City staff for making the process of obtaining building permits and inspections involved in the construction go smoothly, and spoke of how proud they are to have their dealership in El Cajon for the past 20 years. A Proclamation was read by El Cajon Councilmember Bill Wells applauding Toyota of El Cajon's success and their ongoing contributions to the City of El Cajon and to the environment. As he congratulated the

Kaminsky Family he wished them continued success.

Parents, Bob and Kim Kaminsky, founded Toyota of El Cajon in 1990; 10 years later they passed on the business to their sons, Gary and Greg. From the start, the business was built with family values in mind; integrity, honor and an honest respect for guest satisfaction and civic responsibility.

Toyota of El Cajon became the first LEED certified building in El Cajon! The Leadership in Energy and Environmental Design (LEED) Green Building Rating System provides standards to measure environmentally friendly building practices during construction.

A few of the environmen-

tal and cost-saving benefits utilized in the construction of the new dealership includes: Energy usage – due to the north facing building exposure, the facility maximizes natural daylight but minimizes heat gain through solar infiltration; Recycled construction debris - 93 percent of the construction waste was recycled keeping 2,270,000 pounds of waste out of a landfill; Water use savings include installation of a water reclamation system used for their car wash and landscape irrigation, thus allowing the car wash to reduce water consumption from an average of 20 gallons per wash to six, this water is then reused for landscape irrigation of drought tolerant plants, which require less water; through low water fixtures, the building conserves 43 percent more water than a standard building; and sustainable forestry practices in which 19 percent of wood used on



(L to R) Councilmember Bill Wells, Greg Kaminsky with proclamation and brother Gary Kaminsky. Photo credit: Monica Zech

the project came from certified forests.

As a result of their high standards in doing business, Toyota of El Cajon has received numerous awards from Toyota acknowledging their achievements in Sales, Service and Guest Satisfaction, including the prestigious President's Award in 2009. Toyota of El Cajon has twice been the recipient of the Better Busi-

ness Bureau Torch Award for Marketplace Ethics. Taking pride in community, Toyota of El Cajon has actively supported numerous charities and organizations.

Stop by Toyota of El Cajon and see just how easy, cost-effective and healthy it is to go green, while dispelling the myth that an environmentally conscious lifestyle means doing without



Toyota of El Cajon's huge enclosed mechanic bays. Photo credit: Monica Zech



#### — LOCAL NEWS & EVENTS —

## El Cajon highlights —

by Monica Zech City of El Cajon Public Information Officer

#### Spring 2010 Recreation Guide is now available

or the latest informa-■ tion on City services and projects, plus all the great programs offered by the City of El Cajon Recreation Department, pick up your copy of the new City of El Cajon Spring 2010 Newsletter and Guide to Recreation Opportunities. Where can you find the guide? Aside from local schools, you can pick one up at any of the City's recreation centers, libraries, Fire Station 6 at 100 E. Lexington, Foothills Adult Center, and at City Hall, located at 200 Civic Center Way. You can also view the guide online at www.elcajonrec.org.

#### Jamacha Pipeline Project Coming into El Cajon

From June 2009 through the fall of 2010, work on the Jama-

cha Pipeline continues. As a result, officials say intermittent lane closures can be expected within the City of El Cajon and in the unincorporated community of Rancho San Diego in the County of San Diego. The actual construction in the City limits of El Cajon is scheduled to begin on Monday, March 15. The work is planned for the area of eastbound Jamacha Road, onto Gustavo Street, Waterloo, Dumar and South 3rd Avenues. Please watch for traffic control, road crews and slow traffic in these areas. For more information, visit www.jamachapipeline.com or call their hotline at (619) 670-2552.

#### "Lend A Hand" special neighborhood enhancement projects

Pre-register now for one of several "Lend A Hand" neighborhood enhancement projects in Downtown El Cajon scheduled for Saturday, March 27, 8 a.m. to 2 p.m., at East Park Avenue between

Roanoke Road and Mollison Avenue, near Cajon Valley Middle School. This is their largest clean-up day of the year. Enjoy music, food, and refreshments and be a part of an army of volunteers assisting with this worthwhile event coordinated by the El Cajon Community Development Corporation. Every eighteen months, Lend A Hand helps residents in Downtown El Cajon identify and coordinate physical improvements in their neighborhood. Lend A Hand brings the community together in a big way to landscape, restore tired fencing, and paint beautiful murals. The March 27 event will upgrade 700 feet of dilapidated fencing, remove trash from the designated project area, and identify graffiti for

On May 29, this day will feature volunteer-friendly mural painting projects in the vicinity of the Cajon Valley Middle School ballpark. Volunteers, participants, sponsors, and materials are still needed for all events. Have

landscaping, construction, or contracting experience? Can vou volunteer time, materials, or expertise? Can you support Lend A Hand with a financial donation? Every contribution, large or small, is important to the success of Lend A Hand. Join fellow residents and volunteers who turn out in force to clean, restore, and spruce up a neighborhood in Downtown El Cajon. To participate please register in advance by calling Christina Burke, the El Cajon CDC Community Development Coordinator, at (619) 401-8858 or email her at Christina@downtownelcajon.

#### Fashion Show at El Cajon Harley Davidson

This free event, called "The Garage Party," is scheduled for Friday, March 12 from 6:30 to 8 p.m. at the El Cajon Harley Davidson store located at 621 El Cajon Boulevard. It promises to be a night of fun, fashion and food! Learn all you ever wanted to know about riding

a Harley with all your lady friends and see a Harley Fashion Show too. There will be door prizes and much more! For more information please call (619) 444-1123.

#### Free CPR lessons this weekend

Note: This event is not being held in El Cajon, but I often receive calls from those looking for CPR instruction, at a low cost. The American Red Cross is offering "free" life-saving CPR instruction, with its annual CPR Day this

coming Saturday. It's "free" Adult CPR certification for participants who successfully complete the training. There will also be a Children's Learning Area available (ages 5 to 11). Saturday, March 13, with sessions beginning at 7, 8, 9, 10 and 11 a.m., 12 and 1 p.m. Arrive 30 minutes prior to vour desired session start time. Located at Golden Hall, San Diego Concourse, 202 C Street, in San Diego. There is no advance registration required for this event! Take the trolley. Call (858) 309-1369 to obtain more information.

See HIGHLIGHTS page 6



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#### — LOCAL NEWS & EVENTS —

## Highlights ...

Continued from page 5

#### Honoring El Cajon's Finest March 17

On Wednesday, March 17, the El Cajon Police Department will be holding a Promotion and Retirement Ceremony, at 4 p.m. at the Ronald Reagan Community Center in El Cajon. Retiring is Police Agent John Bennett. Promotions include Jim Redman to Captain, Jeff Arvan to Lieutenant, Jon Wooddell to Sergeant, Rick Alvarado to Police Services Officer (PSO), Selena Perez to Police Dispatcher, Angela Swift to Communications Operator and Antonia Slatten to Police Records Specialist. Congratulations to all!

#### Off Road Meet & Greet at Toyota of El Cajon March 20<sup>th</sup>

On Saturday, March 20, from 10 a.m. to 2 p.m. enjoy an Off Road Meet & Greet hosted by SOCAL FJ Cruisers. This free event offers free food, and an opportunity to exchange your used or unwanted FJ/Outdoor items at their Swap Meet. Enjoy huge specials from vendors and a free raffle. Toyota of El Cajon is located at 965 Arnele Avenue.

#### A New Miss El Cajon & Miss El Cajon Teen to be crowned March 27

The next Miss El Cajon and

Miss El Cajon Teen Scholarship pageant is scheduled for Saturday, March 27, at the East County Performing Arts Center, 210 East Main Street in El Cajon. Tickets are \$15, doors open at 6:30 p.m., the pageant begins at 7 p.m. They still have sponsorship opportunities to support this special community event. For more information call (619) 938-3477.

#### Get your tickets for The Heartland Lions Fashion Show in April

The El Cajon Heartland Lions group is holding their 22<sup>nd</sup> Annual Champagne Luncheon and Fashion Show called "Up, Up and Away!" on Saturday, April 10, at the Ronald Rea-

gan Community Center, 195 E. Douglas Avenue, from 11 a.m. to 2 p.m. Proceeds benefit sight, youth, health and environmental concerns in our community. Numerous silent and live auction items will be offered. Tickets are \$30 per person, a table of eight is \$250. For tickets or more information call (619) 449-7478.

#### 2<sup>nd</sup> Annual "It's Five O'clock Somewhere" Party

You are invited to attend the 2<sup>nd</sup> Annual "It's Five O'clock Somewhere" Party on Friday, April 16, from 4:47 p.m. to 8 p.m., at 237 East Main Street in Downtown El Cajon. The vacant space on East Main Street will be transformed into a tropical beach resort setting featuring great food and beverages from local restaurants, accompanied by live musical entertainment. It's a delightful and informal way to celebrate Downtown El Cajon while mingling with East County leaders, business professionals, community organizers, and neighbors. Early bird ticket price is only \$25 per person (good through Tuesday, April 13) or \$30 at the door. Admission price includes unlimited food and beverages, live music, and lots of fun chances to win prizes! Tickets can be purchased by contacting the El Cajon Community Development Corporation (CDC) at (619) 401-8858. The CDC presents this fun event with participation from the San Diego East Visitors Bureau, and the San Diego East County Chamber of Commerce. All proceeds will support the ongoing revitalization efforts in Downtown El Cajon and your generous support is appreciated. If you are interested in being a sponsor, or would like to participate as a food or beverage vendor, please contact the El Cajon CDC at (619) 401-8858.

#### Morning Glory Brunch is April 10

The 12th Annual Morning Glory Jazz Brunch will take place on Saturday, April 10, from 10 a.m. to 2 p.m. at the St. Madeleine Sophie's Organic Garden Center located at 2119 East Madison Avenue. Enjoy live jazz music, a live auction, fabulous prizes and student artwork, plus a delicious brunch. Funds raised benefit the Organic Garden Center at St. Madeleine Sophie's Center. For ticket information please call (619) 442-5129, ext. 3117. You can also visit them online at www.stmsc.org.

#### **Public Safety Center information**

Despite the rain, work on the Public Safety Center near City Hall is moving right along. You can see the progress of the construction yourself, through time-lapse video, posted on the City's website at <a href="https://www.ci.el-cajon.ca.us">www.ci.el-cajon.ca.us</a>. Just click on the construction photo found on the opening page. You can also hear updates on the construction by calling (619) 441-5524.

#### Stay informed about your city - in almost any language

To stay informed on what's happening in our City, from City Council agendas to City events and projects, visit our website <a href="www.ci.el-cajon.ca.us">www.ci.el-cajon.ca.us</a>. Scroll down on the opening page and you'll see Visit Our Translation Page and click on the flag icon where you will be taken to a page with various languages listed. Click on the language of your choice and the information found on the City website will be translated into the language you picked. A great way to stay informed about your City!

Keep me informed of community events by placing me on your mailing or e-mail list. If you have an event in the City of El Cajon that you would like to share, please contact Monica Zech, Public Information Officer for the City of El Cajon, via e-mail at <a href="majernation-exaus">mzech@ci.el-cajon</a>. ca.us, or send to: Monica Zech, Public Information Officer, City of El Cajon, 200 Civic Center Way, El Cajon, CA 92020.

## Lakeside round-up

#### by Patt Bixby Dates to Remember

March 11, 18, 25- Lakeside Farmer's Market on Vine and Lakeshore Dr.

**March 20**- Miss Lakeside Scholarship Pageant and Teen Miss Lakeside Pageant

**March 20**- Riverview International Fair

**March 21**- Eastern San Diego County Junior Fair Barbeque and Fundraiser Auction- Rodeo grounds

**March 25**- Lakeside Chamber Mixer- Hooley's 5500 Grossmont Center Dr. #277, La Mesa from 5 to 7 p.m.. \$5 for Chamber members and \$8 for potential members.

**March 26**- Lakeside Revitalization Meeting at Community center 9:30 a.m.

#### **Neighborhood mail theft**

Eucalyptus Hills has had a number of community mail boxes stolen and broken into over the past few weeks. Thieves have been hitting the Postal service community boxes as well as private mail boxes. Bare concrete slabs are being left as thieves drill out the locks that access the whole box.

If anyone happens to witness a theft in progress, do not confront the thief. Try to get a description of the car, person, and license plate and call the Sheriff at (619) 956-4000.

#### **Community Conversation**

The inaugural Lakeside Community Conversation was held March 2 at the Lakeside Community Center. The evening was co-sponsored by the Sheriff's department and the Lakeside Chamber of commerce. The event offered the community an opportunity to ask questions of First Responders; CHP, Sheriffs, Fire Fighters, Post Office, Animal Control and Lakeside Chamber of Commerce. Topics ranged from Fire Protection, Illegal Dumping, Graffiti, Illegal Parking and crime prevention.

The audience was advised of a website (<a href="www.nixle.com">www.nixle.com</a>) which communicates neighborhood level information to residents and businesses within San Diego County. There website is free and has a security to verify accuracy of information.

Everyone was reminded "you can't take for granted your neighborhood is safe. Be a smart citizen. Use the buddy system."

#### **Numbers to Remember**

Sherriff's Department
- Non-emergency (858) 5655200

**Lakeside Fire Protection**- Non-Emergency (619) 390-2350

**Animal Control**- (619) 263-7741

Lakeside Chamber of Commerce- (619) 561-1031



## GOLDEN ACORN CASINO Winding Up Winter

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Special Gift Day Fridays on the 12th and 26th And Payday Fridays EVERY Friday. St. Patrick's Day Restaurant Special - \$14.99 11am to 10 pm. Green draft beer \$2.75

MMA Cage Fighting is scheduled for March 27th Call 619-938-6012 for ticket details.

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March 15th Bingo is going 5 days a week.

Monday at 2pm, Tuesday at 11am, Wednesday at 2pm,

Thursday at 11am and Friday at 11am.

#### AND.

An expended bus pick-up service is in the works. Details later.

As always, we love to see our customers and remember, THERE IS A SUN!!







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## For Health's Sake

## Clutter can cause hazards

ome of us hate the never-ending task of having to tidy and organize the things in our homes and/or offices. But, according to one local property damage restoration expert, letting things pile up could lead to more than just not having a clear space from which to live or work. It can actually cause injuries and emergency hazards.

"Many may not realize that clutter can actually lead to a number of problematic situations, including falls and other bodily injuries, as well as blocking areas that can prevent one from exiting or entering a building in an emergency, said Alex Aguirre of Puro-Clean Fire&Water Damage Svcs. "The inability to leave a building in an emergency quickly because of cluttered hallways and door entries, or the inability to locate important items like a fire extinguisher, is dangerous. As spring cleaning becomes top of mind for those in the community, we want to

offer some tips on how they can de-clutter and make their homes and offices safe."

To prevent injuries and emergency hazards, Aguirre suggests the following ways local residents and business professionals can start de-cluttering their homes and offices:

- Start in small increments. When de-cluttering your home or office, it's best to start with closets or other storage areas first. Once you've freed up space in those areas for storage, you can then clear rooms, corners and other open spaces and put leftover items in your now spacious closets. It is better to have items in your closets than in trafficked areas.
- Cut clutter in the kitchen. The kitchen is probably the most common place where fires start. Your kitchen should always be clear of clutter. And, you should make sure you never have flammable objects

- near the oven and stove area, such as billing statements, grocery lists and other paper items, as well as dish rags, sponges or other flammable kitchen items.
- Trash junk mail. Some of us have an area in our home or office where junk mail and other unnecessary papers seem to pile up. To avoid the collection of unwanted papers, and the potential of a fire hazard, discard of unwanted mail as soon as you get it. Don't let it pile up. If you receive a lot of bills and bank statements in the mail, consider paying bills and reviewing statements online only.
- Donate, donate, donate. If you find that you have clothes in your closet that you haven't worn in six months or longer, it's best to get rid of them. One way to do that is by donating them. Find a homeless shelter in your neighborhood where you can drop them off. Or, consider having a garage sale to sell clothing and other unwanted items at a low cost.
- Got books? Don't let them collect dust. Some individuals may find that they purchase many books, but end up reading them only once. Instead of letting them col-

lect dust and use up space, have a book exchange party where you can get rid of them, or donate them to your local library. For future reads, consider borrowing books from friends or simply getting your books at your local library instead of purchasing new ones.

PuroClean Fire&Water Damage Svcs specializes in property emergency services. PuroClean certified technicians help families and businesses overcome the devastating setbacks caused by water, fire, mold and other conditions resulting in property damage, according to Aguirre.

"Our concern is the safety of the members of our community," Aguirre said. "If homes and offices are clear of clutter, individuals can walk around in them safely. And, in emergency situations, they can get out of those places in a quick fashion, while also allowing emergency workers like us to enter the home without having to navigate through clutter. We hope that the tips that we have provided are helpful."

For more information about PuroClean Fire&Water Damage Svcs, contact Alex Aguirre at (619) 737-9132.

#### SHARP SENIOR MARCH PROGRAMS

Grossmont Hospital's Senior Resource Center offers free or low-cost educational programs and health screenings each month. The Senior Resource Center also provides information and assistance for health information and community resources. For more information, call (619) 740-4214. For other programs, call 1-800-827-4277 or visit our web site at <a href="https://www.sharp.com">www.sharp.com</a>.

#### GET A RESTFUL, REFRESHING SLEEP

Do you or your partner have trouble sleeping through the night? Snoring? Too much or too little sleep can affect your overall health. Learn from our experts at the Sharp Grossmont Sleep Disorder Center about ways to get a good night's sleep. Monday, March 15 from 10 to 11:30 a.m. at the Grossmont District Conference Center, 9001 Wakarusa St., La Mesa. Reservation required. Call 1-800-827-4277.

#### AGING: PLANNING & COPING A FREE CONFERENCE FOR SENIORS & FAMILIES

This free seminar will help you plan ahead and know your resources. Learn from experts in the field of aging and health care in order to navigate your "Golden Years" more effectively. Topics include: health care reform, advance directives, financial concerns, end of life care, and much more. Thursday, March 18 from 8:30 a.m. to 2:30 p.m. at the La Mesa Community Center, 4975 Memorial Dr., La Mesa. Sponsored by Sharp Grossmont Hospital, Sharp HospiceCare, East County Action Network, City of La Mesa, Grossmont Gardens, ActivCare La Mesa and LivHome. Free continental breakfast and lunch. Reservation required. Call 1-800-827-4277.

#### **CLUB 65 MEMBER ORIENTATION**

Are you familiar with the benefits of CLUB 65 membership offered through the Sharp Grossmont Hospital Senior Resource Center? Learn about this free program, including discounts and special programs for seniors from Andrea Holmberg, Program Coordinator. New, current & future members are welcome. Monday, March 22 from 10 to 11:30 a.m. at the Grossmont District Conference Center, 9001 Wakarusa St., La Mesa. Reservation required. Call 1-800-827-4277.

#### **GROSSMONT HOSPITAL BLOOD DRIVE**

Thursday, March 25, 10 a.m.-3:30 p.m. at the Sharp Grossmont Hospital Auditorium, 5555 Grossmont Center Dr., La Mesa. Call (619) 470-4059 for details.

#### **HEALTHY AGING PODCASTS**

The Sharp Senior Resource Centers announce their new online Healthy Aging series. These audio and video presentations provide important information on senior resources, fall prevention, exercise, medications, maintaining brain health, and much more – to help seniors live a healthy and independent life. Visit <a href="www.sharp.com/seniors">www.sharp.com/seniors</a> today. Sponsored by a generous grant from the PacifiCare/UnitedHealthcare Charitable Commitment Program.

#### Laughter is the Best Medicine

#### Las Vegas churches accept gambling chips

This may come as a surprise to those not living in Las Vegas, but there are more Catholic churches than casinos.

Not surprisingly, some worshipers at Sunday services will give casino chips rather than cash when the basket is passed. Since they get chips from many different casinos, the churches have devised a method to collect the offerings.

The churches send all their collected chips to a nearby Franciscan Monastery for sorting and then the chips are taken to the casinos of origin and cashed in.

This is done by the Chip Monks.

Submitted by Dave Stall

Have a funny clean joke to share? Send it to: Jokes@ecgazette.om.



#### American Cancer Society's El Cajon Relay For Life

Relay for Life is a community gathering where everyone can participate in the fight against cancer.

It is an opportunity to raise awareness, raise funds, celebrate survivors, and to remember those who have lost to this disease.

Teams of people will camp out on the football field at El Cajon Valley High School from 9 a.m. on June 5 to 9 a.m. on June 6, 9 a.m. Each team is asked to have one of their members on the track at all times during the 24 hour event ... because cancer never sleeps.

Opening Ceremony and Survivors' Lap will be held at 9 a.m. on Saturday, June 5. Survivors are invited to join us as our honorary guests in the Survivors' Lap which begins Relay for Life. Their strength and courage help the community see that cancer survivorship is real ... that we are making progress in the battle against cancer.

Luminaria Ceremony will be 9 p.m. on Saturday June 5. When the sun goes down, hundreds of luminaria around the track light the way under the stars to remember those lost to cancer, those fighting the disease, and those who have fought cancer and won. This ceremony symbolizes the hope and perseverance with which we all continue to fight.

Closing Ceremony is 9 a.m.on Sunday, June 6.

For more information about the El Cajon Relay for Life, contact Sharon Greiner, Event Chair (619) 440-1206 or at <a href="mailto:tsgreiner1@cox.net">tsgreiner1@cox.net</a>



#### — CLASS ACT ENTERTAINMENT -

## Out and about in the County

March 11, 18, 25, April 8, 15, 22, 29: Grossmont College's Culinary Arts Dept. is hosting a five-course dinner prepared by the college's culinary students on Thursday evenings at 5:30 p.m. at the college's Culinary Arts patio dining area near the Student Center. Dinners will not be served on April 1, which is during the college's spring recess week. The public is invited on the campus for the dinners. Cost is \$20 per person. Funds will help raise money for travel expenses for Grossmont College culinary students to compete in state and national culinary competitions, as well as maintain kitchen equipment and purchase supplies. The dinners will features appetizer (soup or salad), intermezzo (palate cleanser), entree, dessert and coffee service. Entrees for Spring 2010 include Herb Crusted Breast of Chicken, Roasted Pork Medallions, Braised Beef with Sauteed Mushrooms, Pasta Alfredo, Panko Breaded Eggplant and Baked Fish. Vegetarian meals also are available. Reservations can be made by phoning Michele Martens at (619) 644-7550 or 644-7549, or by e-mail at michele.martens@gcccd. edu. Free parking on dinner evenings is available in Lot #7. For more information about the dinners, visit <u>www.grossmont.edu/rop</u>. Grossmont College is located at 8800 Grossmont College Drive in El Cajon. For driving directions and a campus map, visit www. arossmont.edu.



March 20: Lemon Grove — Cesar Chavez's Day of Service at Golden Avenue Elementary. 10 a.m.—2 p.m. In honor of Cesar Chavez's legacy of service to our community, all families and community members are invited to join forces in enhancing the Golden Avenue Elementary campus. Projects include garden construction, planting, painting and other minor construction projects. For more information call (619) 825-5637 or email roser@lgsd.k12.ca.us.

March 27 - Sept. 6: Dinosaurs: Ancient Fossils, New Discoveries, a landmark exhibition that will dramatically change the public's perception of these astonishing prehistoric creatures. This groundbreaking exhibition reveals how current thinking about dinosaur biology has changed over the past two decades and highlights ongoing cutting-edge research by leading paleontologists around the world. Tickets for nonmembers range from \$12–16 with discounts for children, students, military, seniors, and groups. For information, the public should visit <a href="www.sdnhm.org">www.sdnhm.org</a> or call (619) 255-0203.

**April 17: Spring Valley-- Sweethearts Dinner.** Meet the new Mr. and Mrs. Spring Valley 5:30 to 8 p.m. Contact the Spring Valley Chamber for more info and for tickets (619) 670-9902.

April 23, 24 & 25: 46th Annual Lakeside Rodeo, hosted by the El Capitan Stadium Association, a nonprofit organization. The annual Lakeside Rodeo held every April is the largest fundraiser for the Association. The Lakeside Rodeo has gained national exposure over the last 44 years, from a small hometown event to being named the International Professional Rodeo Association Rodeo (IPRA) of the year FOUR times! In January 1999, the Lakeside rodeo changed from the IPRA to the PRCA. See bareback riding, saddle bronc riding, penning, barrel racing, tie-down roping, bull riding, steer wrestling, team roping, clowns and more. For more information, call (619) 561.4331 or visit www. lakesiderodeo.com.

April 24: 45th Annual Lakeside Western Days Parade, "Tour Lakeside - Putting Lakeside on the Map, 9:35 a.m. The Lakeside Western Days Parade has been celebrating Lakeside's Western heritage since 1965. This family fun tradition is hosted by the Lakeside Chamber and helps promote this community and supports the annual Lakeside Rodeo. A festive parade filled with one of the largest equestrian participations on the West coast, Bands, Clowns, Classic Cars, Off-Roaders, Queens, Princesses and local dignitaries. We honor local businesses, schools, service organizations and sport teams. For more information call Lakeside Chamber at (619) 561-1031 or visit www.lakesideca.com

April 30 - May 2: Alpine. Garden Tours.. Five beautiful home gardens, filled with botanical treats, birds & butterflies, will be featured on this year's tour, PLUS, by popular demand, a special bonus site--a raptor rehabilitation facility. A ticket provides admission to all 6 sites, and a map to get you there. Self-guided tour. Stay as long as you'd like in each garden. Ticket valid Friday, Saturday and Sunday (April 30-May2). One visit, per garden. Gardens open 10 a.m. - 4 p.m. For more information call (619) 445-8352 or email info@chirp.org or visit www.chirp.org

May 1-2: Alpine's 13th Annual Sage & Songbirds Festival & Garden Tour, "The Hills are Alive with Butterflies," at Viejas Outlet Center, 10 a.m. - 4 p.m. Saturday, May 1; 10 a.m. - 3 p.m. Sunday, May 2. Free admission for everyone. Free Educational Seminars. Free Live Butterfly Exhibit. Free release of hundreds of live butterflies both days. Dozens of vendors of quality garden-related items (and just before Mother's Day!) Opportunity drawings and more. Vendors of garden-related items are invited to participate in the 2-day Sage & Songbirds Festival, May 1-2, in the high-visibility Show Court at the award-winning Viejas Outlet Center. For more information call (619) 445-8352 or email info@chirp.org or visit www.chirp.org



# 25th Annual Quilt Show & Boutique Friday, March 19 & Saturday, March 20 10 am to 4 pm Scrumptious lunch available 11 am - 1 pm at Lakeside Museum Church Yard 9906 Maine Ave. (Parkside & Maine Ave.) Admission \$3.00

Sponsored by the

**Woman's Club of Lakeside** 

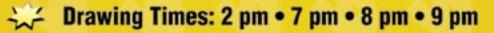
to benefit Lakeside Children's Art Show

and other community projects.



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#### — AT THE MOVIES —



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Eggplant Parmigiana... \$10.95 Thursday:

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Friday:
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Saturday:
Half & Half .....\$8.89

Sunday: Lasagna ......\$10.45

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## 'Alice in Wonderland' heavy on visuals, lacking in story

by Diana Saenger

Depp's name in connection with an upcoming film, and there's already an instant audience waiting to buy tickets. So Tim Burton's 3D Alice in Wonderland needed little further hype to make it a big opening weekend for the movie.

Australian actress Mia Wasikowska (*Defiance, Amelia*) takes on the lead role of Alice. We see flashbacks of Alice as a young girl, often questioning her father about her dreams of falling down a rabbit hole and experiencing a fanciful place with unusual characters. Her father tells her the best people often act like loons, so Alice feels secure about her experiences.

The movie then transitions to years later when Alice is 17. Her father is no longer around, and she's about to be proposed to by a royal goon (Leo Bill). Alice swears she sees a goofy rabbit rummaging through the underbrush and instead of answering the man in front of a crowd of royal guests, she runs away and indeed falls down the rabbit hole.

At this point, the tale gets murky, so anyone expecting to see much resemblance to Lewis Carroll's Alice's Adventures in Wonderland and Through the Looking Glass will probably feel unfulfilled. Linda Woolverton's adapted screenplay has inserted a new life for Alice as a grownup girl. Alice is intrigued – and oddly enough



Johnny Depp stars in Alice in Wonderland. Photo credit: Walt Disney Enterprises

– never afraid of her adventures as she travels through Underland. Supposedly, this is the land Alice visited as a child but misunderstood the word and thought it was Wonderland. Hmm!

Many characters and creatures are surprised to see Alice after such a long time, and some even disbelieve she is the real Alice. But not the Mad Hatter, played somewhat reserved and with little screen time by Depp. "That's Alice, I'd know him anywhere," he says almost as if to make us doubt his own eyes.

The visuals of Alice in Wonderland are astounding, although I didn't feel the 3D added anything to the movie. Burton's films (Corpse Bride, The Nightmare Before Christmas) are so artistic they have a look and sense that go beyond imagination. To me - except for scenes of the Cheshire Cat (Stephen Fry) which are great in 3D - the rest seemed more annoying than entertaining. The production design by Robert Stromberg (visual effects for Shutter Island) is incredible and along with the costumes by Colleen Atwood (Nine) are almost worth seeing the film on their efforts alone.

The only standout performance for me is delivered by Helena Bonham Carter as the conniving Red Queen. She might be little in statue but she has a big bark – "off with his head!" She's certainly nothing akin to her sister the White Queen, played with very little persuasion by Anne Hathaway. Alan Rickman, excellent as the Blue Caterpillar, is another great actor deprived of a lengthier role.

Rather than captivate us with the original story's amusing characters and their idiosyncrasies, this story seems to turn the pages too quickly on its characters, offering a teaser of delight before jumping to the next page. The idea that Alice is the only one who can kill the Jabberwocky (voiced by Christopher Lee) comes across as totally ridiculous and really throws this story off kilter

for me. Do today's moviegoers need a vicious beast in their movies to entice them to the theater? I think not. And it doesn't seem right to show adorable rabbits the kids will giggle at – and then throw in a monster that will scare many little ones into the arms of their

Alice in Wonderland might appeal to some viewers, but I wanted so much more.

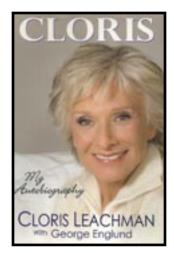




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#### ENTERTAINMENT

## Nothing better than an 'Open Book'



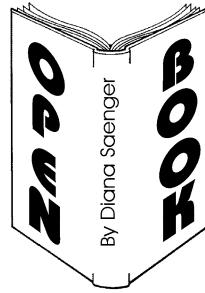
Cloris - Photo Credit: Kensington Publishing Corporation

#### **Cloris** – by Cloris Leachman & George **Englund**

ovie and theater fans have been aware of the versatile actress Cloris Leachman for years. Younger entertainment fans may have only recently become acquainted with her after her hilarious appearance on Dancing With the Stars last year at age 83.

Her willingness to undertake such a challenge was inspirational, an accolade that according to her autobiography, Cloris, is something that's been a lifelong element of her character. Written with her ex-husband. author/producer/director/ writer George Englund, Leachman leaves little about her life out of this

She fills us in from the beginning about her home life – good times and some disappointments; her dreams and how she started performing at a young age. Even as a film critic for more than 20 years I learned about so many more of Leachman's films and theatrical stage performances than I was aware of or that she's a concert pianist. In these passages she often reveals intimate thoughts or experiences with stars such as Marlon Brando. Bobby Darin, Gene Hackman, Katharine Hepburn and so many more. Her many years on TV shows bring especially delightful memories. Cloris



and George were also close friends with the Kennedy and Paul Newman families and she shares special times about them as well.

Her career has certainly been one of accolades - 57 films, 11 Broadway shows, 137 TV shows and numerous awards including an Oscar for her poignant performance in the 1971 film The Last Picture

As in her life, Leachman leaves no stone unturned in her mesmerizing memoir. I could hardly wait to turn each page and learn something new about this iconic star and woman who at 83 is still as beautiful on the outside as the inside.

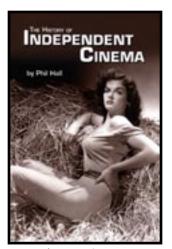
- \* Hardbound
- \* Publisher:
- Kensington Publishing Corporation.
- March 31, 2009
- \* 384 pages \*ISBN-10: 0758229631 -
- ISBN-13: 978-0758229632

#### The History of Independent Cinema by Phil Hall

If the book's sensuous cover shot of Jane Russell in a haystack doesn't entice one to pick up this book, then he is definitely not a film fan. Author Phil Hall knows his subject well and sweeps a broad stroke across a canvass of fascinating subjects. His book covers everything from the historic silent films and its stars to some of the most interesting independent films of the last century.

Each chapter tackles a different independent film, some examples are: The Root; New Directions; The Underground Film Movement; Digital Cinema and more. Hall takes an in-depth look at who were the innovative men and women who stood up to the status quo and brought revolutionary new ideas and technologies to the motion picture world. Also learn about the pioneers who introduced color, sound, widescreen projection and videography to the filmmaking process.

The layout of the book is smart; there's a related quote at the each chapter's beginning, great details about stars and particular films; and some of Hall's personal movie lists. He's a noted book author, contributing editor of Film Threat and has published film related articles in many magazines. The History of Independent Cinema



The History of Independent Cinema- Photo Credit: **BearManor Media** 

is an exceptional tribute to the legendary filmmakers and landmark films that reshaped - and continue to reshape our

- \* Softcover
- \* Publisher:
- BearManor Media,
- April 29, 2009
- \* 330 pages
- \* ISBN-10: 1593933355 -ISBN-13: 978-1593933357

## **Excellence in East County**

#### **Teenagers of the Month**

(Left) Kristen Osborn of Granite Hills High and Anthony Tran of Mt. Miguel High were selected as the "Teenagers of the Month" for March by the El Cajon Elks Lodge, #1812. Checks in the amount of \$400 were awarded to each of them along with Certificates of Achievement. They are now eligible to compete in the "Teenager of the Year" competition which takes place in May at the Lodge. Shown in the photo left to right are Kristen Osborne, Exalted Ruler John Jenkins and Anthony Tran.



Right: Certificates of Recognition and Savings Bonds were presented to the winners of the Americanism Essay Contest, "The American Dream; What Is It?" at the Lodge's regular meeting. Six students were chosen out of 351 who submitted essays. The winners in the Middle School bracket were: Angela Almeida (1st), Morgan Sterling (2<sup>nd</sup>) and Maritza Wells (3<sup>rd</sup>). The **Elementary School winners were: Brendon** DeBlasio (1st), Kaiya Nelson (2nd) and Greyson Vint (3rd). Two of the student's essays were selected to compete at the State level. They are: Angela Almeida (7th Grade) and Kaiya Nelson (5th Grade). Shown in the photo (left to right/front row) are: Martiza Wells, Morgan Sterling, Angela Almeida, Greyson Vint, Brendon DeBlasio and Kaiya Nelson. In the back row is Don Erwin. Americanism Chairman.



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#### — CLASS ACT ENTERTAINMENT —

## Women's Pro Billiards this weekend at Viejas



Ewa Mataya Laurance, holder of multiple World and US Open 9-ball titles, may use some of the tips in her book The Complete Idiot's Guide to Pool and Billiards in her challenge this weekend at the Women's Pro Billiard Association competition. Photo Credit: Kathy Foster



Ewa Mataya Laurance, current International and World Cup Trick Shot Champion and holder of multiple World and US Open 9-ball titles lines up a practice shot for this weekend's Women's Pro Billiard Association, March 10 - 14 at DREAMCATCHER AT VIEJAS. Tickets are available at the V Shop and online at frontgatetickets.com Photo Credit: Kathy Foster



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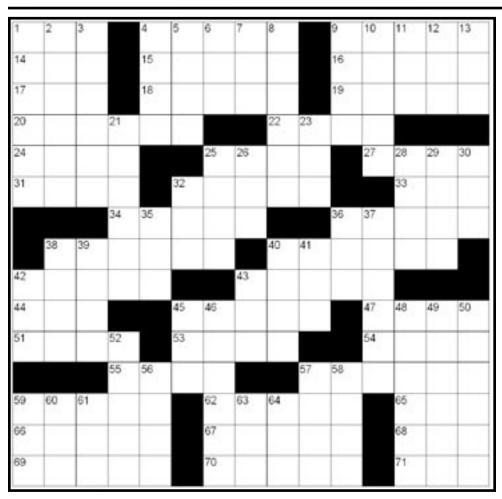
Plus you'll receive a business card ad in the 2010 program, your name on the membership sponsor page and an official Mother Goose decal for your window!

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## Puzzles & Comics



#### **Across**

- 14 Tint
- 15 Heron
- Island

Wheeled vehicle

Cut of beef

16 Steam room

- 17 Tip
  - 18 Sources of inspiration
  - 19 Adapt
  - 20 Dry grassy land

#### CROSSWORD PUZZLE

- 22 Goofs
- 24 Step
- 25 Ca. University
- 27 Gets older
- 31 Very large truck
- 32 Line of work
- 33 Gall
- 34 Cluttered
- 36 Handing over
- 38 Jai alai
- 40 Notifies
- 42 Shades of black
- 43 Tylenol's competitor
- 44 Okay
- 45 Played in shallow water
- 47 Pal
- 51 Fable
- 53 Chances of winning
- 54 Italian boy's name

#### **SOLUTIONS**



- 55 Object
- 57 Squanderer
- 59 Acidic (2 wds.)
- 62 Lazed about
- 65 Dab
- 66 Run away and marry
- 67 Played
- 68 American sign language
- 69 Wodden projection
- 70 Childrens sliding toys
- 71 Tint

#### Down

- Torsos
- Father's sister
- Cash in
- Natural fiber
- Malaria
- Internal Revenue Service
- Ball holder
- Its own
- Despot
- Type of wood
- Away
- 12 Compass point
- 13 Serving of corn
- 21 Formally
- Rodent

- \_\_ Minor (Little Dipper)
- 26 Coral reef
- 28 Aureate
- 29 **Epochs**
- 30 Air
- 32 Time zone
- 35 Goddess
- Reverend (abbr.)
- 37 Constructs
- Quarry
- 39 Asia
- 40 Brews
- 41 Headed
- 42 Workout place
- 43 Sum
- Unhappiness 45
- 46 Confesses
- Trivet (2 wds.)
- Disconcerted
- Shiny evergreen
- Hippopotamus' nickname
- 57 Unwanted plant
- 58 Totals
- Rent 59
- 60 Roberto's yes
- 61 Licked
- Pain unit
- 64 Caustic substance

#### **OUTZKIRTS**









## Moose Lake

Gary, I finally did it! I got a tattoo of two twelve point bucks with antlers locked in the heat of battle!



Wow! It must cover your entire chest!

No, but it does take up most of my lower back!



By Steve Krueger





## Taste What You've Been Missing! March 1-31



#### Three for \$30: Enjoy a three-course meal for only \$30 per guest!

**First Course** 

**Choice of Appetizer:** Green Lip Mussels o Portabella Mushroom

The Grove's Signature Homemade Chicken Wings

**Second Course** 

Choice of Entrée: Combination Plate (Lamb & Duck) Caesar-Crusted Halibut o Reverse Tenderloin Sandwich

**Third Course** 

**Dessert:** Trio of Petit Favorites: Dobos Torte o Lemon Tart

Profiteroles with Raspberry Bavarian Cream

All Entrées at The Grove are served with Freshly Baked Bread, House Salad or Soup of the Day, fresh steamed Vegetables and a choice of Baked Potato (dinner only), Garlic Mashed Potatoes or Basmati Rice.



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#### **Evening Session**

**Every Saturday** 

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March 17 Matinee I & II

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## MOTORASPORTS

## 2010 Mazda CX9 Touring car



2010 Mazda CX9. Photo credit: Dave Stall

## Bumper-To-Bumper with Dave Stall

**Dave:** I drive a 2000 Dodge mini van and had to have my fuel pump replaced, I couldn't believe it cost over \$400 to replace the fuel pump, I questioned the mechanic and he stated that the majority of the repair was labor, it seems he had to drain my fuel tank (It was full of gas, and he did give it back to me with a full tank of gas) then drop the gas tank remove then replace my fuel pump which is located in the fuel tank! What idiot decided the best place for the fuel pump is in the gas tank? What happen to having it mounted on the engine somewhere where it is easy to get too? My question now is this; can I move the fuel pump to the outside of the gas tank for a savings when I need to replace the fuel pump again? Do you know anyone that does that type of repair? Thanks for all your information. Lance.

Lance: Believe it or not putting the fuel pump inside the gas tank is the safest place to put it. When it was mounted in the engine compartment and there was an frontal accident the possibility of breaking off the fuel pump and pumping raw fuel all over a very hot engine was a good bet, so what better place to put it but under the car inside a very large protective shell called, the gas tank. I doubt you will find anyone that will do the conversion and the reason you may not find someone is the liability, so just start putting a dollar a day into a piggy bank and get ready for the next fuel pump replacements and remember you and your family are protected against a fire.

**Dave:** I don't know what I was thinking, I just bought a new car last month now I can't afford it, it is a 2009 Ford Mustang convertible, I love the car but I just got laid off and I know I can't afford the payments. I took it back to the dealer I bought it from, (In LA) and asked them if they could take it back and that I could walk away free and clear. Would you believe the salesman I bought it from actually laughed at me! So I'm in San Diego, with car payments I can't afford, do you have any idea on how I can unload this car legally? My boy friend told me to make an extra set of keys and take it to TJ and leave the keys in the car and report it stolen. I don't feel comfortable doing that so I decided to see if you can help me. I read your column weekly and I have learned a lot. Lori.

**Lori:** Just remember Karma, your right in not taking it to TJ. If you give it or sell it back to the dealer you will lose a considerable amount of money on the deal. What I would do is run it in the Auto Trader, tell the truth and see if someone will just take over the payments or you can put the car on consignment where a used car lot will sell it for your for a percentage of the selling price. You can also talk to the folks that hold your title and see if they will work with you; trust me they don't want you to default on this car.

by Dave Stall

ooking at the CX9 one might think it is a CX7, but they would be mistaken. The CX9 has 26-inches of space between the second row seat and the door opening for better access to the third row seat. The 3.7-liter V6 produces 273 horsepower and if this sounds familiar this engine came out of the Ford Edge. Great power plant, plenty of pickup off the line and passing on the freeway. This package will get an estimated 16 miles per gallon in the city and 22 miles per gallon on the

This is a great family car or for someone that works out of their car. I found the CX9 very comfortable and was able to load all my radio broadcast gear in the rear once I flipped down the third row seating, still had plenty of room in the second row seating for additional passengers.

My test vehicle came painted in a beautiful Copper Red Mica, it was stunning. The interior was done in sand, which was a great compliment. The exterior has a flowing look to it and with the optional rear hatch opener can be opened with the push of a button on the key fob, which also doubles as a keyless entry and starter. To close the rear hatch there is a button located in the rear hatch for closing.

Going inside is very inviting; seven passengers, leather trimmed seating in the first and second row seating and heated 8-way power adjustable driver seat with power lumbar adjustments. There are leather treatments on the passenger heater seat at the steering wheel and shifter.

There is lots of cubby holes for all the stuff drivers and passengers like to keep in the car, plus the center consol has a split lid, which I liked. In the storage area there is a power supply for all the electronics.

Safety is abundant in the 2010 Mazda CX9 — front and front side impact airbags and three row side air curtains with roll over protection. This includes stability control for those evasive maneuvers needed on our crazy highways, and it works! Thanks to the silver KIA on the I-8 heading west! Front and rear crumple zones that puts the 2010 Mazda CX9

into the five star safety ratings for frontal crash for the driver and passenger. Another five stars for side crash for the front and rear passengers and if it rolls over there is a four star rating.

The overall drive of the Mazda CX9 rated high marks in my book, the Mazda drove great, had fabulous looks, plenty of safety, lots of storage and room for seven including the driver. If a need arises for storage, groceries, etc. then just flip down the seats and fill it up!

The Mazda CX9 is one drivers would want if a mid-sized SUV is desired. Options? Tons, just ask the sales person to see the list. I had a killer Bose system in my tester plus Sirius/XM Radio and enough plug in for all the electronic gear I don't own.



Right: 2010 Mazda CX9. Photo credit: Dave Stall

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PLAN NO. 514 TO EXPAND

THE DEPTH OF COMMERCIAL

DEVELOPMENT AND COMMERCIAL

ZONING BEYOND THE COMMERCIAL

DESIGNATION ON THE

43-12, 492-643-13, AND 492-643-14;

**GENERAL PLAN DESIGNATION: LOW** 

DENSITY RESIDENTIAL.

WHEREAS, on September 9, 2008, the City

Council held a duly noticed public hearing to

consider Specific Plan Application No. 514,

to extend the depth of commercial zoning

beyond that shown on the General Plan Land

Use Map, on three contiguous properties

located on the west side of Grossmont

Avenue, between Boulevard Place and Wilson

WHEREAS, the Planning Commission held

a hearing on this item at its August 8, 2008,

meeting and submitted its recommendation

to approve the request to the City Council

in Planning Commission Resolution No.

Avenue; and

GENERAL PLAN MAP: APNs: 492-



#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-002736 FICTITIOUS BUSINESS NAME(S): San

Diego Autoglass Located at: 10007 Nuerto Lane, Spring

Valley, CA 91977 This business is conducted by: An Individual

The first day of business was: February This business is hereby registered by the

following: 1. Keith Ritchason 10007 Nuerto Lane, Spring Valley, CA 91977 This statement was filed with Recorder/

County Clerk of San Diego County on February 01, 2010.

East County Gazette- GIE030790 2/25, 3/04, 3/11, 3/18, 2010

#### **FICTITIOUS BUSINESS NAME** STATEMENT NO. 2010-002627

FICTITIOUS BUSINESS NAME(S): Bob's Bia Boy

Located at: 937 Parkway Plaza, El Cajon, CA 92020

This business is conducted by: A Limited Liability Company

The first day of business was: December 17. 2009

This business is hereby registered by the following: 1. El Cajon Operating 31742 Los Rios Street, San Juan Capistrano, CA 92675 El Cajon Operating, California

This statement was filed with Recorder/ County Clerk of San Diego County on January 29, 2010.

East County Gazette- GIE030790 2/18, 2/25, 3/04, 3/11, 2010

#### FICTITIOUS BUSINESS NAME

STATEMENT NO. 2010-004599
FICTITIOUS BUSINESS NAME(S): Sedra

Located at: 528a E. Main St., El Cajon, CA 92020 This business is conducted by: An Individual

The business has not yet started.
This business is hereby registered by the following: 1. Mahin Naief 845 Friendly Circle, El Cajon, CA 92021

This statement was filed with Recorder/ County Clerk of San Diego County on February 18, 2010.

East County Gazette- GIE030790 2/25, 3/04, 3/11, 3/18, 2010

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-004299

Diego Properties Group Located at: 2304 Wind River Rd., El Caion. CA 92019

This business is conducted by: An Individual The business has not yet started. This business is hereby registered by the following: 1. Susan Jeanne Botticelli 2304 Wind River Rd., El Caion, CA 92019 This statement was filed with Recorder County Clerk of San Diego County on February 16, 2010.

East County Gazette- GIE030790 2/25, 3/04, 3/11, 3/18, 2010

#### FICTITIOUS BUSINESS NAME

STATEMENT NO. 2010-004082 Right Termite

Located at: 9273 Wister Drive, La Mesa,

This business is conducted by: An Individual The business has not yet started. This business is hereby registered by the following: Bradley Vanderburgh 9273 Wister Dr. La Mesa, CA 91941

East County Gazette- GIE030790 2/18, 2/25, 3/04, 3/11, 2010

#### STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME ORIGINAL FILE NO. 2007-006407 FILE NO. 2010-003466

The following person(s) has/have abandoned the use of the fictitious business name: Point Loma Coin-OP Laundry The Fictitious Business Name Statement was filed on February 16, 2007, in the County of San Diego. 2373 Midway Dr., San Diego, CA 92110 This business was conducted by: 1. Michael Herzog 4463 Corte Veranos, Temecula, CA 92592 2. Luna Herzog 4463 Corte Veranos, Temecula, CA 92592
THIS STATEMENT WAS FILED WITH THE COUNTY CLERK-RECORDER OF SAN DIEGO COUNTY ON February 05, 2010

#### HOME IMPROVEMENTS





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619-390-6304

FICTITIOUS BUSINESS NAME(S): Sar

FICTITIOUS BUSINESS NAME(S): Just

This statement was filed with Recorder County Clerk of San Diego County on February 11, 2010.

WHEREAS, the applicant has complied with all recommended pre-ordinance conditions of approval set forth in Planning Commission Resolution No. 10511 and the mylar pertaining to Specific Plan No. 514 has been received by the City; and

WHEREAS, the proposed project is exempt from environmental review in accordance with 15061(b)(3), which states, "(b) a project is exempt from CEQA.... (3) The activity is covered by the general rule that CEQA applies only to projects, which have the potential for causing a significant effect on the environment. Where it can be seen with certainty that there is no possibility that the activity in question may have a significant effect on the environment. the activity is not subject to CEQA". In this case there is no proposed development and there is no possibility that the rezoning of the three contiguous properties on Grossmont Avenue that support the existing BMW auto East County Gazette GIE 030790 dealership will have a significant effect on the 3/04, 3/11, 3/18, 3/25, 2010 environment because the use of the three properties will not change unless this specific

> The City Council of the City of El Cajon does ordain as follows:

plan is amended first.

SECTION 1. Based on the record as a whole, the City Council finds:

A. The recitals above are true and correct and incorporated herein by reference as if

B. The proposed Specific Plan No. 514 is consistent with and will facilitate the systematic execution of the General Plan by fulfilling Goal 9.4 and Policy 9.4-14 of the General Plan by accommodating the assemblage of properties to form a comprehensive commercial development with frontage on a major thoroughfare, thereby assembling the dealership properties into one integrated development.

C. The proposed Specific Plan No. 514 is in the public interest because it will not adversely impact the surrounding non-commercial areas because the three contiguous properties have been used as vehicle storage since the 1980s without complaints from the neighboring property owners and through this specific plan process the conditions of approval will ensure compatibility with the surrounding non-commercial uses

SECTION 2: After the effective date of this ordinance all new uses, and all new or remodeled buildings, structures, or other improvements, shall be in conformance with, and in accordance with. Specific Plan No.

SECTION 3: This ordinance shall be effective

thirty (30) days following its passage and

PASSED AND ADOPTED by the City Council of the City of El Cajon, California at a Regular Joint City Council/Redevelopment Aa Meeting held this 9th day of March, 2010, by the following vote to wit

Lewis. Hanson-Cox, AYES: Kendrick, McClellan, Wells

NOFS: None DISQUALIFY: None

MARK LEWIS Mayor of the City of El Cajon\_

ATTEST:

KATHIE RUTLEDGE, CMC City Clerk

I hereby certify that the above and foregoing is a full and true copy of Ordinance No. 4942 of the Ordinances of the City of El Cajon, California, as adopted by the City Council at the Regular Joint Meeting of the City Council/Redevelopment Agency on the 9th day of March. 2010.

/s/ Kathie Rutledge, CMC, City Clerk East County Gazette- GIE030790



ORDINANCE NO. 4943

AN ORDINANCE REZONING PROPERTY FROM THE R-3-R (MULTI-FAMILY RESTRICTED) ZONE TO THE C-2 (GENERAL COMMERCIAL) ZONE. APNs: 492-643-12, 492-643-13 and 492-643-14, GENERAL PLAN DESIGNATION: LOW DENSITY RESIDENTIAL (LR)

ZONE RECLASSIFICATION NO. 2296.

WHEREAS, the City Council held a public hearing on September 9, 2008, to consider Zone Reclassification No. 2296, as submitted by Cunningham BMW, in which it was requested to rezone three parcels located on the northwest side of Grossmont Avenue between Wilson Avenue and Boulevard Place from the R-3-R (Multi-Family Restricted) Zone to the C-2 (General Commercial) Zone. APNs: 492-643-12, 492-643-13 and

WHEREAS, this application was submitted in conjunction with companion applications Specific Plan No. 514 and Conditional Use Permit No. 2081 to extend the depth of commercial zoning beyond that shown on the General Plan Land Use Map, to include these three contiguous properties and to allow ancillary automobile storage in conjunction with an existing legal, nonconforming automobile dealership across the alley to the north; and

WHEREAS, the City Council approved the Zone Reclassification request at its September 9, 2008, meeting.

SECTION 1. Based upon the record as a whole, the City Council hereby makes the following findings:

A. The proposed rezone is exempt from environmental review in accordance with 15061 (b)(3), (General Rule) of the CEQA

B. Through Policy 9-4.14, the General Plan provides a measure of flexibility in allowing development in one General Plan category to expand into another General Plan category. The companion items to this rezoning request (Specific Plan No. 514 and Conditional Use Permit No. 2081) incorporate conditions of approval which ensure that the existing automobile storage area will not adversely impact surrounding areas, as required by the General Plan. The C-2 Zone supports Policy 9-4.14 and takes advantage of the flexibility available in implementing the General Plan, and can therefore be found consistent with the General Plan

C. As conditioned, the proposed C-2 Zone land uses are compatible with the objectives, policies, and general land uses specified in the General Plan.

D. The rezone of the subject properties will not reduce the number of sites identified in the Housing Element to a level less than capable mmodating the City's share of the regional housing need pursuant to California Government Code Section 65584:

E. The rezone of the subject properties from the R-3-R Zone to the C-2 Zone is in the public necessity and convenience and general welfare because the proposal is consistent with the General Plan, it carries out the intent of General Plan Policy 9-4.14 by accommodating the assemblage of properties to form a comprehensive commercial development with frontage on a major thoroughfare, and it accommodates the ongoing operation of an existing automotive dealership that provides automotive services, good jobs, and sales tax revenue for the city.

SECTION 2. The City Council hereby REZONES Assessor's Parcel Numbers 492-643-12 , 492-643-13 and 492-643-14 from the R-3-R Zone to the C-2 Zone as shown on "Exhibit A" attached hereto and incorporated herein by reference.

SECTION 3. This ordinance shall become effective thirty (30) days following its passage and adoption.

PASSED AND ADOPTED by the City Council of the City of El Cajon, California at a Regular Joint City Council/Redevelopment Agency Meeting held this 9th day of March, 2010, by the following vote to wit:

AYES: Lewis, Hanson-Cox, Kendrick, McClellan, Wells NOES: None ARSENT: None DISQUALIFY: None

MARK LEWIS Mayor of the City of El Cajon\_

ATTEST:

KATHIE RUTLEDGE, CMC

I hereby certify that the above and foregoing is a full and true copy of Ordinance No. 4943 of the Ordinances of the City of El Cajon, California, as adopted by the City Council at the Regular Joint Meeting of the City Council/Redevelopment Agency on the 9 day of March. 2010.

/s/ Kathie Rutledge, CMC, City Clerk

(Exhibit "A" is on file in the City Clerk's Office (619) 441-1763)

East County Gazette- GIE030790

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-003946 FICTITIOUS BUSINESS NAME(S):

Located at: 122 So. Stephanie Lane, El Cajon, CA 92019 This business is conducted by: Husband

The business has not yet started. This business is hereby registered by the following: 1. Georgette Weitz 122 So. Stephanie Lane, El Cajon, CA 92019; 2. Darrell Weitz 122 So. Stephanie Lane, El Cajon, CA 92019

This statement was filed with Recorder/ County Clerk of San Diego County on February 10, 2010.

East County Gazette- GIE030790 2/18, 2/25, 3/04, 3/11, 2010

**TO PLACE YOUR LEGAL AD CALL** (619) 444-5774



Following is a summary of an Ordinance adopted at the Joint Meeting of the City Council/Redevelopment Agency of the City of El Cajon on March 9, 2010. Full text is available in the City Clerk's Office, 200 Civic Center Way, El Cajon, California, 619-441-1763

#### **ORDINANCE NO. 4944**

AN ORDINANCE AMENDING TITLE 17 OF THE EL CAJON MUNICIPAL CODE TO ADD SECTION 17.64.253 AND CHAPTER 17.94 PERTAINING TO WATER EFFICIENT LANDSCAPING – ZONING ORDINANCE AMENDMENT NO. 415.

In 2006, the California State Assembly passed Assembly Bill (AB) 1881, known as the Water Conservation in Landscaping Act.
This act required the California Department of Water Resources (DWR) to draft a model water efficient landscape ordinance for local agencies to adopt. AB 1881 further requires local governments in California to adopt the State's ordinance no later than January 1. 2010, or to adopt their own ordinances that are "at least as effective in conserving water as the [state's] updated model ordinance." According to AB 1881, if a local agency does not adopt its own ordinance, then the State's ordinance becomes the local agency's ordinance by default.

This local ordinance is intended to satisfy the requirements of AB 1881. It establishes regulations requiring new and rehabilitated landscape projects to be designed, installed, operated, and maintained to conserve water Like the model ordinance created by the DWR, this local ordinance requires the establishment of water budgets and creates a new permit process for new and rehabilitated landscape projects that are required in association with development entitlements and building

PASSED AND ADOPTED by the City Council of the City of El Caion. California at a Regular Joint City Council/Redevelopment Agency Meeting held this 9th day of March, 2010, by the following vote to wit

AYFS: Lewis Hanson-Cox Kendrick, McClellan, Wells NOES: None

DISQUALIFY: None

MARK LEWIS

Mayor of the City of El Cajon\_ **ATTEST** 

KATHIE RUTLEDGE, CMC

I hereby certify that the above and foregoing is a full and true copy of Ordinance No. 4944 of the Ordinances of the City of El Cajon, California, as adopted by the City Council at the Regular Joint Meeting of the City Council/Redevelopment Agency on the 9th day of March, 2010.

/s/ Kathie Rutledge, CMC, City Clerk East County Gazette- GIE030790

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-00222

FICTITIOUS BUSINESS NAME(S): Elite Car Sales, LLC Located at: 6920 Miramar Rd., San Diego,

CA 92121 This business is conducted by: A Limited Liability Company

The business has not yet started.
This business is hereby registered by the following: Elite Car Sales, LLC 38865 Cherry Point Ln., Murrieta, CA 92563 This statement was filed with Recorder/

County Clerk of San Diego County on January 26, 2010. East County Gazette- GIE030790

2/18, 2/25, 3/04, 3/11, 2010

#### — LEGAL NOTICES —

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-004350

FICTITIOUS BUSINESS NAME(S): Advanced A/C and Heating Contractor Co. Located at: 3980 Marine View Ave. Ste. A, San Diego, CA 92113

This business is conducted by: An Individual The business has not vet started. This business is hereby registered by the following: 1. Suren Chamian 3980 Marine View Ave. Ste. A, San Diego, CA 92113 This statement was filed with Recorder/

County Clerk of San Diego County on February 16, 2010. East County Gazette- GIE030790 2/25, 3/04, 3/11, 3/18, 2010

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-004486 FICTITIOUS BUSINESS NAME(S): Black

Eagle Auto Detailing Located at: 8843 Winter Gardens Blvd., Lakeside CA 92040

This business is conducted by: An Individual The business has not yet started. This business is hereby registered by the following: 1. Alan Jezrawi 11601 Avenida Anacapa, El Cajon, CA 92019 This statement was filed with Recorder/ County Clerk of San Diego County on February 17, 2010.

East County Gazette- GIE030790 2/25, 3/04, 3/11, 3/18, 2010

#### FICTITIOUS BUSINESS NAME

STATEMENT NO. 2010-003628 FICTITIOUS BUSINESS NAME(S): RES ENTERPRISES

Located at: 10965 Hartley Rd. Ste. U Santee, CA 92040 This business is conducted by: An Individual

The first day of business was: September

This business is hereby registered by the following: 1. Raymond E. Stout 9238 Lapeer Ct., Santee, CA 92071

This statement was filed with Recorder County Clerk of San Diego County on February 08, 2010.

East County Gazette- GIE030790 3/04, 3/11, 3/18, 3/25, 2010

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-003668

FICTITIOUS BUSINESS NAME(S): Performance Drywall & Insulation Located at: 4204 Jutland Dr. Ste. A-2. San Diego, CA 92117

This business is conducted by: A

The first day of business was: February

This business is hereby registered by the following: New Vision Drywall 4204 Jutland Dr. Ste. A-2, San Diego, CA 92117 This statement was filed with Recorder/ County Clerk of San Diego County on February 08, 2010.

East County Gazette- GIE030790 2/18, 2/25, 3/04, 3/11, 2010

#### ORDER TO SHOW CAUSE FOR **CHANGE OF NAME**

CASE NO.37-2010-00085910-CU-PT-CTL
IN THE MATTER OF THE APPLICATION OF: KRISHNA CIDAMBI BAVI FOR CHANGE OF NAME PETITIONER: KRISHNA CIDAMBI RAVI HAVE FILED FOR AN ORDER TO CHANGE NAME FROM:

KRISHNA CIDAMBI RAVI TO: KRISHNA RAVI CIDAMBI

THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court, 330 WEST BROADWAY, SAN DIEGO, CA 92101. Department D-25, on APRIL 06, 2010 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
IT IS FURTHER ORDERED that a copy of

this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks

prior to the day of the hearing. THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON FEBRUARY 22, 2010.

East County Gazette - GIE030790 3/04, 3/11, 3/18, 3/25, 2010

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-001420

FICTITIOUS BUSINESS NAME(S): Summit Ridge Professional Development Located at: 6885 Summit Ridge Way. San Diego, CA 92120

This business is conducted by: An Individual The business has not yet started.
This business is hereby registered by the following: Dr. Sandra Bonura 6885 Summit Ridge Way, San Diego, CA 92120 This statement was filed with Recorder/ County Clerk of San Diego County on January 15, 2010.

East County Gazette- GIE030790 2/18, 2/25, 3/04, 3/11, 2010

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-001281 FICTITIOUS BUSINESS NAME(S): Cups

& Cones Located at: 9930 Maine Ave., Lakeside

This business is conducted by: An Individual

The business has not yet started. This business is hereby registered by the following: 1. Brian Stearns Sr., 11508 Cerro De Paz, Lakeside, CA 92040 This statement was filed with Recorder/

County Clerk of San Diego County on January 15, 2010.

East County Gazette- GIE030790 3/04, 3/11, 3/18, 3/25, 2010

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-005459

FICTITIOUS BUSINESS NAME(S): By Your Side Senior Travel Companion Located at: 5450 Siesta Dr., San Diego

This business is conducted by: An Individual The business has not yet started. This business is hereby registered by the following: 1. Mary-Ann Kaiser 5450 Siesta Dr., San Diego, CA 92115 This statement was filed with Recorder/

County Clerk of San Diego County on

February 25, 2010. East County Gazette- GIE030790 3/04, 3/11, 3/18, 3/25, 2010

#### FICTITIOUS BUSINESS NAME

STATEMENT NO. 2010-005423 FICTITIOUS BUSINESS NAME(S): Vendrell's Cleaning

Located at: 1319 Navello Terrace, El Cajon,

This business is conducted by: An Individual The business has not yet started.
This business is hereby registered by the following: 1. Maria Castaneda 1319 Navello Terrace, El Cajon, CA 92021 This statement was filed with Recorder/ County Clerk of San Diego County on

February 25, 2010.

East County Gazette- GIE030790 3/04, 3/11, 3/18, 3/25, 2010

#### ORDER TO SHOW CAUSE FOR CHANGE OF NAME

CASE NO.37-2010-00075365-CU-PT-SC IN THE MATTER OF THE APPLICATION OF: WILLIAM M. YATES JR. AND LISA R. YATES ON BEHALF OF WILLIAM KOLBY NISBET FOR CHANGE OF NAME PETITIONER: WILLIAM M. YATES JR. AND LISA R. YATES ON BEHALF OF WILLIAM KOLBY NISBET HAVE FILED FOR AN ORDER TO CHANGE NAME FROM:

WILLIAM KOLBY NISBET TO: WILLIAM KOLBY YATES THE COURT ORDERS that all persons interested in this matter shall appear before this court (San Diego Superior Court,500 3RD Ave., Chula Vista, CA 91910. Department 4, on APRIL 08, 2010 at 8:30 a.m.) to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant

the petition without a hearing.

IT IS FURTHER ORDERED that a copy of this ORDER TO SHOW CAUSE be published in the East County Gazette, a newspaper of general circulation published in this county, at least once a week for four successive weeks

prior to the day of the hearing.
THIS STATEMENT WAS FILED WITH THE CLERK OF THE SUPERIOR COURT ON FEBRUARY 22, 2010.

East County Gazette - GIE030790 3/11, 3/18, 3/25, 4/1, 2010

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-002042

FICTITIOUS BUSINESS NAME(S): East County Family Justice Center Located at: 131 Avocado Ave., El Caion,

This business is conducted by: An Individual The business has not yet started. This business is hereby registered by the following: Debra Comstock 874 Terra Lane, El Cajon, CA 92019

This statement was filed with Recorder County Clerk of San Diego County on January 25, 2010.

East County Gazette- GIE030790 2/25, 3/04, 3/11, 3/18, 2010

#### FICTITIOUS BUSINESS NAME

STATEMENT NO. 2010-003408 FICTITIOUS BUSINESS NAME(S): Hazard

Located at: 7111 Waite Dr., La Mesa, CA

This business is conducted by: An Individual The business has not yet started. This business is hereby registered by the following: Stephen Helmer 7111 Waite Dr., La Mesa, CA 91942

This statement was filed with Recorder/ County Clerk of San Diego County on February 05, 2010.

East County Gazette- GIE030790 2/25, 3/04, 3/11, 3/18, 2010

#### FICTITIOUS BUSINESS NAME

STATEMENT NO. 2010-004296
FICTITIOUS BUSINESS NAME(S): G and G Glass

Located at: 1002 Alveda Ave., El Cajon, CA 92019

This business is conducted by: A General

The business has not yet started. This business is hereby registered by the following: 1. Davis Guevara 1002 Alveda Ave., El Cajon, CA 92019; 2. Ignacio Garcia 1002 Alveda Ave., El Cajon, CA 92019 This statement was filed with Recorder/ County Clerk of San Diego County on February 16, 2010.

East County Gazette- GIE030790 2/25, 3/04, 3/11, 3/18, 2010

#### FICTITIOUS BUSINESS NAME

STATEMENT NO. 2010-004759
FICTITIOUS BUSINESS NAME(S): Studio B Located at: 1347 Tavern Rd. #B4, Alpine, CA 91901

This business is conducted by: A General Partnership

The business has not vet started. This business is hereby registered by the following: 1. Raquel Bourgeois 1347 Tavern Rd. #B4, Alpine, CA 91901; 2. Debbie Horn 1347 Tavern Rd. #B4, Alpine, CA 91901 This statement was filed with Recorder County Clerk of San Diego County on February 19, 2010.

East County Gazette- GIE030790 2/25, 3/04, 3/11, 3/18, 2010

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-003192 FICTITIOUS BUSINESS NAME(S)

Pathmann Photography Located at: 9718 Channel Rd., #5, Lakeside,

This business is conducted by: Co-Partners The first day of business was: Feb. 2, 2010 This business is hereby registered by the following: 1. Michael Pathmann, 9718 Channel Rd., Apt. #5, Lakeside, CA, 92040 2.) Joseph Grodin, 299 Wisconsin Ave., Apt. L. El Caion, CA 92020.

This statement was filed with Recorder County Clerk of San Diego County on February 19, 2010.

East County Gazette- GIE030790 3/04, 3/11, 3/18,3/25/2010

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-003739

FICTITIOUS BUSINESS NAME(S): a.) The Wired Community b.) Wired Community Located at: 10427 Healy St., Santee, CA 92071

This business is conducted by: a General Partnership

The husiness has not yet started This business is hereby registered by the following: 1. Robert Surber 10617 Healy Ct., Santee, CA 92071; 2. Todd Tolson 10427 Healy St., Santee, CA 92071 This statement was filed with Recorder County Clerk of San Diego County on

February 09, 2010. East County Gazette- GIE030790 3/04, 3/11, 3/18, 3/25, 2010

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-004559 FICTITIOUS BUSINESS NAME(S): KTM

Located at: 8614 Argent St. #F, Santee,

CA 92071

This business is conducted by: A Corporation

The first day of business was: January 1, 2004 This business is hereby registered by the following: 1. KTM Coating Technologies Inc. 8614 Argent St. #F, Santee, CA 92071 This statement was filed with Recorder County Clerk of San Diego County on February 18, 2010.

East County Gazette- GIE030790 2/25, 3/04, 3/11, 3/18, 2010

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-004479

FICTITIOUS BUSINESS NAME(S): Mercy Electric Co. Located at: 8137 Winter Gardens Blvd., Lakeside, CA 92040

This business is conducted by: A

Corporation The business has not yet started. This business is hereby registered by the following: 1. K.A. Carlisle Inc. 8137 Winter Gardens Blvd., Lakeside, CA 92040 This statement was filed with Recorder

County Clerk of San Diego County on

February 17, 2010. East County Gazette- GIE030790 2/25 3/04 3/11 3/18 2010

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-004488

FICTITIOUS BUSINESS NAME(S): a.) Helix Postal b.) Helix Business Center Located at: 4618 Avocado Blvd., La Mesa,

This business is conducted by: A Limited Liability Company
The business has not yet started.

This business is hereby registered by the following: 1. BStock LLC 3722 Avenida Juhanna, La Mesa, CA 91941 This statement was filed with Recorder/ County Clerk of San Diego County on February 17, 2010.

East County Gazette- GIE030790 2/25, 3/04, 3/11, 3/18, 2010

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-004128

FICTITIOUS BUSINESS NAME(S): Bauhaus Building Company Located at: 1608 Maria Ave., Spring Valley

This business is conducted by: An Individual The first day of business was: March 20,

2004 This business is hereby registered by the following: Eric Schlosser 1608 Maria Ave..

Spring Valley, CA 91977 This statement was filed with Recorder/ County Clerk of San Diego County on

February 11, 2010. East County Gazette- GIE030790 2/18, 2/25, 3/04, 3/11, 2010

#### FICTITIOUS BUSINESS NAME

STATEMENT NO. 2010-005245 FICTITIOUS BUSINESS NAME(S): CB

Markets Located at: 2340 Molchan Rd., Campo,

CA 91906 This business is conducted by: A Limited

Liability Company
The business has not yet started. This business is hereby registered by the following: 1. CB Markets 2340 Molchan Rd., Campo, CA 91906

This statement was filed with Recorder/ County Clerk of San Diego County on February 24, 2010. East County Gazette- GIE030790

#### 3/04 3/11 3/18 3/25 2010

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-004933 FICTITIOUS BUSINESS NAME(S): a.) Big

City Tattoo Ink, b.) Big City Tat2 Located at: 2913 University, San Diego, CA 92104.

This business is conducted by: An Individual The first day of business was Jan. 1, 2010. This business is hereby registered by the following: 1. Angela Bolson, 1715 Eldon Ct., El Cajon, CA 92021. This statement was filed with Recorder/ County Clerk of San Diego County on

February 22, 2010. East County Gazette- GIE030790 3/04, 3/11, 3/18, 3/25, 2010

#### Dear Dr. Luauna



Dear Luauna: I am a Christian, I met someone and we have been dating a little while. I can tell he wants to be more physical, I think I really love him. Is it wrong for me to give in to him? We have talked about marriage. Signed, Should I Give In?

Dear Should I Give In, NO, NO, and NO Again...! IF this is True love, sex can wait! You must respect one another! If this man is a

Christian then you BOTH need to read what the Bible says about SEX OUTSIDE of marriage. It is wrong to violate the principle of God's Word and will only lead to a broken trust in the future of what could be a blessed relationship. I Corinthians 6:18. Ephesians 5:3-5. Colossians 3:5.

When we follow God's Word we receive HIS blessing, and sex in marriage is a treasure. Outside of Marriage, it is SIN! If you will follow this advice, you will save yourself so much heartache, regret and shame. Life is short, and God is GOOD, to settle for anything less than HIS best is NOT WORTH it. PRAY & OBEY, Do NOT Give IN..!

#### Have you visited our website?

Do you have questions about Christianity? Are you struggling? Need answers for your life? Email me: Drluauna@atouchfromabove.org Follow me on facebook: DrLuauna Stines

Send: questions@drluauna.com www.atouchfromabove.org

Join us for Church Services

#### A Touch From Above Int'l Christian Church

San Diego Concourse / Civic Center 202 C Street, San Diego, CA 92101 Sundays at 10:30 a.m.

#### A Touch From Above -Prayer Mountain

16145 Hwy 67, Ramona, CA 92065 Tuesdays 7:00 p.m. Men Only -Peter H. Zindler Wednesdays 7:00 p.m. Fridays 7:00 p.m.

#### Dr. Luauna's Television Program

San Diego County, Cox Cable Channel 18 & 23 Tuesdays at 9 p.m. Channel 19 Time Warner, Wednesday at 5 p.m.

#### Christian University & Seminary -ATFA,

a fully accredited full gospel College to train men and women to reach the world for Jesus.

> P.O. Box 2800, Ramona, CA 92065 760-789-6207

#### The Gazette is offering "FREE HELP WANTED" and "LOOKING FOR EMPLOYMENT" classified ads! send to:

ads@ecgazette.com

or mail to: Gazette, P.O. Box 697, El Cajon, CA 92022

**The East County Gazette** Serving its readers since 2000!

## Business/Finance & Real Estate

#### **LOOKING FOR RESPITE CARE?**

One cares for a little child for what he will become. One cares for the aged for what they have been. Geriatric Respite Care available. Sliding scale fee to accommodate all types of income. I Corinthians 13:3. (619) 312-5249.

## **LEGAL NOTICES**

The East County Gazette is authorized to print official legal notices of all types including: Liens, Fictitious Business Names, Change of Name, Abandonment, Estate Sales, Auctions, Public Offerings, Court ordered publishing, etc. Call the East County Gazette at (619) 444-5774 for rates. The East County Gazette is a legally adjudicated newspaper of General Circulation in the City of El Cajon, State of California, County of San Diego. Legal No. GIE030790

NOTICE OF PETITION TO ADMINISTER ESTATE OF CHRISTOBAL J. MESA CASE NUMBER: 37-2010-00151018-PR-PW-CTL To all heirs, beneficiaries, creditors, contingent creditors, and persons who may be otherwise interested in the will or estate, or both of CHRISTOBAL J. MESA. A PETITION FOR PROBATE has been filed by TERI A. BOYLE in the Superior Court of California, County of San Diego. THE PETITION FOR PROBATE requests that TERI A. BOYLE be appointed as personal representative to administer the estate of the decedent. THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act.(This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A HEARING ON THE PETITION WILL BE HELD IN THIS COURT AS FOLLOWS: APRIL 08. 2010 AT 1:30 P.M. IN DEPT. PC-2 LOCATED AT 1409 FOURTH AVE., SAN DIEGO, CA 92101 MADGE BRADLEY. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in Probate Code section 9100. The time for filing claims will not expire before four months from the hearing date noticed above. YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. Attorney for Petitioner: WILLIAM H. SAULS 427 C STREET, #416, San Diego, CA 92101
EAST COUNTY GAZETTE –GIE030790

March 11, 18, 25, 2010

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-006315

FICTITIOUS BUSINESS NAME(S): Elaine's Thoroughbred Art

Located at: 9706 Prospect Ave., Lakeside, CA 92040
This business is conducted by: An Individual

This business is conducted by: An Individual The first day of business was: January 1, 2010

This business is hereby registered by the following: 1. Elaine Tillery 9706 Prospect Ave., Lakeside, CA 92040

This statement was filed with Recorder/ County Clerk of San Diego County on March 05, 2010.

East County Gazette- GIE030790 3/11, 3/18, 3/25, 4/01, 2010

#### STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME ORIGINAL FILE NO. 2009-033937-01 FILE NO. 2010-005807

The following person(s) has/have abandoned the use of the fictitious business name: Spectrum Thermal Imaging The Fictitious Business Name Statement was filed on December 4, 2009, in the County of San Diego.

Spectrum Thermal Imaging 8341 La Mesa Blvd., La Mesa, CA 91941

This business was conducted by: 1. King-Theresa 5909 Ventana Dr., Las Vegas, NV 89130

THIS STATEMENT WAS FILED WITH THE COUNTY CLERK-RECORDER OF SAN DIEGO COUNTY ON March 2, 2010

East County Gazette GIE 030790 3/11, 3/18, 3/25, 4/01, 2010

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-005811

FICTITIOUS BUSINESS NAME(S): Supe 99 Plus

Located at: 1235-1237 E. Main St., El Cajon, CA 92021 This business is conducted by: A General Partnership

The business has not yet started. This business is hereby registered by the following: 1. Waseel Y. Chenavo 435 E. Renette Ave., El Cajon, CA 92020; 2. Luma Gorges 441 E. Renette Ave., El Cajon, CA 92020

This statement was filed with Recorder/ County Clerk of San Diego County on March 2, 2010.

East County Gazette- GIE030790 3/11, 3/18, 3/25, 4/01, 2010

#### FICTITIOUS BUSINESS NAME

STATEMENT NO. 2010-003192
FICTITIOUS BUSINESS NAME(S):
Pathman Photography

Pathman Photography Located at: 9718 Channel Rd., #5, Lakeside, CA 92040

This business is conducted by: Co-Partners The first day of business was: February 1, 2010

This business is hereby registered by the following: 1. Michael Pathman 9718 Channel Rd., #5, Lakeside, CA 92040; 2. Joseph Godin 299 Wisconsin Ave., Apt. L, El Cajon. CA 92020

This statement was filed with Recorder/ County Clerk of San Diego County on February 03, 2010.

East County Gazette- GIE030790 3/11, 3/18, 3/25, 4/01,, 2010

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-005767

FICTITIOUS BUSINESS NAME(S): CRCSL Located at: 565 W. Chase Ave. #7, El Cajon, CA 92020

This business is conducted by: An Individual The first day of business was: March 1, 2010 This business is hereby registered by the following: 1. Charles Franklin Long 565 W. Chase Ave. #7, El Cajon, CA 92020 This statement was filed with Recorder/ County Clerk of San Diego County on March 01, 2010.

East County Gazette- GIE030790 3/11, 3/18, 3/25, 4/01, 2010

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-005473

FICTITIOUS BUSINESS NAME(S): Bridge of Hope

Located at: 3142 Idlewild Way, San Diego, CA 92117

This business is conducted by: An Individual The first day of business was: May 23, 2005 This business is hereby registered by the following: Sheri Briggs 3142 Idlewild Way,

San Diego, CA 92117 This statement was filed with Recorder County Clerk of San Diego County on February 25, 2010.

East County Gazette- GIE030790 3/11, 3/18, 3/25, 4/01,, 2010

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-005721

FICTITIOUS BUSINESS NAME(S): Jock

Located at: 2556 Azure Coast Drive, La Jolla, CA 92037

This business is conducted by: Husband and Wife

The first day of business was: December 29, 2005

This business is hereby registered by the following: 1. Hugh Constant 2556 Azure Coast Drive, La Jolla, CA 92037; 2. Delia Constant 2556 Azure Coast Drive, La Jolla, CA 92037

This statement was filed with Recorder/
County Clerk of San Diego County on March
01, 2010.

East County Gazette- GIE030790 3/11, 3/18, 3/25, 4/01, 2010

FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-005809 FICTITIOUS BUSINESS NAME(S): Total Thermal Imaging Located at: 8341 La Mesa Blvd., La Mesa

CA 91942 This business is conducted by: An Individual The business has not yet started.

The business has not yet started.
This business is hereby registered by
the following: 1. Theresa Williams 61 Via
Sovana, Santee, CA 92071

This statement was filed with Recorder/ County Clerk of San Diego County on March 2, 2010.

> East County Gazette- GIE030790 3/11, 3/18, 3/25, 4/01, 2010

#### FICTITIOUS BUSINESS NAME STATEMENT NO. 2010-002380

FICTITIOUS BUSINESS NAME(S): KORU Art and Design

Located at: 501 Kristen Crt., Encinitas, CA 92024

This business is conducted by: An Individual The first day of business was: January 18, 2010

2010
This business is hereby registered by the following: Suellen McFerran 501 Kristen Crt., Encinitas, CA 92024

This statement was filed with Recorder/ County Clerk of San Diego County on January 27, 2010.

East County Gazette- GIE030790 3/11, 3/18, 3/25, 4/01, 2010

#### **UNEMPLOYED? WE WANT TO HELP!**

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and

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ads@ecgazette.com

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The East County Gazette

The East County Gazette Serving its readers since 2000!



Date: March 18th Time: 6:00pm - 8310 La Mesa Blvd Dinner Sandwiches provided! Limited to first 20 RSVP's.

You Can Modify Your Own Loan
This special session will include a banking representative,
and a Certified Public Accountant / tax advisor

Why would anyone pay \$1,000 or \$2,500 or \$5,000 to a third party to modify their loan?

If people had that kind of money, they might not need the loan modification in the first place?

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This is a FREE 1 hour class providing you a package which includes work out forms containing many of the documents that the lender will be asking for.

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Jeff Campbell and Associates agents have been negotiating with all the major banks, IRS, State Franchise Tax Board, EDD, community banks and private note holders for over 12 years.

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#### — BUSINESS/FINANCE & REAL ESTATE —

## **Grand Opening celebrations!**





The East County Chamber of Commerce welcomed new member Hollywood Tans with a ribbon cutting ceremony on Monday, March 8. Jillian DiCola handled the giant scissors with the help of staff members Kelsey Kertson, Natalie Hayes and Desiree Sulit. Hollywood Tans is located in the Parkway Plaza Shopping Center East near the Office Depot and Borders stores in El Cajon. Photo credit: Ron Cook



Fresh N Easy donated a check for \$1,000 to the Lakeside River Park Conservancy during their Grand Opening Celebration. Photo credit: Patt Bixby



The Lakeside Chamber of Commerce welcomed Fashion Nails at their Grand Opening ribbon cutting ceremony. Fashion Nails is located at 12117 Woodside Ave. in Lakeside. Photo credit: Patt Bixby

Fresh N Easy in Lakeside celebrates it's Grand Opening celebration recently. Fresh N Easy is located on Winter Gardens in Lakeside. Photo credit: Patt Bixby







## Classified Ads

#### On Wheels

#### NEW! ONE TIME PRICE! **NOW ADVERTISE YOUR AUTOMOBILE** FOR A ONE TIME FEE OF \$20

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1977 AMC SW 6 cyl. Call 619-723-9917 \$3500- R.C.



86 GMC Quad cab 1 ton dually. 454-T400 Headers- cam. Runs xInt. \$2000





Goft Cart and Charger. Windshield



1926 Dodge Brother's Coupe, \$7,000 invested, yours for \$7,000. Can deliver, runs and drives. (619) 478-9070.

Car Tow Dolly, like new (heavy duty w/light bar), electric brakes. Half off, \$600 619-262-6049

Thousands of readers could have been reading your ad right now! **PLACE YOUR AD TODAY CALL** (619) **444-5774** 



1993 Ford 21 passenger bus, gas engine, too much new stuff to list \$6000. Bill (619) 461-5620



97 Ford E350 Extended cargo van. Tinted windows, power stroke diesel, air. \$6500 619-729-8234





head and tail lights. Looks like new. Blue w/gold trim, \$2,490, 619-414-8020.



84 Olds Tornado Coupe 80k miles. New trans, new headliner & top. \$6000 (619) 478-9070.



2003 Beaver-Monterey (diesel pusher) - \$129,900.00. 3 slides, loads of amenities, well taken care of must see to appreciate. O. Peters (619) 985-0456



1978 Eldo Baritz Sharp 15000 org Miles \$18,000 FIRM 619-442-2920



2008 Ford Club Wagon. Polar white, gray trim, grey leather interior. Great for weekend get-a-ways and camping with a full queen bed. 4 leather captain's chairs, all power, dual a.c.'s, mag wheels, etc. Flawless inside and out. 27,800 miles with all service records, and original invoice. We are retiring and going R.Ving full time. We are asking \$24,750 and will consider offers. Balance of 50,000 Powertrain Warranty. Call Don at (858) 208-9438

1976 El Dorado Cadillac Conv. Low miles, orig 31,000m. \$18,000 OBO. Call for more info. 478-5853 or 820-2974



RARE - 1959 Rambler Super-American - 50,000 documented miles. Straight Black with red and black interior and rare Flash-O-Matic automatic trans. This car features rare factory option Lemans factory option Lemans Alluminum Cylinder Head and Dual Carbs, Ice cold vintage air. Over \$35,000 invested. Price reduced to \$19,500. Best in the country. For complete slide show email me at: jwoldskool@cox.net. Jim (619) 726-7402.

#### **APARTMENTS FOR RENT**

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#### **BOATS** FOR SALE



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#### HOUSE FOR RENT

2929 Polk Rd., in Alpine. 2 story, 4 bd. 2 ba on 1 1/3 acres. Ocean view. Complete remodel of kitchen with all new apliances an dpaint thorughout. \$1950 rent plus \$1950 deposit. Drive by but please do not disturb tenants. Contact April @ 559-308-6230

#### HOUSES **BUY/SALE**

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#### **MISCELLANEOUS** FOR SALE

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#### ROOMS **FOR RENT**

El Cajon Room for rent- Util. Incl. \$515 mnth to mnth, Indry room, close to bus stop & trolley. (619) 562-9626

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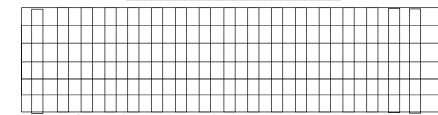
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#### EAST COUNTY

## Gazette

Phone (619) 444-5774 Fax: (619) 444-5779 1130 Broadway, El Cajon, CA 92021

Publishers: Debbie and Dave Norman

Editor: Debbie Norman Office Manager: Briana Thomas Assistant Office Mgr. Brice Pedrin Assistant Office Mgr. Brice Pedrin
Entertainment Editor: Diana Saenger
Photographers: Michael Black, Kathy Foster
Writers: Patt Bixby, Diana Saenger, Michael Black,
Chuck Karazsia, Nan Arthur
Cartoonists: David & Doreen Dotson, Michael Black, Thomas Ebert
Columnists: Dr. Donald Adema, Monica Zech (City of El Cajon)
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Editor, East County Gazette

P.O. Roy 607, El Colon, CA 22022

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March 10, 2006.

www.eastcountygazette.com

## Our Best Friends

## Are you ready for a disaster? ... ask a trainer

by Nan Arthur, CDBC, CPDT, KPACTP

#### Dear Readers,

Tith the earthquakes in Haiti and Chile leaving people and their pets hurt, injured and homeless, it is a good time to go over disaster preparedness again.

I thought it would be helpful to put my thoughts and ideas in checklist form so you can go through this list to make sure you are ready. Most of these items could be stored in a large tub with a lid along side of your own disaster kits:

- Have identification on your dogs and cats with your cell phone number on it so if you are evacuated you can be reached. Be sure to have a car charger and the proper cords to charge your phone in case of a loss of electricity.
- Microchip your pets in case their identification is lost.
- Have all your animals current on vaccines.
- Carry or have available photographs to help identify your pets if they should get
- Have one cat carrier per cat in a location that is easy to get to in case you had to leave in a hurry.

- Have crates for dogs in case you have keep them confined (be sure to work on introducing your dog(s) to crates so they are comfortable in one before a crisis.
- · Have leashes for your dogs in a location that is easy to access.
- Have at least a week's supply of dry or canned food for each animal, but also have the same amount in canned food in case of a water disaster. Be sure to store dry food in an air and watertight container and to change the food every so often so it remains fresh. Having a supply of food in several locations, including in your car, is also important in case one source is not accessible. Be sure to have a can opener if the canned food doesn't have pop tops.
- Litter for your cats and a couple of temporary boxes that can be stored flat. Cardboard shirt boxes (like the ones given at department stores) work really well for this.
- Having lots of clean water for drinking is probably the most important component of all. This is especially true if a disaster happens during a hot time of year. Store water in your car and in a couple of locations in the home since some areas might not be accessible due to the type of disaster. You may also want to have a

certificate for a free veterinary exam

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companion. Easy on the leash, he will be a joy to walk and keep you

physically active. His thick coat had to be shaved, but you can be sure

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do well in many homes, but make sure to bring any two or four legged family members to meet him. Ross's adoption fee is \$100 and includes

his neuter, current vaccinations, permanent microchip identification, and

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San Luis Rey Rd.,, Oceanside, CA 92058, (760) 757-4357, www. sdhumane.org Adoption Hours: Open daily 10 a.m. - 5 p.m.

grow), Ross is a big love with a big heart. He creates a special bond with the people he comes into contact with, so Ross is sure to make a loyal

water purifying kit on hand if you don't have room to store lots of water.

- · A first aide kit, and any medications for each pet should be stored together.
- Several towels (which can be used for both humans and animals).

#### Where will you and your pets go if you are evacu-

Many people have not really thought about where they would go with their pets if a disaster strikes their area. As seen with Katrina and the wild fires, there is often little time to plan—be pro-active and think about where you could go if you only had a short time to leave. After you have decided on several different possibilities, consider the following:

- Leave as early as you can with your pets so you have time to secure them.
- Take your pets with you even if you are only planning to be gone a short time—any thing can happen and you might not be able to get back to your animals.
- You may have to leave your pets somewhere while you get yourself and family members settled, so be sure to have a printed out list of your animals' medical needs, feeding schedule, veterinarians, phone con-

tacts, and a list of any behavior problems in case you have to leave them in a boarding facility or with someone else.

- Check on local motels to ensure they would take your pets if you had to stay in a
- Be sure to know the phone numbers and locations of your local animal shelters in case you are asked to leave your animals there, or you become separated from them.
- If for some reason you were not home during a disaster, pre-arrange with a neighbor for them to take care of your animals until you can get back home. Leave your neighbor the contacts and needs list for your pets, a key to get in your home, and the location of your pet disaster kits. If your neighborhood should need to be evacuated, plan where you would meet your neighbor to retrieve your pets.

#### What to do if you stay in vour home

- Have a pre-determined area where you can gather with your family and pets.
- Be sure to keep your dogs on leashes if your home or fencing is not secure during or after the disaster.
- · Cats can also be kept on a harness and leash, but be sure to introduce them to these before you actually need to use them. You would not want to add more anxiety to the situation by trying to place a harness on your cat during a very stressful time.
- Use crates and kennels to keep your pets secure when you are unable to use leashes
- Have a list of the number and types of animals posted on your front and rear doors for emergency crews in case you had to leave your pets

for any reason-- but please do try to take them if you are evacuating and your own life is in danger.

As you can see, there are many things to think about before a disaster hits. This should give you the basics on what to do and how to be pro-active about keeping you and your pets safe and together during a natural or man-made disaster.

For more information about what to do before and after a disaster, please visit the Humane Society of the United States website: http://www. hsus.org/hsus\_field/hsus\_disaster\_center/disaster\_preparedness\_for\_pets/

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